



RUSLAND & SATTERTHWAITE  
NEWSLETTER

2008

154<sup>TH</sup> EDITION

*This issue is sponsored by the Rusland Valley Horticultural Society*

## SUMMER BLUES? TRY SOMETHING NEW

**ANOTHER GOOD YEAR FOR THE RUSLAND SHOW**  
Every year, throughout July and August residents of the Rusland Valley, (particularly RVHS committee members!) watch with nervous anticipation as Whitestock Meadow is transformed from peaceful rural grazing to centre stage for the annual show. 2008 was no exception, as heavy showers yet again punctuated the run up to this year's show on Saturday 16<sup>th</sup> August, but—the show must go on' and it certainly did.

With the sun shining and entries up on last year by nearly a third, the 125<sup>th</sup> Annual Show was set to be a corker. As eager competitors in all the produce, art and crafts sections arrived at 12:30 to see the results of the judging, they were left guessing for a few more minutes, as the judges were still deliberating over the high quality and large number of entries, around 1150 in total. However, it was a good opportunity to stop and take in some of the day's sporting events.

The first race of the day was the Rusland Trophy Five Mile Race which saw a good turnout with 37 runners. Congratulations to Sean Bolland who was first across the line, even with a slight detour for wet ground he was only two seconds outside the course record. He was closely followed by Paul Dugdale. The fell races were also well supported with around 50 entries across the age groups and there was some strong competition for the shorter events from as far afield as Chelmsford! Other events throughout the afternoon included the children's fancy dress, pet show and dog with the waggiest tail competition. There was plenty to see and do for all the family in the rural crafts tent and the Grizedale Forestry Commission stand. The bouncy castle and tombola also proved a big success.

Back in the Horticultural and Home Produce tents, judging complete, there was strong competition and some serial prizewinning from Margaret Postlethwaite, Nigel Buckley, Gordon and Elsie Wilkinson and an outstanding array of fruit and vegetables, floral, culinary, artistic, photographic and craft exhibits from all ages. Next door in the local interest tent, visitors and locals alike were enjoying displays from Rusland Valley Horticultural Society, Rusland and Satterthwaite churches, Rusland Valley Community Trust and Oxen Park Cinema Club who also

had the results of this year's film competition. Later in the day everyone gathered for the presentation of trophies by this year's president Mr Geoff Barker. In particular, congratulations go to David Johnson for an outstanding performance in the vegetable classes. As the race programme drew to a close, those who remained were treated to a very closely fought and entertaining tug of war competition - each round went to a tie breaker and a good time was had by all. So another successful Rusland Show was over. Many thanks to everyone involved. If you missed it, or just want to relive the memories, look out for the Oxen Park Cinema Club film of the 125<sup>th</sup> Annual Show...coming soon!

### 2012 OLYMPIANS?

CONGRATULATIONS to Jessica Nash who has won a Silver medal in the North West Kyacking Championships, also to Sam Nash who was in the top 6 in the Mens' Kyacking Championships. They are both representing the North West in the national finals in early September. Good Luck to you both!!

### WHITEWOOD & FLEMING INTRODUCE: "THE WOOL PROJECT"

There will be 3 workshops to learn how to process and work with local wool at Thwaite Moss Barn including; Peg Loom Weaving, Rag Rugging and Felting. The first one is on Sunday 28th September, 10.30 - 4.30. It costs £5; you should bring your own lunch (drinks & wool will be provided) Places are limited so book early by ringing Sarah on 860141

### "OH BOY, THEY'VE GOT A NERVE"

is the title of Cragg Atak's, (Satterthwaite's premier rock band), debut concert in the Eagle's Head on Saturday 4th October at 9pm. Rob Bruce, Allan Wilson, Paul Tiplady and Sue Tiplady will be playing music from the 50s, 60s and 70s like you've NEVER heard it before. Free entry, but with a collection for local charities. Please come along and give your support.

