



RUSLAND & SATTERTHWAITE
NEWSLETTER

SEPTEMBER 2016

242nd EDITION

This Edition is sponsored by the Rusland Valley Horticultural Society

AUTUMN LEAVES

RUSLAND SHOW 2016

Gordon Wilkinson, past President writes: - Firstly I would like to congratulate all the exhibitors, the Committee and all who helped to stage such a wonderful Show on such a dismal morning. On entering the Marquee it looked absolutely splendid. Well Done. Unfortunately the weather deteriorated to such an extent that it was decided to close at 3pm. Having witnessed many many shows I had never seen such horrendous conditions. I congratulate and commend everyone involved in saving the day under such atrocious conditions. Well done everyone. Personally I felt so helpless.

AUTUMN IN SATTERTHWAITE MONDAY EVENINGS - SCOTTISH COUNTRY DANCING

Satterthwaite's Autumn social season starts again with our very friendly Scottish country dancing on **MONDAY 19th SEPTEMBER**, 7.00 – 9.00 pm in the Parish Rooms. Good company, good fun, good exercise – just come along. £2.00 per person.

THURSDAY EVENINGS - YOGA

Our very friendly and informal Thursday evening classes will be starting again in September, 7.00 – 8.30 pm with Katie Jordan. £5.00 per session. Depending on numbers, these will either be held in the Parish Rooms or in the Yan at Grizedale. If you are interested, or want to know the start date, contact Helen Bright for more info – 860936 or helenbright@hotmail.co.uk.

PROPOSED KEEP-FIT CLASS

We are hoping to run an evening keep-fit class with Renell Brennan starting sometime in October, probably a Tuesday or Wednesday evening, cost likely to be £5.00 per session. If there is enough interest, and therefore numbers permit, this will be in the Parish Rooms. If you are potentially interested, please let Fran Townsend know in the first instance – 860206 or pandftownsend@gmail.com

In aid of Rusland Reading Room
An Evening with TAXI
Local soul/blues/jazz band
Friday 16th September, 7.30pm
Rusland Reading Room
£10 including light supper & cake!
Bring your own drinks.
Tickets from: -

Anne Robinson (ruslandannie@hotmail.co.uk 01229 860242)
or Mandy Lane (mand.lane@btinternet.com 01229 861408)

OXEN PARK READING ROOM.

The new table tennis table is getting lots of use. Social sessions are on Mondays at 7pm and Saturdays at 10am. There is also a tt 'ladder' to climb. Anyone can book the hall for their own games – just contact Carol McNeill who is

BROADBAND DIGITAL WORKSHOPS

7pm Thursday 8th Sept. Finsthwaite Village Hall
7pm Friday 9th Sept. Greenodd Village Hall.
A chance to learn what's happening in the area and how better broadband connections will change the way we do things - from a member of the Connecting Cumbria team – Phil Ruston. Just turn up on one of these nights – hope to see you there. More info from mike@postle.co

VALLEY MEDAL HOPE

Renell Brennan would like to thank all in the valley and Satterthwaite who have contributed to her ongoing Triathlon fund. (We have been raising money towards Renell's travel and subsistence costs to allow her to take part in the World Off-Road Triathlon Championships in Australia in November, for which she has qualified to compete for GB.) Renell competed in the European Championships in Switzerland in June, and won a bronze medal.

RUSLAND READING ROOM

Table Tennis and Domino Dates to be announced

TRAVELLER'S TALES

Oxen Park Reading Rooms Committee are organising a Winter series of six talks with photos and film of some great places visited by some of our local residents. Starting on 7th October they will be on the first Friday of the month at 7.30pm at The Carthouse Community Cinema in Oxen Park. A combined community effort, they are a fund raising venture for the Reading Rooms. Entry by ticket (due to limited seating) £4 from Gill McKinnon or Carol McNeill. First away is Jim Dobson talking about trekking in Nepal – *Then (44 years ago) and Now*. Drinks can be brought over from The Manor. Other speakers include Lin McIntosh (November), Colin Barr (December) Mike Farnworth (January), David & Tamsin Kidwell (February) and Carol McNeill (March).

OXEN PARK CINEMA CLUB

You should be getting the new programme delivered with this newsletter. If you do not receive one, then drop into The Manor and collect one there or from Carol McNeill in Oxen Park.

This month we have *Suffragette* on Tuesday 6th and *Ex Machina* on Saturday 17th.

The first October film is *Mad Max Fury Road* on 4th.

Three very different but entertaining films.

All films start at 7.30pm as usual.

Last year we increased our average audience so booking is advised to guarantee a seat. Don't forget to collect a drink at The Manor to bring to the film.

The Cinema Club ran an animation workshop for children at Leven Valley school and four completed mini films were entered for the Rusland Show.

The winning animation was made by Izzie Shires.

