



RUSLAND & SATTERTHWAITE
NEWSLETTER

SEPTEMBER 2022

292nd EDITION

This issue is sponsored by the Rusland Valley Horticultural Society

A HINT OF AUTUMN!

THE 2022 RUSLAND SHOW!

The show field was erected to perfection in the week leading up to show day. Due to the field having been reseeded it opened up new opportunities for the layout which worked well allowing more space. The entries were steady in the marquee but this was to be expected due to the loss of some of the regular entrants. The quality of the exhibits was very good. The marquee looked splendid.

The races were well supported with runners travelling long distances to take part. The Rotary were once again in charge of the car parking (well done) and what a job they had, as the attendance was high. I think that we were all ready for some social activity.

Everyone seemed to enjoy the show, the runners enjoyed the breeze which also kept the rain at bay, or at least until most had left the field when the heavens opened - what timing! The craft tent looked fantastic with a wide range of stalls.

There was a large number of pets for our President to judge. The young children enjoyed the races in the ring, the first time for many of them.

The children also had Andy Jester performing circus skills to entertain them with opportunities for all to learn to juggle.

The day's commentary was done by Jim Bownass, keeping all informed as usual especially about the fell racers even when out of sight!

In his speech the President Mr. Angus Adams thanked both members & non-members for all the work of planning, preparing the field and making the day run smoothly. He also presented our secretary with flowers in recognition of her work with the show throughout the year. Thank you all for your support. Here's to 19th August 2023 - a date for your diary

OUR LOCAL GP PRACTICES ARE ONCE AGAIN UNDER THREAT.

Tim Farron writes: -

Because of Government funding which doesn't consider rural areas like ours, the GPs in Ambleside and Hawkshead have been forced to hand back their contract.

Local NHS bosses are deciding what to do with the practices, but there's a fear that a private company might come in to run them, or worse that services could be downgraded or closed. And it's not just in the Central Lakes where there's an issue. We all know the pressure our GPs are under post-COVID. We all know how hard it can be to get an appointment when we need one, and the knock on effects that has with our ambulance service and hospitals.

We need a fair funding arrangement, that recognises that it's more expensive to run services in rural areas like ours. And we need the Government and health bosses to make sure that the GP practices in Ambleside and Grasmere are safe, and not run for private profit. By signing the petition, we can show as a community the strength of feeling on this issue – and help convince NHS bosses and Government to fund services properly
Thank you for your support.

To sign the petition, go to: -

www.southlakeslibdems.org.uk/ambleside-gp?

DALE PARK RAINFALL

The July total was 3.81" (4.72 2021) with 14 dry days (19 dry in 2021) ... It is interesting that 2021 had more rain and more dry days than 2022. The yearly total for 2022 so far is 36.9" (2021 in the same period was 42.22")

RUSLAND HORIZONS TRUST NEWS

Vote for Colton's tree of the year

A hawthorn hedgerow, located in Colton, has made the shortlist for the Woodland Trust's Tree of the Year awards! The gnarled and twisted tree, estimated to be over 170 years old, is one in a small line of hawthorns marking a land boundary. No longer managed as part of the hedgerow it belongs to, the tree has now taken on a sprawling appearance, making it look even more spectacular!

Vote now and help make this Rusland Valley Hawthorn Hedgerow Tree of the Year. Voting is open until Monday 31st October and you can vote via the Woodland Trust's website. The tree is listed as number '5. Hedgerow Hawthorn. Cumbria' on the webpage below.

<https://www.woodlandtrust.org.uk/trees-woods-and-wildlife/british-trees/tree-of-the-year/>

Mind in Furness

Another fabulous day with the clients of Mind in Furness at Hay Bridge Nature Reserve on the 25th July. This time we spent the day clearing back the undergrowth beside the path from the carpark and then cutting back an awful lot of holly inside the forest school's area. Helen was impressed by how much we all achieved! Such fun to liberate a tree or two and there were some wonderful old ones that can now breathe a bit more easily. Still plenty of time for a brew and a chat plus the exciting reveal of the contents of the moth trap. Everyone left with a great feeling of achievement!