### AND COMING SOON-----

A wildly spectacular show in aid of the Air Ambulance at Rusland Reading Rooms on October 18th!!!!  
More details in the next issue.

### RUSLAND VALLEY COMMUNITY TRUST-DANCE CLASSES

Salsa y Merengue with Karen Stack

It's a wonderful way to get fit, have fun, and be sociable. Dancers are so busy concentrating on learning something new, they don't realise until the end of the class how much exercise they've done. A sure fire way to beat those winter blues!

A group has now signed up for a taster session with Karen Stack with a view to a potential series of lessons this Autumn. It is FREE. Date to be fixed.

WOULD YOU LIKE TO JOIN THEM AT THE TASTER SESSION? If so ring the RVCT Administrator (01229 860 300) or write to The Administrator, RVCT, The Dower House, Whitestock, Rusland, Ulverston, LA12 8LB

### COME AND SEE IT!!!

The Forestry Commission are holding a celebration opening party at The Yan (the new education building on the site of Grizedale Hall) on Friday 14<sup>th</sup> November commencing at 6pm. Food and drink will be provided. Numbers are limited to 120 and residents of Colton, Satterthwaite, Hawkshead and Coniston are invited. Anyone wishing to attend please RSVP to Alan Russell at the FC.

e-mail alan.russell@forestry.gsi.gov.uk or tel. 01229 862022 by Friday 26th September.

### OXEN PARK CINEMA CLUB

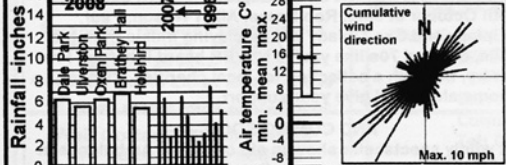
A new season is about to start - once more in our favourite village halls and not in 'The Carthouse' at Oxen Park. (Grant applications are on going). For those interested in progress, we are having a Carthouse viewing session followed by Pie and Peas at the Manor House with a Quiz on Thursday 11th September at 7.30pm- all for £5. Book in with Carol McNeill (861507) or Colin Barr. As soon as possible. Another date for the diary is our big fundraiser - a Coronation Hall coffee morning on Thursday 13th November. We would really appreciate help on the day but also we will be collecting the traditional cakes, books, DVD's, bric a brac and tombola prizes - a good chance to have clear out before Christmas. Meanwhile we have some great films lines up for you - *The Kite Runner* on Tuesday 2nd September at Rusland, 7.30pm and our first Saturday Supper Special on 20th September - Food followed by *The Commitments* (1991).

20th September is also Wallace and Gromit day at 4pm - bring all the family to Rusland for some great entertainment.

### July Weather

Grizedale / Dale Park / Holehird

- 238 hours of sun



Forestry Commission, Env. Agency, LHS Holehird & Hilary Collins, via Chris Stacey

### LOCALS BEWARE!!!!

Grizedale Mountain Bike Challenge is once again taking place in the Forest on Sunday 21<sup>st</sup> September. About 600 competitors are anticipated, so roads will be extra difficult to negotiate. For more details on routes, car parking, etc. please contact Katie Jarvis at the Forestry office (860373) or Visitor Centre (860010).

### COLTON PARISH COUNCIL NEWS

Cllr Penny Lovegrove attended a presentation on affordable housing called 'Owning the Assets', organised by the Cumbria Rural Housing Trust. "Community Land Trusts" are 'not-for-profit' organisations, based in and run by the local community, that own land and property for the long-term benefit of local people. If suitable land can be found, this approach seems a possible way forward for Colton Parish.

At our July meeting, Mr Andy Bennet of the Forestry Commission presented a management plan for Old Hall Wood, Bouth. This will involve removal of all the spruce trees and gradual thinning of the larch to leave a good mixture of broadleaf and larch trees, with areas of coppice much like the adjoining Woodland Trust wood. Footpaths and permitted paths will be diverted during operations and re-instated thereafter. Andy is happy to be contacted for information on: 01229 860373 or email: andy.bennett@forestry.gsi.gov.uk.

