



SEPTEMBER 2010

176TH

This issue is sponsored by the Rusland Valley Horticultural Society

AUTUMN LEAVES

THE SUNSHINE AFTER THE RAIN

2010 was yet another challenging year for the RVHS committee, members of which were to be found on the show field on the Friday afternoon before the show braving the weather to re-erect one of the tents which had blown down in the appalling conditions. As always, they saved the day and an early start for some on show day ensured that everything was in order and ready for the day's events.

The prolonged and heavy downpours throughout Friday caused a few problems with access to the show field for entrants on Saturday morning but one way or another the entries were staged successfully with the overall number of entries being around the same level as 2009. Thankfully the weather held and a sunny start turned into a fresh, bright and breezy afternoon, allowing all the day's planned events to take place.

The sporting events got off to a flying start with 42 entrants in the five mile fell race and a winning time of 32 minutes and 28 seconds for Paul Dugdale (Kendal) who achieved a fell race double, also winning the senior fell race later in the day. The fell races for the younger age groups were also very well supported along with some very competitive track events.

At 1pm, the princesses, animal characters and super heroes assembled on the sports field for a very colourful children's fancy dress competition and later, the Cumberland and Westmorland wrestling ring attracted plenty of spectators and a few brave volunteers! There were activities throughout the afternoon in the Rural Crafts and Forestry Commission tents and also for the first time at Rusland Show, the Circus Workshop proved very popular.

Meanwhile, in the Horticultural and Home Produce tents, the floral art display was stunning, particularly the 'Splash of Colour' exhibits. Despite some difficult growing conditions this year, there were also some notable successes in the fruit, vegetable and cut flower classes. In the show area, Gordon Wilkinson's dahlias were literally 'in a class of their own' whilst Roderick Smith notched up successes across fruit, vegetable, flower and garden classes. 2010 also saw a particularly impressive display of home produce across the age groups and some delightful children's entries including some cleverly decorated wellington boots and

wonderfully imaginative fruit and veg creations.

An array of photographic and film entries was displayed in the Local Interest tent including some interesting depictions of Rusland heritage. Susan King had put together an excellent, informative display covering the recent Morecambe Bay walk and the 'team' at Satterthwaite church were offering a light-hearted take on church cleaning!

All too soon it was time for Vice-president Mrs Margaret Dryden to thank all the organisers and participants and present the trophies. Following the presentations a good crowd gathered around the main show tent for the end of show auction whilst others stopped to cheer on their favourite tug-of-war team on the sports field. Finally it was time for home after a very enjoyable afternoon.

Results and report from Show is also at www.rusland.org.uk

THE GREEN DOOR STUDIO'S ART TRAIL.

Chris Benefield Tina Balmer and Angie Flynn will be showing their recent work at

JANE MEADOW, HIGH DALE PARK

Friday, Saturday, Sunday 24th - 26th September 11am to 5pm

Chris says, "Never mind the art, there will be delicious light lunches and cream teas at a modest charge!"

LEVEN VALLEY DISTRICT SPORTS AND COMMUNITY CENTRE

SPORTS AND FUN DAY - ADMISSION FREE

SUNDAY 12th SEPTEMBER

Races for all ages - Tug of war

Gurning Competition - Pillow Fighting - Egg Throwing
Bouncy Castle - Raffle - Barbecue - Ice Cream

Wendy Sherrington is hosting a

MACMILLAN COFFEE MORNING

25th September at 10.30am

Beckside Cottage, Rusland, LA12 8JY

Please come and support this fantastic charity!

WHAT NO FORESTS?

Sat 25th & Sun 26th Sept - 11am to 4pm - The Yan Meet some wildlife and make a wooden keepsake to take home. Find out why forests are so important for humans and the environment - and discover why buying 'FSC' products means we can all do our bit

All ages, with a small charge for some activities.

AUTUMN ACTIVITIES

- **SCOTTISH DANCING** starts again on Monday 20th September in Satterthwaite Parish Rooms at 7.00 pm, with friendly instruction provided by Elizabeth and Joan Pollock. Open to all – no previous experience necessary – just the willingness to join in and have a lot of fun. And perhaps the ability to tell left from right occasionally!
- **CHRISTMAS FLOWER** arranging with Joan Bentley will begin on Tuesday 2nd November. There will be 5 sessions 2pm to 4pm. *
- **TABLE TENNIS** will start in Rusland Reading Rooms on Wednesday 3rd November at 7.30pm. *

*Contact Elsie Wilkinson on 860253 for details .

FINAL REMINDER for Colton Parish Council Photograph Competition. Deadline end of September.

Details at www.rusland.org.uk or by contacting the clerk, Mandy Lane (861408).

