



RUSLAND & SATTERTHWAITE
NEWSLETTER

SEPTEMBER 2015

231ST Edition

This edition is sponsored by the Rusland Valley Horticultural Society

AUTUMN BECKONS

RUSLAND VALLEY HORTICULTURAL SOCIETY THE ANNUAL SHOW

After farming in the Rusland Valley for over forty years, it is an honour to be President for the year. Actually, family connections with Rusland go back further, as Jack Phizacklea, who farmed Thwaite Head, was my grandmother's brother.

An unwelcome shower around lunchtime didn't thwart the enthusiasm of anyone and a good crowd attended.

There seemed to be children everywhere and forty of them brought dogs, two rabbits and a tortoise into the Pet Show. Looking down the main tent before everyone arrives is an awesome experience and a credit to everyone who entered garden produce, baking and crafts. The poor Spring did have an effect on the Open Vegetable section but we can't alter the weather. The children's classes were of a very high standard and the number of entries was slightly up on the previous year. It was also good to see an excellent choice of goods and displays in the craft tent.

Entries for the Fell races were slightly down.

However, for the third year running, Craig Roberts broke his own record in the 5-mile race, most likely because of Oscar Meanwell's fast pace in the first half; well-done Oscar for finishing second.

What a pleasure it was to give out all the trophies to the deserving winners, especially to three generations of one family: Margaret Postlethwaite, Amy Hool and Izzy Hool.

One comment I've had was that it was the best show ever and thanks to everyone involved for making it so.

Raymond Crowe

SATTERTHWAITE ANNUAL BARBECUE

Many thanks to everyone who contributed to the village barbecue at the recreation ground on 15th August. More than 40 people attended, to enjoy the sunshine and eat fantastic venison burgers. Over £200 was raised. All proceeds will go to the Recreation Ground Funds.

LOCALSPORTING AND ACADEMIC SUCCESSES

Two local sailors, Reuben Copley and Fergus Meanwell were selected to be part of the Royal Yachting Association 'Zone squad' for the North of England, and trained hard throughout the winter months at sailing clubs all over the UK. Sometimes they had to break the ice before they sailed!

This summer Reuben went to the Feva world championships in Germany, and came a fantastic fourth in the Bronze fleet. Fergus moved to a single handed boat and practiced in the new boat for the Nationals. Both boys were then part of the Cumbria team and travelled to Rutland for a week of intense competitive sailing in extremely strong winds at the National Sailing Championships. Reuben came 7th in the Topper fleet and Fergus 15th in the Tera fleet.

Oscar Meanwell finished the junior fell running season with a win at Malham Tarn and a second place at the British Uphill championships to be crowned Under 18 English fell running champion. He is off to Edinburgh Napier University in September to study Software Engineering.

Congratulations from us all. Ed.

KEEP BUSY ON THOSE DARK AUTUMN NIGHTS
MONDAY EVENINGS - SCOTTISH COUNTRY DANCING
Satterthwaite's Autumn social whirl starts again with our strictly social Scottish country dancing on **MONDAY 21ST SEPTEMBER** at 7.00pm in the Parish Rooms. Good company, good fun, good exercise – just come along.

THURSDAY EVENINGS - YOGA

Our very friendly and informal Thursday evening classes start again on **THURSDAY 10TH SEPTEMBER** at 7.00pm with Katie Jordan. If you are interested, just come along or contact Helen Bright for more info - 860936.

BLUES DANCING

Are you interested in Blues Dancing? Rusland Valley Community Trust is planning to organise Blues Dancing sessions (including lessons) if enough people are interested. To sign up or find out more ring Tess Baxter on 01229 860 267 or email Tess on: tessbaxter1@gmail.com

RUSLAND HORIZONS

The Steering Group is pleased to report that we will be submitting our second-round bid for Heritage Lottery Fund money on 16th September, as planned. This weighty application has involved about 15 months' hard work by a large number of people, none more so than Marian Jones, our Project Officer. The mass of paperwork contains fine detail about the 15 projects that we will be undertaking, as well as a mass of supporting documentation. From all the indications, we expect the application to succeed (we really would have to mess up big time for the ring-fenced £1.3M to be denied us; we haven't!) and so we will be in a position to start work in the New Year.

Two months ago, we ran a small consultation about our plans for the Greenwood Trail element of our scheme. There was a modest response which included concerns about the perceived impact of tourism on the quieter parts of the scheme area (which has always been a consideration in our planning). In response to this, the Steering Group has reconsidered the details of this project and will be focussing early efforts on those parts of the scheme area that is 'used to' visitors, for example the Grizedale and Lakeside areas. Thanks to those who responded.

We will continue to update you of our progress, especially in relation to opportunities to get involved!

Colin Barr (Chair, Rusland Valley & Fells Partnership)

OXEN PARK CINEMA CLUB – NEW SEASON

As a result of all our new high tech equipment it will take fewer volunteers to run a film show. So, instead of taking a bit of well-deserved time out, we are showing a few more films. We have:-

1st Tuesday in the month, as usual at 7.30pm.