We are being consulted on changes to mental health services by the Cumbria Primary Care Trust. The proposal is to concentrate resources to provide fewer, but higher-quality facilities. Intensive care facilities would be based in Carlisle. Cllr Anne Robinson is coordinating a response and would welcome views from residents. Contact Anne on 01229 860242 or email: ANNE@annerobinson46.wanadoo.co.uk. The next meeting will be held on Monday 8<sup>th</sup> Sept, 7.30pm in Rusland Reading Room.

Mandy Lane (Clerk) 01229 861408  
coltonpc@btinternet.com  
www.coltonparishcouncil.org.uk

### SATTERTHWAITE PARISH COUNCIL NEWS

Date of next meeting

Monday 1<sup>st</sup> September 2008

7-30pm in the Old Chapel, Graythwaite

All members of the public are welcome to attend

Please come along and meet your Councillors

Items for consideration

Illegal Use of Unmade Roads by Motorised Vehicles  
Pollution of Becks & Problems of Faulty Sewage Systems  
Overloaded Bicycle Racks on Cars  
Council Members

Sue Tiplady (Chairman) 01229 860269

Tim Gill (Vice-Chairman) 01229 860315

Andrew Stoker 01229 860292

Arthur Threlkeld 01229 860208

Jamie Wilson 01229 860037

David Shaw (Clerk) 015394 36679

Website www.satterthwaitepc.org.uk

Church News

Dear Friends,

It is a mystery of the human condition that we are so concerned with what other people think about us. How people respond to us matters more than we would ever like to admit. If they are amused at our jokes, we begin to think that we are funny. If they praise us, we become more convinced of our value. But if they avoid our gaze as we enter a room, or look impatient when we are talking, or constantly criticise us, we may begin to have feelings of self-doubt and worthlessness. We find ourselves always looking for the kind of things we get from a partner or spouse: something a bit like love. Alain de Botton describes what we want: 'Our presence is noted, our name is registered, our views are listened to, our failings are treated with indulgence and our needs are ministered to.' You might think that we would be happy to receive such care and attention from just a few people, but it seems that if anybody ignores us or apparently does not like or respect us, then we are hurt. I suspect that this is as true of people living in the Rusland Valley, as it is of people working in the central London.

In an ideal world we would not mind so much. We would be unshaken whether we were ignored or noticed, praised or jeered at. We would know our own worth and value and not worry about what other people thought. But to a large extent we still define ourselves by what other people think.

I believe that Christians have one great advantage. We know what the greatest being in the Universe thinks of us. It was one of Jesus' central claims that all human beings, however slow-witted, untalented and obscure we seem to ourselves, are creatures of God and loved by him. This is an audacious challenge to the world's assumption that some people are great and some are mediocre. There are no human beings outside the circle of God's love.

John

The Vicarage, Hawkshead. 015394. jjcedixon@btinternet.com

Sunday	Colton	Rusland	Satterthwaite
7 <sup>th</sup> Sept.	10.30 Morning Worship	6pm Evensong	9.45 Holy Communion
14 <sup>th</sup>	10.30 Benefice Communion, Lowick	11.15 Holy Communion	6pm Evensong
21 <sup>st</sup>	9.30 Communion	6pm Evensong	9.45 Service for All Ages
28 <sup>th</sup>	9.30 Communion	11.15 Holy Communion	No Service

Sunday	Hawkshead	Sawrey
7 <sup>th</sup> Sept.	8.00 Holy Communion 1662 9.30 Service for All Ages	11.15 Holy Communion CW
14 <sup>th</sup>	9.30 Holy Communion with Sunday School	11.15 Matins
21 <sup>st</sup>	9.30 Holy Communion with Blagovest Choir	11.15 Holy Communion 1662
28 <sup>th</sup>	9.30 Holy Communion with Sunday School	6pm Evensong

HANNAH WILSON 1925-2008

Friends and family said goodbye to a remarkable lady at Rusland Church on 9<sup>th</sup> August at the memorial service for Hannah Wilson. The vicar, the Reverend John Dixon, was on holiday abroad but three of his predecessors were present to honour Hannah to whom Rusland Church meant so much. The Reverend Doreen led the service and gave the address: The Reverend Derek Tinsley played the organ and Canon Stephen Pye read the lesson.