Event round-up

Dry-stone walling work party: Thank you to all the volunteers that joined our walling expert, Jim Doherty, at our walling work party near Black Knotts Plantation (Bouth) at the end of July. It was a great day of walling and our volunteers got hands-on helping to restore a treasured part of the landscape, ignoring the extremely wet weather!

Tuesdays for Trees: Our July Woodland Work Party, with Jo and Darryl at Great Lindeth Wood, was a huge success thanks to the hard work of our volunteers who deserve a very big thank you. The day was spent bracken bashing, clearing quite a large area of this rare, ancient woodland. A few saplings were also found amongst the bracken which were thankfully saved. These have now been protected from deer munching and will get the light they need to thrive and continue to grow in the wood. Everyone did a fantastic job and thanks to Jo and Darryl for leading the day! A second Woodland Work Party took place on 16th August, updates from this event to follow.

Forest Bathing: On 12th August, we partnered with At Nature's Pace for an evening of Forest Bathing in Black Beck Woods. Thank you to everyone that joined event leader, Ruth Kirk, for a wonderfully relaxing evening made even more spectacular with the lovely warm weather and beautiful Grain full moon. A perfect way to connect with nature in the Rusland Valley. Thank you to Ruth for leading the event.

Join us in the beautiful woods at Black Beck for our Rhody Bashing Work Party on Sunday 2nd October. Rusland Horizons' Edward Mills will be leading the day, cutting back and removing invasive rhododendron to support the restoration of the native woodland and its flora.

Continued in next column

Our Woodland Archaeology Discovery walk takes place on Saturday 15th October at Chapel House Wood, Staveley-in-Cartmel. The event is almost fully booked so you'll have to be quick if you want to grab the last few places.

The Rusland Horizons AGM will take place on the evening of Monday 19th September at Outback Hall.

If you want to get involved and join us for one of our many events, then take a look at our website. The 'What's On' page lists all the events open for booking, with more being uploaded over the coming weeks as details are confirmed.

All information and links to booking are on our website here

<https://www.ruslandhorizons.org/whats-on.aspx>

RUSLAND and DISTRICT W I

Our WI took part in the Group Entry - "SHOWTIME" - at Rusland Show and were worthy winners with a splendid exhibit put together by the committee led by Sally Lister and Judy Shaw. The Doreen Dickinson trophy for the WI member with most points at the Show was awarded to Anne Robinson. The next meeting will be on Tuesday, 20th September, 7.30 p.m. at the Rusland Reading Room when we are looking forward to welcoming Rahinna Borwick from Grange Community Shop who will give a talk on "War on Waste." Everyone welcome, especially potential new members

OXEN PARK CINEMA CLUB

The programme of films is ready to go out round the villages - look out for one with this distribution

September films -BELFAST - due to filling up on 6th September an extra show is being put on Sunday 11th - book online

17th September 7.30 - PARALLEL MOTHERS - an Almdovar film with Penelope Cruz.

All films can be booked on line now - just go to our website and check in.

www.oxenparkcinemaclub.org.uk

DOG CLUB AT OXEN PARK.

Tuesdays 6.30 - 7.15 £2 - mainly for young dogs - basic obedience and socialisation. Just turn up or contact Carol for information/queries

MONTHLY PRESENTATIONS AT THE CARHOUSE, OXEN PARK.

Do you remember pre-pandemic we had some great presentations at 'The Carhouse' given by locals? Well, they are going ahead again this autumn and winter. Details will be sent out in the next newsletter. These gatherings were always really popular so book in with Carol - Manor Cottage, Oxen Park or crlmcneill@gmail.com to secure a seat.

