



RUSLAND & SATTERTHWAITE
NEWSLETTER

NOVEMBER 2023

305TH EDITION

This issue is sponsored by St Paul's, Rusland, P.C.C.

SEASON OF MISTS---

BONFIRE NIGHT AT BOWKERSTEAD

Saturday 4th November, 6.00pm

All are invited to Bowkerstead Farm. BYO drinks. Katvandu will be there with their selection of Nepalese delights. You are also welcome to bring your own fireworks.

MID-LIFE CRISIS

will be performing their annual Satterthwaite gig at the Eagle's Head on Saturday 11th November, 9.00pm until late. The band have been playing here annually for 22 years, raising thousands of pounds for charity. There is no entrance fee but there will be a bucket collection on the night, this year in aid of the Parish Room fund.

WREATH-MAKING WORKSHOP

Fancy a fun evening making your own door wreath for Christmas? A workshop is being held at the Satterthwaite Parish Rooms at 18.30 on Tuesday 28th November. It is £35 per person, which includes all foliage and decorative pieces, as well as mulled wine and Christmas chocolates! To book your place, contact Pauline on 07815 55454 or by email ppw211@hotmail.com

DALE PARK RAINFALL

The September rainfall was 11.89" and 11 dry days (2022 - 5.15", 13 dry). October to 23rd total is 6.06" and 6 dry days. The yearly total so far is 73.37" (2022 - 54") which seems to make this year a wet one!

OXEN PARK CINEMA CLUB

In November we are offering some unusual and special films - check them out on the website and book in.

First, on 7th November is a Supper Special and the film *BRIAN & CHARLES*. These sociable evenings are inclusive of film and supper, starting at 6.30pm in The Manor we all eat together. (Veggie & other options will be advertised) before going over to the film around 8pm. This film is a great British story about a relationship with a "frig" sorry Robot!

18th November - *CLOSE* at 7.30pm

Then a special one off on 26th November - a

Sunday afternoon at 4.30pm. First, *DRAIN SPOTTING* - one of very few public showings.

Not to be missed. A short film about our very own Archie, famous for his knowledge of drains and especially those found in the Parish of Colton. Following this, we will show *YOUNG PLATO* - one of my favourite films of the year.

A head teacher at a Belfast boys primary school introduces ways for the boys to deal with playground & relationship upsets. In the post troubles atmosphere of underlying unrest this film offers us - as parents, teachers or friends - a new approach for us to deal with our reactionary youngsters, instilling or reviving new values. He calls it philosophy.

The afternoon finishes around 6.30 - 7pm, so time for refreshments at The Manor - book in if you want to eat.

Looking ahead - check out *A MAN CALLED OTTO* on 5th December.

WOOD-WORKING TOOLS

Paul Townsend is reluctantly disposing of many of his power and hand wood-working tools, at very modest prices. For a list of what is available, or to come and see, please contact us on 01229 860206 or pandftownsend@gmail.com

**RUSLAND VALLEY HORTICULTURAL SOCIETY
LTD AGM**

24th November, 7.30pm, Rusland Reading Room.
This will be followed by a general meeting.
All welcome to come along.

SAVE THE DATE!

"Potato Day" is on January 21st 2024. A link to
Brighter Blooms who sell the produce is on
www.ruslandshow.org

COLTON PARISH COUNCIL NEWS

Community Grants Scheme 2023-204

Colton Parish Council's Community Grant Scheme supports small scale projects to improve community assets and wellbeing. We are now opening our 2023/24 scheme. Applications are welcome from individuals or groups so long as the project benefits the community. Previous successful applications have included grants for planters and plants to brighten up local public spaces, items to improve or update village halls, and equipment to support village community resilience groups. There is a simple and easy application form. To apply contact the clerk or see our website.

A2B Now Card

Westmorland and Furness Council has launched a new A2B Now card for children and young people. Cardholders can get discounts on bus services across Cumbria. See <https://www.westmorlandandfurness.gov.uk/parking-streets-and-transport/bus-services/a2b-nowcard>

Now cards are also available for disabled people and older people.

