

# RUSLAND & SATTERTHWAITE NEWSLETTER

OCTOBER 2015

232<sup>ND</sup> Edition

*This edition is sponsored in remembrance of Allan Armitstead*

## AN INDIAN SUMMER

### THE FUTURE OF THE RUSLAND SPRING SHOW....?

Gordon and Elsie Wilkinson have for many years run our very popular Rusland Spring Show which has become an important part of Valley life, raises crucial funds to maintain the Rusland Reading Rooms and lifts our spirits after the long winter!

Gordon and Elsie decided that it really was time to retire from the organisation of the Show this year, and so we are looking for someone to take up the baton as coordinator. The role of coordinator would mean overseeing the organisation of the Show to make sure everything is done that needs to be done, by delegating to helpers, with particular support from the Reading Rooms Committee members. (It would definitely not mean having to do everything yourself!)

We are all, I know, very keen to ensure that the Rusland Spring Show continues, but we need someone willing to step in as coordinator, so please contact Mandy Lane (01229 861408 or email [mandybarrlane@gmail.com](mailto:mandybarrlane@gmail.com)) if you would be willing to take on this role.

Rusland Reading Rooms Committee.

### LOOKING FORWARD TO CHRISTMAS

Rusland Valley Community Trust is intending to organise an all-day craft class led by Joan Bentley on a date to be decided but likely to be mid to late November. The class will contain a wide range of decorative skills many focussing on Christmas and Christmas decorations. If you are interested please contact Giles Wingate-Saul on 01229860300 email [gilesws@btinternet.com](mailto:gilesws@btinternet.com)

### BLUES DANCING

Rusland Valley Community Trust is planning to organise Blues Dancing sessions (including lessons) and a free demonstration evening will be held in late October or early November. Wine and nibbles will be available.

Anyone interested should contact Tess Baxter on 01229 860 267 or email Tess on: [tessbaxter1@gmail.com](mailto:tessbaxter1@gmail.com)

### TABLE TENNIS & DOMINOES,

Wednesdays at 7.30pm Rusland Reading Rooms. All welcome. Come along, have fun, enjoy the crack, and a cup of tea!

And don't forget – SCOTTISH COUNTRY DANCING – Monday evenings at 7.00pm at Satterthwaite Parish Rooms and YOGA – Thursdays, also at 7.00pm. All welcome.

### CHARITY NIGHT AT THE OLD MILL, BARDSEA.

FRIDAY 16TH OCTOBER

7.30PM

PIE & PEAS & DANCING.

RAFFLE & AUCTION

TICKETS £10.

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For Tickets and more details contact:

Maureen Boyren 01229 885300

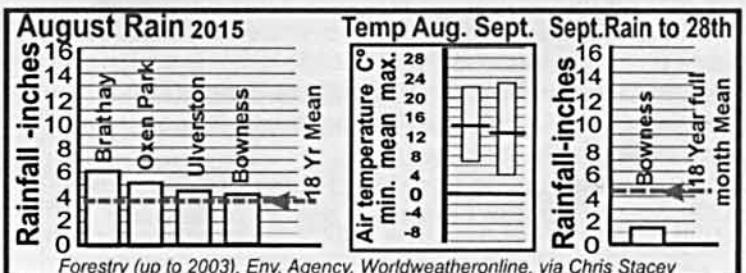
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### DATE FOR YOUR NOVEMBER DIARY

Mid Life Crisis are playing their annual autumn gig at the Eagle's Head on SATURDAY 14<sup>TH</sup> NOVEMBER at 9.00pm. Put the date in your diary now.

### CONGRATULATIONS OSCAR!

Oscar Meanwell ran for England in the Under 20 race at the World Mountain Running Championships in Snowdonia in September. He finished 4th, and so missed out on an individual medal, but the England team won the gold medal and so he got to stand on the podium and received a medal.



## BE ACTIVE IN AUTUMN - VOLUNTEER IN THE FOREST!

The sun has set on the summer after a busy few months at Grizedale, but we are looking forward to the autumn and winter and we have lots happening if you have any spare time over the next few months? We have a practical work parties going out, usually 4th Tuesday of the month and another work party in partnership with the National Park heading out on 2nd Thursday of the month, so if you are interested in anything from dry stone walling to bridge building, tree cutting to trail construction and if you don't mind getting wet and muddy this is for you! A good way to keep warm and fit over the winter!