Saturday Supper Specials at Finsthwaite and Rusland as well as The Carhouse and The Manor House in Oxen Park - 7.30pm meal first.

1st Saturday in the month at 8pm – our new 'Films on the Fringe' programme of alternative, independent and foreign films

More children's films at Leven Valley School on Thursdays at 3.45pm, starting 1st October with *Shaun the Sheep*. All welcome.

So, check out the programme, put the dates in your diary and book a seat!

1st FILM = *Gone Girl* on Tuesday 1st September at 7.30pm at The Carhouse,

1st FILM ON THE FRINGE = *My Accomplice* on Saturday 5th September at 8pm,

1st SUPPER SPECIAL = *The Dark Horse* at Oxen Park on 19th September at 7.30pm.

UP FOR A PARTY?

Then come and join The Boggle Banned boogie at the Eagle's Head Inn on Saturday 26th September, starting at 9.30pm.

RAINFALL

The barbecue summer never arrived, though quite a lot of the rain fell overnight in July and August. The total for July was 5.62", with 9 days without measurable rain, and the August total to 25th is 5.88" with 7 days without measurable rain. August might well be the fourth wettest month of the year!

AND

An exciting festival of digital culture and technology, ground-breaking art, and new cinema will take place in Grizedale Forest between FRI 18-SUN 20 SEPTEMBER 2015. THE ABANDON NORMAL DEVICES FESTIVAL (AND) has brought together international artists, designers, scientists and filmmakers to create artworks, experiences, trails and films that use the newest technology to give visitors fresh sensory perspectives on the forest, through the eyes and ears of plants, animals and machines.

Cutting-edge digital technology will enable festivalgoers to see the forest through the eyes and ears of different animals, by using 3D virtual reality goggles to view films made using drones and 360-degree cameras.

Visitors will also be able to see a giant, illuminated Love Motel for insects; try out an alternative communication system powered by the forest's natural energy and find out about the secret sex lives of plants.

Another highlight of the festival will be a viewing tower from which visitors will be able observe the forest's hidden underground community through special binoculars, which show a film made using laser scan technology.

There will be a Drive-In at Grizedale in the Visitor Car Park! This spectacular Drive-In will feature cult classics *Singing Ringing Tree* (18th Sep) and *Moonrise Kingdom* (19th Sep); two strange, lovingly-crafted tales presented within an elaborate, dramatic woodland setting. The forest becomes a temporary home for haughty princesses, unicorns and runaways in this immersive and participatory event. An extra midnight movie will be shown on the Friday evening to the delight of many festival-goers – films to be announced.

For tickets see: andfestival.eventbrite.com

For further information go to: -
<http://www.andfestival.org.uk>

HAWKSHEAD SURGERY PUBLIC MEETING

Hawkshead Medical Practice and Ambleside Medical Practice are considering merging to provide medical care for residents and tourists in the Central Lakes area, to ensure patients have access to good quality local medical care in the long-term. This will mean better continuity of care, fewer locum doctors and more appointments available with access to GPs and/or Nurses on three sites (Hawkshead, Ambleside & Grasmere) and more appropriate services. A public meeting is being held to discuss the proposed merger of the Hawkshead and Ambleside surgeries. It will be held on Wednesday 16th September, 7.30pm, in the upper room at the Market Hall, Hawkshead. Please come along to share your views and raise any concerns you may have.

CHURCH NEWS

Dear Friends,

John's letter last month asked us to imagine that we were on a beach. As part of our summer holiday this year we visited one – at Weymouth. It was at the end of July and, very unusually this summer, the sun was actually visible. We were not alone. It's a magnificent beach and very popular in season. I'd finally managed to get the windbreak up (courtesy of a mallet kindly offered by a better prepared fellow tourist), the grandchildren were embarked on serious construction work involving sand and I settled down with a coffee and the next chapter of "The Unlikely Pilgrimage of Harold Fry" (highly recommended) – it was a moment of peace.

Holidays can be funny things, with expectation often exceeding reality, but we do need them. Jesus said "Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace" (Matthew's Gospel, The Message version). In the accounts of Jesus' ministry on earth the stories of teaching and miraculous healing are interspersed with the need to get away from the crowds and take a break.

Such a balance is important for everyone. Autumn beckons now, with new beginnings at school and a return to usual routines for most of us. Whatever your particular circumstances I hope you can find moments of peace and quiet reflection amidst the busyness.