Satterthwaite Parish Room Committee has extended its deadline for pictures and is particularly looking for more summer pictures (c/o admin@satterthwaitepc.org.uk)

RED KITE RELEASE PROJECT

Following the successful release of nearly 30 young red kites, Wildlife Ranger Iain Yoxall is monitoring their progress and will be interested to hear of any sightings further afield. You can contact him on 07867 501391 or iain.yoxall@forestry.gsi.gov.uk. He will be providing occasional updates on the programme in future issues of the newsletter.

SATTERTHWAITE PARISH COUNCIL NEWS

The community has been offered the opportunity to raise money by providing car park marshals at the Grizedale Rally on 3rd and 4th December. We are looking for 4 people on each day. Anyone willing to help should contact Tim Gill or David Fletcher.

At the next meeting the Council will be discussing the award of grants to community groups for the current financial year and for 2011/12. Any group that wishes to be considered should provide information to the Clerk explaining how much is being sought and for what purposes. It would be helpful if applicants could send a representative to the meeting to answer any questions.

Date of Next Meeting: Monday October 16th, 7.30pm at Graythwaite. All members of the public are welcome.

COLTON PARISH COUNCIL NEWS

Many thanks to those who have already completed and sent in their Community Plan questionnaire. If you haven't filled one in, please do (it only takes 5 minutes!) as we have extended the deadline to mid-September. The more responses we have, the more the Plan will be properly representative of local opinion. The National Park is already taking notice of local surveys on, for example, the type of affordable housing we want in the parish, so your views will count. If you have lost your copy of the questionnaire, then contact Mandy (Clerk) on 01229 861408, or download one from the website:

www.coltonparishcouncil.org.uk/CommunityPlan.htm
A Colton 'green roads pilot project' meeting was held at Water Park on 26th July, with representatives present from Highways, the National Park and the Cumbria Countryside Access Partnership, to tackle the issues of i) green road repairs and ii) damage to fell-sides by illegal off-road activity. This included a site visit to view the now appalling state of the Nibthwaite-to-Parkamoor track. Colton is acting as a pilot area for the County to assess the best strategy for dealing with these problems. The group will meet again in September to review the costs of different survey and repair options and agree which approach to take. The next Council meeting is to be held on Monday 13th September, Finsthwaite Village Hall, 7:30pm. All welcome, as ever.

OXEN PARK CINEMA CLUB

We start on 7th September with *Nowhere Boy* at Rusland and our first Saturday Specials on 25th September will be *Where The Wild Things Are* at 4pm and *Mic Macs* in the evening, also at Rusland.

Keep an eye on the website for full details. www.oxenparkcinemaclub.org.uk

RUSLAND SHOW FILM MAKING CLASSES 2010 RESULTS

Under 12

1st - School After Dark – Edward Dixon and Harry Elkington Crabtree

2nd – A Flash of Dark – Lara Thompson

3rd – The Falcon Resistance – James Mason

Under 16

1st – If I Ruled Backbarrow – Lucy Dickinson

2nd – We Want Our Bridge Back – Jasmine Callon

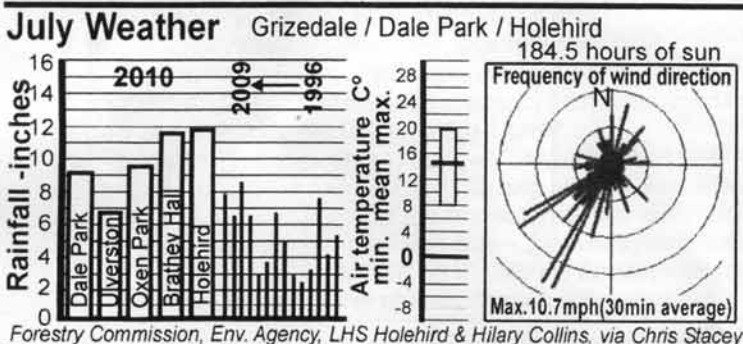
3rd – If Aliens Ruled Haverthwaite – Hannah Cleary Hughes

Over 16

1st The Delivery Man – Adam Atkinson

O.P.C.C. AND COLTON P.C. COMMUNITY PLAN 2010 AWARD FOR BEST COMMUNITY FILM

Joint Winners – Jasmine Callon and Lucy Dickinson



"Highest July rainfall since 1903" - Holehird

RUSLAND AND DISTRICT WI

We are looking forward to a new season of meetings after the August break, beginning on Tuesday 21st September in Rusland Reading Rooms, when the speaker will be Andrea Meanwell, her subject, "Keeping Alpacas". There will be the annual sales table, so bring along surplus produce, goodies etc and then take home a bargain.

SATTERTHWAITE PARISH NOTICE BOARDS

Please will anyone wishing to post a new notice or remove a redundant one, come to Well Cottage for a key. Locks have been fitted as a last resort because someone is persistently removing notices.