During October half term there are more Family Volunteer days after the success of the summer. So if you are interested in having some fun and free days out with your family, helping our rangers in the forest carrying out practical and conservation work from rhododendron bashing to cleaning the river or helping look after the trails and sculptures in the forest. We will provide gloves and tools you just need to bring a picnic. They will be running from 10am – 2pm on Saturday 24th October and Wednesday 28th October. Booking essential, please email:

grizedale@forestry.gsi.gov.uk or call 0300 067 4495

If you prefer to spend a bit of time on your own, we are looking for volunteers to help us with some field survey work over the winter, check out our web site for more information, forestry.gov.uk/Grizedale, under the volunteer section, or email:

volunteer.lakelandforests@forestry.gsi.gov.uk.

If you would like to help ensure the forest is going to be around for future generations we are going to be tree planting on the Sunday 22nd November and Sunday 13th December. Booking essential, please email grizedale@forestry.gsi.gov.uk or call 0300 067 4495.

Hopefully see you at Grizedale in the next few months, Christina Turtle, Volunteer Coordinator.

## OXEN PARK CINEMA CLUB

In October we have three very different films showing, two at The Carhouse in Oxen Park - Saturday 3rd October – *2 Days 1 Night* – a French film by the Dardennes Brothers. 8pm start. Then Tuesday 6th October – *The Theory Of Everything*, about Stephen Hawkins, 7.30pm and a Supper Special, at Rusland Reading Rooms on Saturday 31st October 7.30pm – *The Babadook* – specially chosen for Halloween, so be prepared to be a little bit scared!! “Bubble, bubble, toil and trouble ...” what's for supper? Wait and see! Booking advised for all these 3 please. (861507).

On 1st October we have our first of 7 Thursday children's films at The Outback Hall, Backbarrow – first is *Shaun the Sheep* – not to be missed if you want to smile and be thoroughly entertained. They all start at 3.45 and everyone is welcome. These are only £2 and include a drink, snack and child care – what a bargain! The other October films at Outback are *Duma* (8th), *Watership Down* (15th) and *Finding Nemo* (22nd). Just turn up there is plenty of room.

We have started taking bookings for the pre-Christmas film *Cinderella*, so don't miss out if you are thinking about it

The AGM will be held at The Carhouse on Monday 5th October

## COLTON PARISH COUNCIL NEWS

**New Councillor for Central Ward:** We are very pleased to welcome Kate Lodge-Brown as a new Councillor for Colton Central Ward. Kate lives at Crosslands, Rusland where she lives with her husband and two children, and from where she runs a VW camper-van business.

**Adopt-a-Path Scheme for Colton's Rights-of-Way:** The National Park, like other public bodies, have suffered a significant reduction in government funding in recent years, resulting in staff redundancies and a re-assessment of priorities. Although there is already a formal system of trained volunteers working alongside the National Park staff rangers, it is just not possible for them to keep an eye on the condition of all rights-of-way. Noticing that some of our footpaths and bridleways are overgrown and some stiles in need of replacement, we have suggested that we try an 'adopt-a-path' monitoring scheme using local volunteers. If you would like to join in with others in adopting a local right-of-way and reporting back on its condition, please get in touch with the Clerk, Mandy Lane (details below).

**Super-fast Broadband (SFBB) - Winners and Losers:** Mike Postle, our 'Broadband Champion', reported to the Council at our September meeting on the latest news from the Connecting Cumbria initiative. Maps now released for Phase 1 of the initiative (expected to be completed by Spring 2016) show that SFBB connectivity is planned for the south of the parish - Lakeside, Finsthwaite, Bouth and Spark Bridge; these are the 'winners'. However, the central and northern sector of Colton Parish (Bandrake Head, Oxen Park, Rusland) looks like a 'broadband desert' and these areas are unlikely to see any benefit at all. Nibthwaite and the northern end of Colton hamlet are at the far range of the Spark Bridge SFBB cabinet and may well see no increase in speeds. The Parish Council is working closely with Mike Postle to lobby hard for better connectivity for in Phase 2. See Mike's very helpful blog for regular updates:

