



RUSLAND & SATTERTHWAITHE
NEWSLETTER

OCTOBER 2022

293RD EDITION

This issue is sponsored by Rusland Community Trust

SEASON OF MISTS

RUSLAND HORIZONS TRUST NEWS

The Rusland Horizons Trust AGM was due to take place on Monday 19th September, but as the Queen's funeral was being held on that date we made the decision, out of respect, to postpone it.

The new date will be mid to end of October. Full details will be shared once a new date has been confirmed. We hope to see as many people there as possible. Everyone is welcome.

§ All Creatures Great and Small – Photo Competition

Have you taken a great photo recently while out in the Rusland Valley? Why not send it to us and enter our photo competition. The theme for this year is 'All Creatures Great and Small' so let your imagination run wild!

All photos must have been taken within the Rusland Valley area and the winning images will be included in the Rusland Horizons 2023 calendar.

Not long to go. You only have until 13th October to send us your fantastic photos. So get out and explore with your camera or phone.

Full details of entry criteria and everything you need to know can be found on our website here <https://bit.ly/RHTCalendarComp2022>

§ EVENT ROUND-UP

Woodland Work Party: Our final "Tuesdays for Trees" event took place in August. The work party was held at Great Lindeth Woods led by Jo and Darryl of The Natural Charcoal Company. A big thank you to all the volunteers for their hard work, spending the day in a rare, ancient, coppiced woodland and getting involved in hands-on conservation activities.

Great work by everyone and thank you to Jo and Darryl for leading the event and sharing their extensive woodland knowledge.

Continued in next column

Veteran Tree Walk: A big thank you to Vanessa Champion, tree recorder for the Woodland Trust, for leading our Veteran Tree Walk at the end of August.

§ EVENTS COMING UP

Rhody bashing: Sunday 2nd October. Come and join us in the beautiful woods at Black Beck, near Bouth, to cut back and remove invasive rhododendron to support the restoration of the native woodland and its flora. No previous experience necessary.

Wildflower plug planting: We will be organising a day of wildflower plug planting at Colton Church. Dates are yet to be finalised but will likely be in October.

Alder tree planting: Saturday 19th November. We'll be sharing more information about this soon and the event will be open for booking by the end of September.

Go to <https://www.ruslandhorizons.org>.

FOODBANK COLLECTION

Thanks to everyone who donated to the recent very successful foodbank collection across the Parish. Collection boxes were well filled and a very full car load was delivered to Ulverston Foodbank. It is obvious that the cost-of-living crisis is affecting many people, and the support for families in need is much appreciated. Local collections were coordinated in Bouth, Finsthwaite, Lakeside, Nibthwaite, Oxen Park and Rusland and thanks go to the residents and local volunteers. Thanks also to Rusland WI for their excellent contribution.

MORE THANKS!

A total of £585 was raised in support of Satterthwaite Parish Room during two events organised by The Eagles Head in September. The Parish Room Committee would like to thank all those who contributed.

GO GREEN! SAVE ENERGY!

Green Sparks invites you to our Green Energy Options discussion evening
7pm Monday 10th October at Rookhow Quaker Meeting House, Rusland LA12 8LA
Have you got or are you considering any of these?

- air source heat pump
- ground source heat pump
- solar panels
- PV panels with battery storage
- heat recovery systems
- electric vehicle charger

Hear the first-hand experience of local people who have installed green energy technology in their homes and community buildings.
All welcome! Free entry. Refreshments provided from 6.30pm. Booking is not essential, but if you can, please let us know you are coming. Email us at greensparks.sparkbridge@gmail.com

OXEN PARK CINEMA CLUB

Well! We had two full houses for BELFAST, a great start to our new season.
Our next three films are also outstanding:
4th October - FOR SAMA - a profoundly moving documentary capturing five years of life in Aleppo, battling to survive the conflict and chaos dealt out by Syrian and Russian forces.
15th October - THE OUTFIT - my favourite of the year! - Mark Rylance at his best. A gripping and masterful thriller.
Then 1st November - book now for our first Supper Special - a meal at the Manor followed by PETITE MAMAN - a modern fairy tale.
Remember that you now need to book online for all films and membership

HAWKSHEAD BOWLING CLUB

We are looking for new members for next season. It's a friendly club with good facilities and if you could be interested in giving it a go, please contact the Secretary on 01229 860390.

DALE PARK RAINFALL

August rainfall was 6.14" and 13 dry days (2021 3.65" 17 dry days). September to 27th is 4.68" and 13 dry days (2021 3.8" 15 dry days) so even though we seem to have had a good summer, there has been more rain in August and September than last year.

COLTON PARISH COUNCIL NEWS

Our key activity for the next few months will be the update of the Colton Parish Community Plan last issued in 2015. This plan both sets the strategy for the council and is the key document used when commenting on planning related issues. It is critical the plan accurately reflects local views and we will hold a number of consultation events and activities. Keep an eye on the website and newsletters for updates. We currently have vacancies for councillors. Please consider if you can join us to ensure Colton Parish Council remains sustainable and does the best job possible for the community. With significant changes taking place in our local government authorities, this is a great time to get involved. The work you will do really does make a difference. Please contact the parish clerk (clerk@coltonparishcouncil.org.uk) if you are interested or just talk to a councillor! All our names and contact details are on the website.