CHURCH NEWS

Dear Friends,

As I write this I am still enjoying the memory of the Rusland Show, which once again struck me as really quite magical. It would be difficult (and unwise) to highlight anything in particular that made it so wonderful - it just all seemed so effortlessly genuine and real and gorgeously low-tech. I know that, as is often the case, apparent effortlessness is the result of a great deal of effort, but it all paid off and what fun it was to see people of all ages enjoying themselves together.

And the sun shone - as it did for the equally wonderful Hawkshead Show. With both shows it had rained heavily the day before and I imagine the organisers felt quite anxious about the whole thing. So when the sun did come out it felt like a real blessing - a gift.

My brother-in-law lives a long way from Rusland - San Francisco. There the weather is apparently more or less completely reliable. If you were to arrange an event for the third Saturday in August you could know for certain that it wouldn't rain on that day. I can see that this would have many advantages, but I fear it would get boring and you would lose the wonder and joy you get when the sun does come, especially when that coincides with such a joyous celebration of the local community as the Rusland Show.

John

The Vicarage, Hawkshead, 015394 36301. jjcedixon@btinternet.com

Sunday	Colton	Rusland	Satterthwaite
Sept. 5 th	10.30 Morning Worship	6pm Evensong	9.45 Holy Communion
12 th	10.30 Holy Communion	11.15 Holy Communion	6pm Evensong
19 th	9.30 Communion	6pm Evensong	9.45 Service for All Ages
26 th	9.30 Communion	11.15 Harvest Festival, joint with Satterthwaite	

Sunday	Hawkshead	Sawrey
Sept. 5 th	8am Holy Communion, 1662	9.30 Service for All Ages
		6pm Healing Service, Methodist Chapel
12 th	9.30 H.C. with Sunday School	6pm Evensong
19 th	9.30 H.C. with Baptism	6pm Evensong
26 th	9.30 H.C. with Sunday School	6pm Evensong
		11.15 Holy Communion
		11.15 Matins
		11.15 Holy Communion
		6pm Evensong

SATTERTHWAITE AND RUSLAND CHURCHES HARVEST SUPPER
 Saturday 2nd October at 7.30pm in Satterthwaite Parish Room
 Hot Pot Supper with Choice of Puddings. Wine and Soft Drinks will be on sale.
 Tickets available soon from members of the PCC

A DATE FOR YOUR DIARIES
 Saturday October 23rd an Organ Recital in Satterthwaite Church.
 More details in next month's edition.

"I FELT THE WALK WAS ALMOST BIBLICAL"

History repeated! AD 79 Agricola led a Roman army across Moricambe Bay, marching on northwards to establish fortifications in Cumberland. July 2010 Cedric Robinson led another valiant legion over the Bay, raising over £3500 for local churches and many other charities.

Camaraderie defied the challenging weather! "We thoroughly enjoyed the family atmosphere, talking with old friends and meeting new people", commented one participant. Another said, "The walk was dramatic, affording a sense of emptiness and space. At one stage we were standing where there can be 20 feet of water at high tide. Scary, yet we felt completely safe in the hands of the Sandman. He is unique."

It certainly was a matchless experience - just walking, losing a sense of distance, no perspective, nothing to measure by, no end in sight - but we all did it, feeling a distinctive sense of collective achievement!

NEW RULES FOR DOORSTEP SELLING OF GAS AND ELECTRICITY - KNOW YOUR RIGHTS!

The CAB welcomed tougher rules introduced by Ofgem in January this year.

A doorstep salesperson should give you an estimate of the total annual charges for the next year under the terms they are offering. If they claim to be offering a cheaper deal than your current provider (or if you use a prepayment meter) they must also provide a written comparison of your current energy costs and those expected under the new offer. Let us know if energy salespeople are not following these rules.

Do you qualify for the Energy Rebate Scheme?

This is a one-off rebate of £80 on Electricity bills. To qualify you or your partner must have been aged 70 or over on 26 March this year and get the guarantee credit element of pension credit (not savings credit). If you are responsible for the electricity bill and not on a discounted tariff, you should qualify and have received a letter about the scheme by the end of July. The rebate will appear on summer and autumn bills. Prepayment customers should get either a Post Office voucher to cash in, or a top-up to their card, or a cheque. Your energy supplier should let you know how to claim. For more information or to check if you can get the rebate, telephone the Energy Rebate Scheme Claims Helpline 0845 600 033 (Monday to Friday 8am to 8pm).

STOP PRESS -SATURDAY OPENING AT WINDERMERE CAB

The Citizens Advice Bureau at Windermere will be open every Saturday from 10.00 - 1.00 during September, October and November as a pilot scheme. The Windermere and Grange offices will continue to open during weekdays as usual.

DIARY DATES.