See <https://www.westmorlandandfurness.gov.uk/parking-streets-and-transport/bus-services>
Barrow and Ulverston Food Bank Christmas Appeal.

We have actively supported this vital service for a couple of years now and have been overwhelmed by the level of support from the community. Volunteers from Colton Parish area will be setting up drop points for donations in November. As well as the usual tinned and packaged food items, contributions of Christmas goods will be particularly welcome e.g., Tinned salmon and ham, Christmas cake, mince pies, chocolate, biscuits, crackers, tinned potatoes and other veg and Christmas puddings. To make a donation contact your local parish Councillor before the 21st November or see our website for details.

Our next Parish Council meetings are Monday 5th of November at Finsthwaite and Lakeside Village Hall and Monday 11th December with venue to be confirmed.

RUSLAND HORIZONS TRUST NEWS

Come and join Rusland Horizons for some great days out in the Rusland Valley. We still have one guided walk this year, two woodland work parties, a heritage skills workshop, and not forgetting the Rusland Horizons Trust AGM. Full details and booking for all events can be found on the website <https://www.ruslandhorizons.org/whats-on.aspx> with regular updates and all the latest news also shared on our social media (Facebook and Instagram).

Guided walk - Greenwood Trail 2, Haverthwaite Heights & Abbots Reading: Sunday 22nd October

The guided Greenwood Trails number 2 walk is approximately 3 miles long and will explore Haverthwaite Heights and Abbots Reading. The trail follows woodland paths and fields, with a few steep sections, but these provide some of the best viewpoints and places to have a tea break!

Save the date: Rusland Horizons AGM, Monday 30th October

The Annual General Meeting will again be held at Outback Hall, Backbarrow, starting at 6.30pm. Full details of the evening will be confirmed soon and available on our website, at the 'Latest News' page, as well as being shared on our social media.

Woodland & Coppice Management Work Party: Sunday 26th November

Booking is now open for our day of woodland conservation at Holywell Wood (near Greenodd). A range of woodland activities will be carried out throughout the day, such as tree felling, clearing and removing deer fences, firewood splitting, hedge creation and maintenance, hazel coppicing.

Invasive Species Removal Work Party: Saturday 9th December

We are returning to Black Beck wood, near Bouth, to cut back and remove more invasive rhododendron to help with the restoration of this native woodland and its flora. Rhododendrons are an invasive species, removal of them is important conservation work that will enhance and protect the woods, the wildlife and their habitats.

Dry Stone Walling - Initial Training: Sunday 17th December

Get hands-on helping to restore a treasured part of our landscape near Holywell Wood (Greenodd). For the first half of the day, you will be working under the guidance of expert waller, Stuart Farish. In the afternoon, we will continue walling on our own to rebuild a section of wall using all the skills we have learnt.

CHURCH NEWS

Dear Friends,

October was harvest month in the UK and will have had a special resonance for those of us who live in the country. You could see when the fields were ready and then the farmers out working very long hours and hoping the weather behaved. There was much at stake. Many churches held harvest festival services around this time.

The word harvest can of course be used in a range of contexts, including reflecting the outcome or impact of a person's life, whether for better or worse. I think that an increasing number of people, religious or otherwise, believe that we should all have a sense of responsibility for how we live, for how we look after the planet (that's a very topical concern) and for how we look after each other. And the Bible, which uses the word harvest quite a lot, is also interested in the spiritual dimension of our lives and the fruit that may come from that.

How should Christians strike a balance here, in terms of priorities and motivation, as they reflect on the harvest of their own lives? Paul's letter to the Philippians is very relevant in this regard. In chapter 1 he gives a firm word of instruction "Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel."

Now that is really a sermon in itself. It speaks of the witness of the whole of a Christian's life, including in public, and also the important support they can give each other. How does this relate to Christian lives today and the harvest of them? Well, Paul's talking about the importance of integrity, unity and faithfulness. Then in a later chapter of Philippians he becomes very personal. Paul had long realised that any claim he had once had in orthodox Jewish terms to be a perfect tenant of God's vineyard was worthless. His only hope and aim was to cling to Christ. Christianity for him was not a religion it was a person. C. S. Lewis echoed this when he said that there are three kinds of people. The first live simply for their own sake and pleasure, the second accept some other claim upon them, be it God or the good of society. They try and surrender to the higher claim as much as it demands, like paying taxes, but hope that there will be enough left over for them to live on. The third type are those like Paul who can say that for them to live is Christ. They have got rid of the tiresome business of adjusting the rival claims of self and God by the simple expedient of rejecting the claims of self altogether.