RUSLAND and DISTRICT W I

Our WI is very active again after the August break. The walking group, the book Zoom meetings and the craft group have all resumed. A group of members enjoyed a calligraphy day. In September there was an inspiring talk given by Rahinna Borwick from the Grange Community shop. Our next meeting will be on Tuesday, 18th October at 7.30 p.m. at Satterthwaite Parish Room when we shall welcome Tom Attwood from Hale Cat Gardens giving a talk on Life on a Family Nursery. All welcome.

CHURCH NEWS

Dear Friends,

We tend to think that imagination belongs to children and artists. Children have imaginary friends and monsters under the bed. Artists make up stories and pictures and songs. For the rest of us, though, imagination is not the province of serious adults!

But, of course, imagination is important for the rest of us. A good society depends on it. Let's hone it if it's a skill. Exercise it if it's a muscle. Explore it and experiment with it. Practice it till it's a habit. Yes, it's a way of seeing what does not exist, but it's also a way of trying to see what could exist. How might we get out of a social or political stalemate? How do we save the planet? How can we see beyond our sharp and often hateful differences?

It may also be uniquely useful and important in revealing what others see that we don't. I suspect that in engaging with history, whether that's local history or international history, academic history or reading a historical novel, we find that imagination – way more than memorization! – goes a long way to helping us understand people in other times and places. Maybe we can learn what we can about them, then imagine standing behind one of them (and then another) wondering what is it that she sees when she looks at her life? What does he feel, fear, hope for? What obstacles loom and what opportunities beckon? What choices offer themselves? Of course, we can't know, but the act of imagining opens us up to differences, softens our certainty about our own views and demonstrates their particularities. It reminds us, too, how much we don't yet know. Our imagination is one of our greatest spiritual gifts.

John The Vicarage, Hawkshead 01539436301 jjcedixon@btinternet.com

CHURCH SERVICES FOR OCTOBER

Sunday	Colton	Rusland	Satterthwaite
October 2 nd		6pm Celtic Evening Prayer	
9 th			11.15 Holy Communion
16 th		6pm Evensong	
23 rd			11.15 Holy Communion
30 th			10.00 Holy Communion
Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey
October 2 nd	9.30 Morning Worship	10.30 Morning Service	11.15 Harvest Festival
9 th	9.30 Holy Communion	10.30 Morning Service	11.15 Matins
16 th	9.30 Holy Communion	10.30 Morning Service	11.15 Holy Communion
23 rd	9.30 Holy Communion	10.30 Morning Service	11.15 Morning Worship
30 th		10.30 Morning Service	

ROOKHOW

Rookhow now has an electric vehicle charging point thanks to an arrangement with Charge my Street. This is mainly for overnight charging for guests.

The building work is now complete, with the air source heat pump powering the underfloor heating for the historic stone floors and the downstairs fully accessible with a new toilet and shower. The Meeting House is available for day and evening hire for meetings. Please get in touch if you're interested.

It's been wonderful to share Rookhow with passing cyclists, locals and those from further afield at our Open Days on the 1st and 3rd Friday of every month. 10am-4pm. People are welcome to pop in for a cuppa, look around and a wander in the woods. Short Quaker Meeting on those days 12.30-1pm. There's also always a Quaker Meeting on the 1st Wednesday of each month 7.30-8pm.

There's still availability over the Christmas holidays if anyone needs overspill accommodation. Check the Rookhow website: <https://rookhow.org.uk>

Sue Nicholls, Rookhow Development Manager Tel 07377 971783

Email: contactrookhow@gmail.com

HELP FROM CITIZENS ADVICE

Q. My oldest child has started school and, with uniforms and PE kits, the costs are mounting. The school we got into isn't within walking distance so I now need to budget for bus money five days a week too. We're already pretty stretched - is there any extra help I can get?

A. On the Citizens Advice website - email advice via our submission page on our website www.southlakescab.org, we have lots of information on the support you might be entitled to for school-related costs. If you're claiming benefits, it's worth checking if you can get extra help for things like school lunches, transport and uniforms.

Children in Reception, Year 1 and Year 2 automatically get free school meals. For older children, you can apply for free school meals if you claim certain types of benefits. The full list is available on the Citizens Advice website, and includes Universal Credit, Child Tax Credit and Income Support.

For transport costs, your local education authority might be able to offer free or discounted transport if you're not able to walk to the school. Contact them directly to find out how they can support you.

Your local education authority might also help you with activity and school uniform costs. You're probably considered to be on a low income if you get means-tested benefits like Universal Credit or Housing Benefit. There are also some local charitable schemes that can help - check with your school, as they will usually know what is available in your area. Schools can sometimes also advise on finding cheap or free second-hand uniforms. If your child is disabled or has a health condition, you can also claim Disability Living Allowance.

Copy date for November edition, 25th October 2022. Please send to: -Liz Cringle - 01229 860274 liggerc@hotmail.com ; Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com. Carol McNeill - crimcneill@gmail.com



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