<http://postleorg.coffeecup.com/stream/>

The next Parish Council meeting will be on Monday 19th October, 7pm, Bouth Village Hall  
Mandy Lane (Clerk), T: 01229 861408, E: coltonpc@btinternet.com W: [www.coltonparishcouncil.org.uk](http://www.coltonparishcouncil.org.uk)

## APPROACHING RETIREMENT? NOT SURE WHAT TO DO?

Following pension reforms on April 6, people approaching retirement have greater freedom over how they can use their pension pots. People can take a lump sum, take out an annuity or a mixture of both. Pension Wise is a new Government service designed to help people make sense of their pension options, and empower them to make the right choices for them. Individual face to face Pension Wise guidance appointments are now available to book, for those aged 50 or over. The guidance will help you understand your options to access your (defined contribution) pension pots after age 55.

To book your guidance appointment locally call into any South Lakes CAB outlet or ring us on 015394



## CHURCH NEWS

*Dear Friends,*

*I sometimes find the words 'humility' and 'pride' a bit confusing.*

*Humility is good, I want to say, but we need to be careful. The boy who always cringes to the edge of the path to allow other kids to pass, or the girl who looks in the mirror and says 'Yuck!' are not to be congratulated for their humility.*

*That is a sorry state for any poor child to be in. And generally we don't want to be people who apologise our way through life, begging the pardon of others or of God for daring to be alive. The importance of feeling good about ourselves and liking ourselves cannot be underestimated. So many human faults can have their roots in human insecurity.*

*This leads me to want to say that pride can be good. There is a place for a proper pride in our lives: pride in our work, ourselves, our achievements, and the achievements of our families. Pride like this can spur us on to do better things and to encourage others to do better.*

*But my faith calls me to place pride in perspective. In the eyes of God we are all equal- we all have different talents and different ways of contributing to society, but in the end we are of equal worth. In our lives and in our work and within our families we can be proud, but still know our equality.*

*Pride is wrong and arrogant if it implies that people are of unequal value. True pride never says that one person is more important than another. Nor, indeed, does true humility.*

*John*

*The Vicarage, Hawkshead. 01539436301. ijcedixon@btinternet.com*

### CHURCH SERVICES FOR AUGUST

Sunday	Colton		Rusland		Satterthwaite	
October 4 <sup>th</sup>	9.30	Morning Worship	6pm	Evensong	9.45	Holy Communion
11 <sup>th</sup>	9.30	Harvest Festival	11.15	Holy Communion	6pm	Evensong
18 <sup>th</sup>	9.30	Morning Worship	6pm	Evensong	9.45	Service for all Ages
25 <sup>th</sup>	9.30	Holy Communion			11.15	Holy Communion
Sunday	Hawkshead				Sawrey	
October 4 <sup>th</sup>	8.00	Holy Communion	6pm	Churches together Communion	11.15	Harvest Holy Communion
	9.30	Morning Worship		Hawkshead Methodist Chapel		
11 <sup>th</sup>	9.30	H. C. with Sunday School	6pm	Evensong	11.15	Matins
18 <sup>th</sup>	9.30	H. C. with Sunday School	6pm	Evensong	11.15	Holy Communion
25 <sup>th</sup>	9.30	Holy Communion	6pm	Taize Style Service	11.15	Morning Worship

### COME FOR A WALK

The October Benefice walk is on Thursday 15<sup>th</sup>, starting from Troutbeck Church at 10.30 a.m. Parking is by the beckside, (turn left just over the bridge before the church) or on the bend in the main road beside the church. The walk is six miles. Bring a packed lunch. Further details from Sue Brooke 01229 860250.

### RUSLAND AND SATTERTHWAITE CHURCHES

The Coffee Morning at the Coronation Hall raised approximately £400 to be divided between the two churches. Thank you to all who worked hard to make the event a success and those who donated items.