These films will be shown as part of the children's film programme which starts on 6th October at The Outback Hall behind the school.

RUSLAND AND DISTRICT WI

On Tuesday, 20th September at 7.30 p.m. we shall meet at Rusland Reading Room to hear Mr. David Fellows on "A Cumbrian Colony in the South Pacific." All Welcome.

1ST OCTOBER AT BOWKERSTEAD FARM

Arthur and Dhanell are holding a "Bowkerstead Farm End of Season Party" in one of the barns with food and live music from 6.30pm.

Dhanell will be publicising the evening with more details on fliers in September, or for more information, call her on 860208.

THE WEATHER

RAINFALLS for JULY

Brathay	Oxen Park	Ulverston	Dale Park	Historical
5.7"	4.9"	3.5"	6.5"	5.2"

RAINFALLS up to AUGUST 28th				8"	6.3"
Forestry (to 2003), Env.Agency, Hilary Collins Dale Park, via Chris Stacey					

RUSLAND HORIZONS UPDATE

We are delighted to announce that we will be joined by 6 Level 2 apprentices in Sept 16. Calum, Aiden, George, Maddy, Leaia and Harry will be embarking on an exciting journey to develop a career in practical countryside management and will be starting on their eighteen month long apprenticeships on the 12th September. They will be out and about throughout the scheme area carrying out a whole range of woodland management and practical conservation projects and we would like to welcome them and wish them well for their time with us. We will keep you updated on their progress.'

All the projects are now gathering momentum and there are lots of opportunities to get involved – helping to increase our Red Squirrel population, managing woodlands in the Share Wood project, undertaking butterfly or hedgerow surveys; working at Cunsey Forge clearing, surveying and investigating this historical industrial site. Full training will be given for all roles.

The Heritage Skills training programme is now available with lots of opportunities to learn or improve your practical skills.

If you'd like more information or to get involved in any aspect of the scheme please visit our website www.ruslandhorizons.org.uk or email Rusland.Horizons@lakedistrict.gov.uk.

DATES FOR YOUR DIARY – see the website for more details

Cunsey Forge – archaeology excavation and survey –

training day 4th September: work 5th Sept to 28th Sept

Netted carpet moth surveying – 6th /7th September

Rusland Red Squirrels - find out about the project on

14th September at Haybridge Nature Reserve

Mapped History project – training day 24th September

at Finsthwaite and Lakeside Village Hall

Rusland Horizons Fell Care Day – 3rd November

Rusland Horizons Heritage Skills - Our courses offer a wide range of opportunities for you to develop your skills.

If you live within the Rusland Horizons Scheme area, there is a 50% *course discount* on all course costs (materials costs still apply). Booking is essential for all courses. Courses are being co-ordinated in

partnership between Rusland Horizons and Cumbria Woodlands. For more information on all courses and to book please call 01539 822140 (please leave a

message and someone will get back to you) or email clare@cumbriawoodlands.co.uk. If applicable, full payment is required to confirm your booking.

GREENWOOD BENCH MAKING: Saturday 8th October

2016, 9am – 4pm at Stott Park Bobbin Mill,

Finsthwaite

Cost: £15 (plus £25 materials cost on the day)

GREENWOOD SKILLS: Saturday & Sunday: 15th /16th

October, 12th /13th November & 3rd/4th December

2016. Time: 9am – 4pm

Hay Bridge Nature Reserve, Bouth : Cost: £40 for all 3 weekends

BESOM MAKING: Saturday 5th November 2016, 10am

– 4pm at Moss & Spring Heights Wood, Bouth

Cost: £6

CHURCH NEWS

Dear Friends,

What is church for, I sometimes wonder.

What I hope is this: our churches, the buildings and the people, can be a constant reminder of what is really important.

Behind the restlessness and discontent we all sometimes feel, behind the fear which sometimes haunts us and the problems which so often manifest themselves in our society, there is the fundamental question of life's meaning. Is life simply an accident born of the dust, with no ultimate purpose to it and no higher destiny ahead of it? Or is it really possible that at the heart of the universe there is a personal God who cares and loves, and who calls us to care and love also?

Our churches, by their very presence, remind us of the deeper dimensions of life itself. It says to us that life which has no touch with the eternal is a poor and anaemic thing.

Churches exist so that we may find God. That through their beauty, their worship and their stillness, we may be given vision, insight, courage and peace. That we may see through to the heart of all things. That our life may find its meaning, and that meaning is love.