Nick Hallam

Nick.Hallam@uwclub.net

CHURCH SERVICES FOR AUGUST

Sunday	Colton			Rusland			Satterthwaite	
September 6 th	9.30	Morning Worship		6pm	Evensong		9.45	Holy Communion
13 th	9.30	Holy Communion		11.15	Holy Communion		6pm	Evensong
20 th	9.30	Holy Communion		6pm	Evensong		9.45	Service for all Ages
27 th	9.30	Holy Communion		11.15	Harvest Festival			
Sunday	Hawkshead			Sawrey				
September 6 th	8.00	Holy Communion		6pm	Churches together Communion		11.15	Holy Communion
	9.30	Morning Worship			Hawkshead Methodist Chapel			
13 th	9.30	H. C. with Sunday School		6pm	Evensong		11.15	Matins
20 th	9.30	H. C. with Sunday School		6pm	Evensong		11.15	Holy Communion
27 th	9.30	Harvest Festival		6pm	Evensong		11.15	Morning Worship

COME FOR A WALK

The next walk will be on MONDAY, 7TH SEPTEMBER, meeting at Birks Bridge at 10.30 a.m. and walking to Seathwaite church. There is a large car park beside the River Duddon at Birks Bridge (ref. SD234996) almost at the head of the Duddon Valley - keep going through Ulpha, past Seathwaite and you will eventually get there! The walk is 6 miles. Bring a picnic. Further details from Hilary Collins 01229 860312.

Rusland and Satterthwaite Churches

COFFEE MORNING AT THE CORONATION HALL – THURSDAY 24th SEPTEMBER - 9.30am to 11.30am

Please give your support. Donations of Cakes. Produce. Books and Tombola/Raffle prizes will be very welcome.

RUSLAND AND SATTERTHWAITE CHURCHES HARVEST SUPPER

Satterthwaite Parish Room - Saturday 3rd October - 7.30pm

Hot Supper with choice of Puddings and Tea or Coffee to follow. Wine and Soft Drinks available for purchase.

Raffle and Table Quiz

Tickets £7.50 from members of the P.C.C.s

RUSLAND & DISTRICT W.I.

There was no meeting in August, but members are looking forward to our September meeting at Rusland Reading Room on Tuesday, 15th September at 7.30 p.m. The national day of celebration of the centenary of the W.I. is designated as 16th September. We are a day early and by a great coincidence our speaker for September is Sue Mulvany on William Blake's "Jerusalem - what could be more appropriate? To celebrate we are having bubbly and finger food. New members very welcome.

CHRISTOPHER BUSHELL BENEFIELD – 6TH JANUARY 1942 - 12TH AUGUST 2015

With the death of Chris Benefield, this valley has lost a much-loved member of our community. Living at Crosslands and then High Dale Park, Chris contributed enormously to the life and vitality of the area, as well as making a major contribution to the art and traditions of nearby Ulverston. Chris was one of the founders of the current incarnation of this newsletter and his masthead is a strong reminder of his life here. We join in expressing our deepest sympathy to Janet and the family. Chris was a very special person and a friend to many; his legacy will be long-felt in these parts.

DIARY DATES

Sept.	Tues	1 st	Oxen Park Cinema Club - <i>Gone Girl</i> - The Cart House - 7.30pm.
	Sat	5 th	Oxen Park Cinema Club - <i>The Accomplice</i> - The Cart House - 8pm
	Mon	7 th	Benefice Walk - Meet at Birks Bridge, the Duddon Valley, at 10.30am Colton Parish Council Meeting - Finsthwaite Village Hall - 7.30pm
	Mon	14 th	Satterthwaite Parish Council Meeting - Satterthwaite Parish Room - 7.30pm
	Tues	15 th	Rusland and District WI - Rusland Reading Room - 7.30pm
	Fri/Sun	18 th / 20 th	"AND" Festival - Grizedale
	Sat	19 th	Oxen Park Cinema Club - <i>The Dark Horse</i> - Supper Special - The Cart House - 7.30pm
	Thurs	24 th	Rusland and Satterthwaite Churches Coffee Morning at the Coronation Hall - 9.30am to 11.30am
	Sat	26 th	The Boggle Banned play at the Eagle's Head, Satterthwaite - 9.30pm

PERSONAL

- Fran Townsend has been quite overwhelmed by the kind messages, cards, flowers and other goodies she has received from people in the valley following the sad loss of her horse Oliver on 17 August, followed by her own hospitalisation, all within the space of two days. Many thanks to all for their kindness. Oliver will be a much missed personality down Nursery Lane.
- Best wishes to Miles Dickinson, following his alarming trailer accident on 22nd August and unplanned stay in Lancaster Infirmary.
- We also send our best wishes to Gillie Dobson for a speedy recovery after her recent operation.
- David, Anne, Pete and Kate of Crosslands would like to thank all family and friends who helped to make their "Birthday Charity Event" a great success. A big thank you also, for all the donations, raising a grand total of £1160.

Copy date for October edition, 27th September. Send to: - Liz Cringle Tel - 01229 860274, email: liggerc@hotmail.com; Colin Barr - Oxen Park Tel: 01229 861408, email: cj.barr@btinternet.com; Elsie Wilkinson - Crosslands Tel: 01229 860253; Frances Townsend - Pepper House Tel: 01229 860206, email: pandftownsend@gmail.com; Sylvia Chadwick - Monks Cottage Tel:

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