May God bless the harvest of each of our lives as we seek to support others.

Warmest wishes, Rev Nick Hallam

Sunday	Colton	Rusland	Satterthwaite
Nov 5 th		2.45	Royal British Legion Service
12 th			6pm Remembrance Service
19 th		5pm	Evensong
26 th		11.15	Holy Communion joint with Satterthwaite

Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey
Nov 5 th	9.30 Morning Worship	10.30 Morning Service	11.15 All Souls' Service
12 th	10.55 Remembrance Service	10.30 Morning Service	9.30 Remembrance Service
19 th	9.30 Holy Communion	10.30 Morning Service	11.15 Holy Communion BCP
26 th	9.30 Holy Communion	10.30 Morning Service	11.15 Morning Worship

Thursdays at 10am Hawkshead Methodist Church 'Time at 10'

NEW 100 CLUB

Hawkshead Esthwaite Primary School PTA is launching its 100 Club to help raise money for the school - and you could benefit too!

It costs just £2 a month to join, and one lucky person will win 25% of the club's income each month. So, after the first 100 tickets, someone will win £50. Anyone over 18 can join so please tell family, friends, and neighbours - the more the merrier and the bigger the prize!

All money raised will go to help fund activities and equipment for the pupils of Hawkshead Esthwaite Primary School. To join, and for more information, email hawksheadpta@gmail.com.

YOGA FOR ALL BEINGS WITH KIRSTY - TASTER CLASS FREE

To book, email or text kirsty.mawhinney@gmail.com 07766090106

Location: Rusland Reading Room LA12 8JZ 'WHAT 3WORDS'

Location: SPEEDILY LAKES DIAI

Time: Wednesday @11:00am - 12:00 noon

Those wanting more extended relaxation and a warm cuppa along with rejuvenating snacks are welcome to stay until 12:30

Dates in Nov and Dec 2023, Wed 15th | Wed 22nd | Wed 29th | Wed 6th | Wed 13th | Wed 20th | Wed 27th

RUSLAND and DISTRICT WI

In a break with tradition, in October we met at Finsthwaite Village Hall, when four members demonstrated their recipes under the title "Meals in Minutes." The large attendance crowded into the kitchen where Jan Benefield showed us how to make overnight oats for breakfast, Penny Seeds made an avocado dip suitable for lunch or a starter, Alex Mitton did a one dish lemon and vegetable chicken and Gill Faulding made a ginger cheesecake. There was very little left after we had sampled everything. The craft group meets weekly and the walking and eating group monthly. The next meeting on Tuesday, 21st November is the Annual Meeting which will be held at Rusland Reading Room at 7.30 p.m. All welcome.

SATTERTHWAITE SOCIAL SUPPER

which took place at the Parish Room on 7th October was a very successful evening, with over 40 guests who enjoyed an imaginative three-course supper catered by Rock Cottage Dining and Katvandu. The hall looked lovely, with sympathetic lighting and tables decorated with tea lights and candles. Over £600 was raised towards the Parish Room regeneration project. Thanks to all who supported the event, to the committee members who organised it, and special thanks to Simon and Mohit for the lovely food and to Mike Armstead for the splendid bar.

Copy date December/January edition, 26th November 2023. Please send to: - Liz Cringle - 01229 860274 liggerc@hotmail.com; Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com. Carol McNeill - crimcneill@gmail.com



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Yoga is known to have many benefits to health & well-being. The sessions I offer are tailored to the various needs of groups & individuals.

If you are interested in finding out more about classes, 1-1 or bespoke sessions please contact Jenny on: - 07866545760
All proceeds go to the
"Revival of Satterthwaite Parish Rooms"



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