John

The Vicarage, Hawkshead.01539436301. jjcedixon@btinternet.com

CHURCH SERVICES FOR SEPTEMBER

Sunday	Colton	Rusland	Satterthwaite
Sept. 4 th	9.30 Morning Worship	6pm Evensong	9.45 Holy Communion
11 th	9.30 Holy Communion	11.15 Holy Communion	6pm Evensong
18 th	9.30 Holy Communion	6pm Evensong	9.45 Service for all Ages
25 th	9.30 Holy Communion	11.15 Holy Communion	

Sunday	Hawkshead	Sawrey
Sept. 4 th	9.30 Morning Worship	6pm Churches together Communion Hawkshead Methodist Church
11 th	9.30 H.C. with Sunday School	6pm Celtic Evening Prayer
18 th	9.30 H.C. with Sunday School	6pm Celtic Evening Prayer
25 th	9.30 H.C. with Sunday School	6pm Celtic Evening Prayer

COME FOR A WALK

The next walk will take place on Thursday, 15th September when we will meet at The Woolpack Inn and Café in Eskdale (NY 190 009) at 10.30 a.m. - journey time just over an hour.

There is a £10 "deposit/charge" per car for parking which can be redeemed in the café or pub after the walk; or the café serves breakfast from 8.30 p.m. if that appeals, and then you can leave your car while you do the walk.

We will walk up to Burnmoor Tarn via Eel Tarn. Burnmoor is the largest tarn in the Lake District where we shall have lunch. We return to Eskdale by the Old Corpse route and then visit St. Catherine's Church in Boot by the River Esk and follow the river back to the Woolpack.

The walk is 6.75 miles and involves a total of 800 ft. of climbing, mostly at the beginning up to Eel Tarn. When the "recce" was done at the beginning of August it was a bit wet in places and this is not a walk for inclement weather, so if in doubt please ring Hilary Collins on 01229 860312 before 9.15 a.m. on the morning of the walk.

RUSLAND AND SATTERTHWAITE CHURCHES

HARVEST SUPPER

SATTERTHWAITE PARISH ROOM - SATURDAY 1ST OCTOBER - 7.30PM

Hot Supper with choice of Puddings and Tea or Coffee to follow. Wine and Soft Drinks available to purchase.

Raffle and Table Quiz.

Tickets £7.50 from members of the P.C.Cs

HOLIDAY PROBLEMS ON THE RISE!

Flights that don't exist, hotels next to rubbish dumps and cancelled transfers leaving people stranded are just some of the problems making holidays a misery. Too often people don't get what they have paid for.

To avoid your dream holiday becoming a nightmare:

- Choose a provider with an Air Travel Organiser's Licence (ATOL) for security even if the company goes bust.
- Take out travel insurance from the day you book. Check the excess charges on cheap policies and make sure you insure everything you plan to do, e.g. sports.
- If the operator significantly alters your holiday before you go, you don't have to accept and can ask for a full refund.
- If flights, transfers and accommodation are not as described, complain straight away to a rep, and if still not satisfied, use the tour operator's complaints procedure.
- If your flight is cancelled, you are entitled to a replacement flight or a refund.
- Travel insurance normally pays better compensation than airlines for luggage problems.

For more help, contact Citizens Advice, 015394 46464 for an appointment or telephone advice.

DIARY DATES

Sept	Mon	5 th	Colton Parish Council Meeting – Finsthwaite Village Hall – 7pm
	Tues	6 th	Oxen Park Cinema Club – <i>Suffragette</i> – The Cart House, Oxen Park – 7.30pm
	Mon	12 th	Satterthwaite Parish Council – Forestry Commission Offices, Grizedale – 7.30pm
	Thurs	15 th	Benefice Walk – Meet at The Woolpack Inn and Cafe, Eskdale, at 10.30am
	Fri	16 th	TAXI play at Rusland Reading Room – 7.30pm
	Sat	17 th	Oxen Park Cinema Club – <i>Ex Machina</i> – The Cart House, Oxen Park – 7.30pm
	Mon	19 th	Scottish Country Dancing commences – Satterthwaite Parish Room – 7pm
	Tues	20 th	Rusland and District WI – Rusland Reading Room – 7.30pm
	Sat	1 st	Rusland and Satterthwaite Churches Harvest Supper - Satterthwaite Parish Room – 7.30pm
	Fri	7 th	<i>Trekking in Nepal then (44 years ago) and Now</i> – The Cart House, Oxen Park – 7.30pm

PERSONAL

- Congratulations to Elsie and Gordon Wilkinson who are celebrating their Diamond Wedding Anniversary on 8th September. Very best wishes from family and friends.
- Congratulations also to Rosie Elkington Crabtree, on gaining a place at Manchester Metropolitan University to read Criminology.

Copy date for October edition, 26th September 2016. Send to: - Liz Cringle Tel: 01229 860274, liggerc@hotmail.com
 ; Colin Barr – Oxen Park Tel: 01229 861408, cj.barr@btinternet.com; Elsie Wilkinson – Crosslands Tel: 01229 860253; Frances Townsend – PepperHouse Tel: 01229 860206, pandftownsend@gmail.com; Sylvia Chadwick – Monks Cottage Tel: 015395 31685.

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