Sept	Fri	3 rd	The Blagovest Ensemble – Hawkshead Church – 7.30pm
	Sat	4 th	Evans Cycles Mountain Bike Event with some riders being routed through Satterthwaite
	Tues	7 th	Oxen Park Cinema Club – <i>Nowhere Boy</i> – Rusland Reading Rooms – 7.30pm
	Sun	12 th	Sports and Fun Day – Leven Valley District Sports and Community Centre - 1pm
	Sun	19 th	Mountain Bike Event , Grizedale
	Mon	20 th	Scottish Dancing – Satterthwaite Parish Room – 7pm
	Tues	21 st	Rusland and District WI – Rusland Reading Rooms – 7.30pm
	Fri	24 th	Art Exhibition – Jane Meadow, High Dale Park, until Sun. 26 th – 11am to 5pm
	Sat	25 th	Macmillan Biggest Coffee Morning in the World – Beckside Cottage , Rusland – 10.30am Oxen Park Cinema Club – Rusland Reading Rooms – 4pm – <i>Where the Wild Things Are</i> 7.30pm – <i>Mic Macs</i>
	Sun	26 th	Freemount Adventure Challenge involving 35-40 teams of 4 people. – Grizedale – 10.30am to 5pm <i>What No Forests</i> – The Yan, Grizedale Forest Centre – 11am to 4pm.

PERSONAL

- Our sincere condolences to Doris Lomas, Peter and Janet on the sudden death of Ken.
- Best wishes for a full recovery to Betty Kirkland, who is recuperating from a nasty fall at home.
- Alethea Pain has moved home. She is now resident at Belton House, Littleworth Lane, Bolton in Rutland, Rutland, LE15 9JZ Tel:01572 717682. She would welcome any visitors, should they be travelling in the area, or indeed a card or two, saying hello and reminding her of Rusland and all her old friends.

Last date for items October Newsletter is 27th September. Send to: Liz Cringle Tel – 01229 860274, email; liggerc@hotmail.com; Colin Barr – Oxen Park Tel: 01229 861408, email: cjb@barrecol.co.uk; Elsie Wilkinson – Crosslands Tel: 01229 860253; Frances Townsend – Pepper House Tel: 01229 860206, frances.townsend@virgin.net; Sylvia Chadwick – Monks Cottage Tel: 015395 31685

**Graythwaite Sawmill
Bark Barn
Graythwaite**

Hard and softwood sawn to order.
Oak beams, lintels & large section timber.

www.graythwaitesawmill.co.uk
Tel: Day 015395 30752
Night 01539436579

**S. CRABTREE
PROFESSIONAL DEEP
CLEANING OF
CARPETS AND
UPHOLSTERY**

TEL: 01229 860035
MOB: 07923476622

THE SCHOOL HOUSE
SATTERTHWAITE
ULVERSTON
LA12 5LL

There is always a warm welcome at

The Eagles Head

Satterthwaite

For Fine Food and Real Ales

in the ownership of

Rob and Rebecca Bruce

who welcome customers old & new.

Tel: 01229 860237

**Grange Security
& Electrical Services**

BURGLAR ALARMS
SECURITY LIGHTING & CAMERAS
LOCKS, BOLTS & GRILLS
Installation and Repairs

Call now for free advice & quotation

Tel : 015395 35032

Mobile 0780 398 2865

Proprietor : Bill Corscadden



COUNTRY CATERERS

HIGH QUALITY BUFFETS
for
all celebrations and occasions
birthdays, christenings,
weddings or funerals,
crockery and cutlery hire

call Anne on 01229 860242



**Mawson
Joiners & Builders**

Low Mill Business Park
Ulverston, Cumbria
LA12 9EE

Tel: 01229 588030
Fax: 01229 480070
email: info@mawsonjoiners.co.uk

FOR ALL YOUR BUILDING & JOINERY NEEDS



FENSA



**Andrew Stoker
Mobile
Motor
Mechanic**

Servicing - Repairs - Breakdowns
Engine Tuning - Pre-MOTs
Reliable 24 Hour Service
Covering South Lakes and Furness
18 years motor trade experience

Well Cottage, Satterthwaite
Tel: Satterthwaite 860292
Mobile: 07974 316986

**FORRESTERS
SOLICITORS**

Friendly advice for all legal problems
FIRST INTERVIEW FREE
117 Duke Street
Barrow-in-Furness
Cumbria LA14 1XA
Tel: 01229 820297
(24-hour answerphone)
www.forresterssolicitors.co.uk

TWO by TWO

Beautiful & Unusual
Clothes for Women by
• PRIVATSACHEN
• FENN WRIGHT MANSON
• SEA SALT
• NESS
• SANDWICH
• SAHARA
52 Market Street,
Ulverston

Tel: 01229 480338

Janet.twobytwo@tiscali.co.uk