In a short personal epitaph, before reading the lesson, Canon Pye said "I have been a parish priest for 25 years. I have never met a sweeter person than Hannah and probably never will".

Hannah's life started amongst the splendours of Kashmir and ended amidst the beauty of the Rusland Valley. In between she devoted herself to benefiting her fellow human beings both in her profession as a nurse and in her indefatigable work for good causes. Whatever she did, she performed with a warmth and humanity that shone through. She was the most Christian of people.

Hannah was a remarkable person. We shall miss her greatly.

RUSLAND AND SATTERTHWAITE CHURCHES HARVEST SUPPER

SATURDAY 11<sup>TH</sup> OCTOBER - SATTERTHWAITE PARISH ROOM - 7.30pm

JOIN US FOR A DELICIOUS SUPPER AND GOOD COMPANY

Tickets available soon from Elsie Wilkinson, Sue Brooke, and Nigel Buckley

A CUMBRIAN NIGHT

(IN AID OF RUSLAND READING ROOMS.)

SATURDAY 25<sup>TH</sup> OCTOBER - RUSLAND READING ROOMS - 7.30PM

RECITATIONS IN CUMBRIAN DIALECT - CUMBRIAN MUSIC BY TIM FLEMMING - CUMBRIAN FOOD

TICKETS AVAILABLE SOON FROM GORDON WILKINSON

ST MARY'S HOSPICE, LEVEN VALLEY SUPPORT GROUP

PRESENT

AN EVENING OF FLOWERS WITH ROS HARRISON

Friday October 17<sup>th</sup> Greenodd Village Hall at 7pm

Tickets, £5 including refreshments, from:

Marian Wilson, 015395 31779 - Sylvia Chadwick, 015395 31685, - Eileen Wilkinson, 015395 31040

### DIARY DATES

SEPT.	Mon.	1 <sup>st</sup>	Satterthwaite Parish Council – The Old Chapel, Graythwaite – 7.30pm
	Tues.	2 <sup>nd</sup>	Satterthwaite Parochial Church Council – Satterthwaite Parish Room – 7.30pm
	Mon.	8 <sup>th</sup>	Oxen Park Cinema Club – <i>The Kite Runner</i> – Rusland Reading Rooms – 7.30pm
	Tues.	9 <sup>th</sup>	Colton Parish Council – Rusland Reading Rooms – 7.30pm
	Thurs.	11 <sup>th</sup>	Mothers Union – Colton Church Hall – 2pm
	Sat.	20 <sup>th</sup>	Oxen Park Cinema Club – Pie, Peas and Quiz – The ManorHouse, Oxen Park – 7.30pm Oxen Park Cinema Club – <i>Wallace and Gromit Afternoon</i> – Rusland Reading Rooms – 4pm Saturday Night Social – <i>The Commitments</i> – Rusland Reading Rooms – 7.30pm
	Sun.	21 <sup>st</sup>	Grizedale Mountain Bike Challenge
	Sun.	28 <sup>th</sup>	Peg Loom Weaving, Felting and Rag Rugging – Thwaite Moss Barn – 10.30am-4.30pm
	Tues.	16 <sup>th</sup>	Rusland and District WI – Rusland Reading Rooms – 7.30pm
OCT.	Sat.	4 <sup>th</sup>	"Oh Boy They've Got A Nerve" – Crag Attak – Eagle's Head, Satterthwaite – 9pm
	Fri.	10 <sup>th</sup>	Colton Farmers' Harvest Service and Supper
	Sat.	11 <sup>th</sup>	Satterthwaite and Rusland Churches Harvest Supper
	Fri.	17 <sup>th</sup>	"An Evening of Flowers" – Greenodd Village Hall – 7pm
	Sat.	18 <sup>th</sup>	Spectacular Gig for the Air Ambulance – Rusland Reading Rooms
	Sat.	25 <sup>th</sup>	"A Cumbrian Evening" – Rusland Reading Rooms
Nov.	Thurs.	13 <sup>th</sup>	Oxen Park Cinema Club – Coffee Morning at the Coronation Hall – 9.30am-11.30am
	Fri.	14 <sup>th</sup>	Forestry Commission Party for Residents at "The Yan" Grizedale – 6pm