### ALL SAINTS' CHURCH, SATTERTHWAITE

The first day of November is celebrated as All Saints' Day - the Patronal Festival of Satterthwaite Church - and this year it falls on a Sunday. The second day of November is known as All Souls' Day, or to use its full liturgical title, Commemoration of the Faithful Departed.

The P.C.C. has recently decided to purchase, with a legacy given to the church by the late Leslie Threlkeld, a votive candle stand, at which candles can be lit in memoriam or as an aid to prayer.

This will be dedicated on Sunday, 1st November at a service of Holy Communion celebrating both All Saints' Day and All Souls' Day. The first candle will be lit in memory of the late Mr. Threlkeld. Other candles may then be lit by those wishing to do so, in memory of a deceased relative, spouse or friend, whose name will be read out, if so desired, when the candle is lit. Names should be given, prior to the service, to either Churchwarden (Mrs. Sue Brooke, Mr. Edward Collins.) Everyone is welcome at this special Service on Sunday, 1st November at 9.45 a.m.

### RUSLAND & DISTRICT W.I.

Wednesday, 16th September was designated at the national day of celebration of the centenary of the formation of the Women's Institute. Never ones to be caught napping, Rusland & District W.I. met the day before! We were delighted to welcome many friends including a large contingent from Hawkshead. The evening began with a lusty rendition of Jerusalem followed, most appropriately by a talk on William Blake by Sue Mulvany. There was a gratifying amount of corks popped, a toast drunk to the W.I., a good supper and much chat found us wending our way home later than usual. The next meeting will be on Tuesday, 20th October at 7.30 p.m. at Satterthwaite when the speaker will be Sally Farrington on the History of Tea. All welcome, but any new members joining us and paying their yearly subscription in October get 15 months for the price of 12. Who can resist such a bargain!

DIARY DATES

October Sat	3 <sup>rd</sup>	Oxen Park Cinema Club – 2Days 1 Night – The Cart House – 8pm
Tues	6 <sup>th</sup>	Oxen Park Cinema Club- <i>The Theory of Everything</i> – The Cart House -7.30pm
Thurs	8 <sup>th</sup>	Oxen Park Cinema Club – <i>Duma</i> – The Outback Hall, Backbarrow – 3.45pm
Thurs	15 <sup>th</sup>	Benefice Walk – Meet at Troutbeck Church 10.30am
		Oxen Park Cinema Club – <i>Watership Down</i> – The Outback Hall, Backbarrow – 3.45pm
Fri	16 <sup>th</sup>	Fundraiser for <i>Raising Awareness and Supporting Children with Eye Cancer</i> – The Old Mil, Bardsea – 7.30pm
Mon	19 <sup>th</sup>	Colton Parish Council Meeting – Bouth Village Hall – 7pm
Tuesday	20 <sup>th</sup>	Rusland and District WI – Satterthwaite Parish Room – 7.30pm
Thus	22 <sup>nd</sup>	Oxen Park Cinema Club – <i>Finding Nemo</i> – the Outback Hall, Backbarrow – 3.45pm
Sat	31 <sup>st</sup>	Oxen Park Cinema Club Supper Special- <i>The Babadook</i> – Rusland Reading Room – 7.30pm

PERSONAL

- Welcome to the Wallaces, who have recently moved from Perthshire to live at Beckside Cottage, Thwaite Head. We hope you will be very happy in the Valley.
- **CALLING ALL GARDENERS!** There is a supply of well-rotted horse manure freely available in the muck heap in the field behind Satterthwaite Farm. Come and help yourself. Contact Fran Townsend on 860206 for access details.

Copy date for November edition, 27<sup>th</sup> October. Send to: - Liz Cringle Tel – 01229 860274, email: [liggerc@hotmail.com](mailto:liggerc@hotmail.com); Colin Barr – Oxen Park Tel: 01229 861408, email: [cj.barr@btinternet.com](mailto:cj.barr@btinternet.com); Elsie Wilkinson – Crosslands Tel: 01229 860253; Frances Townsend – Pepper House Tel: 01229 860206, email: [pandftownsend@gmail.com](mailto:pandftownsend@gmail.com); Sylvia Chadwick – Monks Cottage Tel: 015395 31685.

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