CHURCH NEWS

Dear Friends,

Many people are deeply suspicious of Christianity, perhaps as part of a wider suspicion of religion generally. For some people this suspicion can turn into a prejudice against Christianity. And while it would be nice to say that there is no sliver of truth in those prejudices, it is impossible to do so. Sometimes it seems to me that there is more than just a sliver of truth in them- there are great chunks of the stuff. As someone who feels a deep need to defend Christianity, this is most infuriating. If there is no truth in a prejudice, you can just dismiss it as stupid. But prejudice can take a tiny insight and make it into a colossal (and usually mean-spirited) generalization that obscures the complexity, texture and goodness of its object. But it certainly is true that Christians have often propounded an impoverished faith, and have even more frequently failed to live up to the faith professed. Christians have said and done stupid and hateful things in the name of their religion, and continue to do so. And yet, I remain convinced of Christianity's continued relevance today. I even remain convinced of the continued relevance of the church, as a place to discover who we really are and who we really could be. There is so much distrust in the world, so much hatred and violence and cruelty, and most of all so much fear. What the world needs more than anything else is communities of trust and support and love that show us what kind of life is possible. I believe the church should be made up of communities such as these, and remind us of the ultimate depth of existence. Which is good, because we've been given thousands of them across the country and millions all round the world.

John

CHURCH SERVICES FOR SEPTEMBER

Sunday	Colton	Rusland	Satterthwaite
September 4 th		6pm Celtic Evening Prayer	
11 th			11.15 Holy Communion
18 th		6pm Evensong	
25 th		11.15 Harvest Festival	
Sunday	Hawkshead Church		Sawrey
September 4 th	9.30	Morning Worship	11.15 Holy Communion (C W)
11 th	9.30	Holy Communion	11.15 Matins
18 th	9.30	Holy Communion	11.15 Holy Communion (BCP)
25 th	9.30	Harvest Festival	11.15 Morning Worship

ROOKHOW

Woodland Retreat at Rookhow 14th-16th October - all welcome, Quakers and non-Quakers, locals and those from further afield. A nurturing residential weekend of peace and tranquillity, woodland journaling, Forest meditation, campfires, reflection and meeting interesting people. Suggested donation £50 adults, £25 children for those staying (bunk barn/ yurt/ camping). Go to the Rookhow website: 'Meet with us' to find out more or contact Sue Nicholls, Rookhow Development Manager. Email: contactrookhow@gmail.com Tel 07377 971783

Christmas at Rookhow. If you have a large family and want to spread out or need extra space for people to stay, Rookhow has availability over Christmas. Weeklong Friday 23rd-30th December. See the Rookhow website or ask Sue for more details.

Accessibility & sustainability. The air source heat pump is now on and providing a warm dry atmosphere in the Meeting House. The accessible toilet, shower and entrance are nearly complete.

Open Days on the 1st & 3rd Friday of each month 10am-4pm. All are welcome. Pop in for a cuppa and a cake and have a look around. We're looking for more local people to be volunteer guides so please get in touch if you're interested.

Quaker Meetings at Rookhow on the 1st Wednesday of every month 7.30-8pm and every 1st and 3rd Friday 12.30-1pm. All welcome, even if you haven't been before.

SATTERTHWAITE PARISH COUNCIL NEWS

We hope everyone has been enjoying the lovely weather we have been having over the summer holidays.

We have had a camera recording the speed of vehicles coming into the village from the south over the last month, we will be getting the data analysed and hopefully this will help us with our application for having a 20mph speed limit through the village.

We are having some work carried out in the playground as some of the equipment is in need of repair. This will be carried out in the coming weeks.

Archie unfortunately has broken his arm so work on the shed in the playground has been delayed. We hope Archie recovers soon.

If you have any queries or want items brought up at the next Parish Council meeting please email Dawn Yoxall clerk.satterthwaitepc@gmail.com

The next meeting will be held at Forestry England Office at Grizedale on 12th September 2022 at 7.00pm

Copy date for October edition, 25th September 2022. Please send to: -Liz Cringle - 01229 860274 liggerc@hotmail.com ; Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com. Carol McNeill – crlmcneill@gmail.com



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