### PERSONAL

### THE SAMARITANS

Whatever you're going through, we'll go through it with you. Phone 01229 825656 or 08457 909090

- Our sincere condolences to the Dobson family on the death of Christine – a great loss to the Valley.

### Graythwaite Sawmill Bark Barn Graythwaite

Hard and softwood sawn to order.  
Oak beams, lintels & large section  
timber.

[www.graythwaitesawmill.co.uk](http://www.graythwaitesawmill.co.uk)

Tel: Day 015395 30752

Night 01539436579

Last date for items for October  
Newsletter is 24<sup>th</sup> September. Send  
to: Liz Cringle- Low Dale Park  
Tel: 01229 860274, email:  
[liggerc@hotmail.com](mailto:liggerc@hotmail.com), Colin Barr-  
Oxen Park Tel: 01229 861408,  
email: [cjb@barrecol.co.uk](mailto:cjb@barrecol.co.uk), Elsie  
Wilkinson- Crosslands Tel: 01229  
860253, Frances Townsend-  
Pepper House Tel: 01229 860206,  
[frances.townsend@virgin.net](mailto:frances.townsend@virgin.net),  
Sylvia Chadwick- Monks Cottage  
Tel: 015395 31685

*There is always a warm welcome at*

## The Eagles Head

*Satterthwaite*

*For Fine Food and Real Ales*

*in the ownership of*

*Rob and Rebecca Bruce*

*who welcome customers old & new.*

*Tel: 01229 860237*

### Grange Security & Electrical Services

BURGLAR ALARMS  
SECURITY LIGHTING & CAMERAS  
LOCKS, BOLTS & GRILLS  
*Installation and Repairs*

Call now for free advice & quotation

Tel : 015395 35032

Mobile 0780 398 2865

Proprietor : Bill Corscadden



### HIGH QUALITY BUFFETS

for  
all celebrations and occasions  
birthdays, christenings,  
weddings or funerals.  
crockery and cutlery hire

call Anne on 01229 860242

### LAKELAND GAS & OIL SERVICES LTD

01229 861 825

CENTRAL HEATING &  
PLUMBING SERVICES  
CORGI & OFTEC REGISTERED

Complete installations  
Boiler Replacements  
Breakdowns & Servicing  
Landlord Certificates  
Domestic Cookers & Fires

### Andrew Stoker Mobile Motor Mechanic



Servicing - Repairs - Breakdowns  
Engine Tuning - Pre-MOTs  
Reliable 24 Hour Service  
Covering South Lakes and Furness

18 years motor trade experience

Well Cottage, Satterthwaite

Tel: Satterthwaite 860292

Mobile: 07974 316986

## FORRESTERS SOLICITORS

*Friendly advice for all legal problems*

FIRST INTERVIEW FREE

117 Duke Street

Barrow-in-Furness

Cumbria LA14 1XA

Tel: 01229 820297

(24-hour answerphone)

[www.forresterssolicitors.co.uk](http://www.forresterssolicitors.co.uk)



THE  
TINNARS  
RABBIT

freelance - artforms

50 Market Street, Ulverston LA12 7LS  
Tel: 01229 588808 Fax: 01229 586585  
[chris@tinnarsrabbit.freelance.co.uk](mailto:chris@tinnarsrabbit.freelance.co.uk)

art exhibitions, picture framing  
and craft items

Discount to Newsletter readers!