



NOVEMBER 2022

294<sup>TH</sup> EDITION

*This issue is sponsored by Mrs Dorothy Brooks*

# AUTUMN LEAVES

## WE ARE BACK!

After three years of an enforced break the WI Carol Evening is returning by public demand. Come along and sing all your favourite carols at Satterthwaite Church at 7.30pm on Monday, 12th December. There will be wine and homemade mince pies.

All donations will go to Growing Well, the horticultural charity near Kendal that offers a safe, supportive working environment to nurture mental health recovery.

## RUSLAND VALLEY HORTICULTURAL SOCIETY

Our AGM followed by a Committee meeting will be on Friday 25<sup>th</sup> November 2022 at 7.30pm in Rusland Reading Room.

If anyone would like to become of member of our committee or be a helper please get in touch by email, [ruslandshowinfo@gmail.com](mailto:ruslandshowinfo@gmail.com)

A note for your diaries our Annual Potato Day will be on Sunday 22<sup>nd</sup> January 2023 in Greenodd Village Hall. Keep an eye on our website [www.ruslandshow.org](http://www.ruslandshow.org) & face book for more details nearer the time.

## RUSLAND VALLEY COMMUNITY TRUST

We are interested in hearing from anyone with ideas the trust can sponsor. Primarily for children but other suggestions will be considered. We look forward to hearing from you.

Please contact Angus 01229869316 or Anne 01229860242

## WINTER PRESENTATIONS AT THE CARHOUSE.

We have a few presentations by local people this winter. The first is on Friday 5th December at 8pm - John Postlethwaite will talk to us about his approach to modern day farming at New Close.

To book in contact Carol at [crlmcneill@gmail.com](mailto:crlmcneill@gmail.com) or 861507/ £3 on the door.

## THE RUSLAND HORIZONS TRUST

The AGM will take place on the evening of Monday 31st October at Outback Hall, Backbarrow at 6pm

§ All Creatures Great and Small - photo competition

Thank you to everyone that took the time to send us their fantastic photos for our competition. We received some beautiful images of the wildlife in the Rusland Valley. The competition closed on Thursday 13th October so there now follows the difficult job of judging all the photos and making the selection of winners that will feature in our 2023 calendar.

We'll announce the winners over the coming weeks as well as details of how you can order one of the calendars, which will make a wonderful Christmas gift.

§ Events coming up

Moth talk: On the evening of Thursday 10th November, we will be holding a 'Moths through the seasons in South Cumbria' talk at Hay Bridge Nature Reserve. Rusland Horizons' Edward Mills, local moth expert and enthusiast, will present a fascinating talk about the amazing, rare and beautiful moths in our area, sharing his wealth of knowledge about these wonderful creatures. The event is open for booking now, however places are limited so reserve your place quickly! Full details and link to booking can be found on the 'What's On' page on our website.

Thank you to Hay Bridge Nature Reserve for kindly allowing us to use their premises for the talk.

Alder tree planting: Details and plans for this event on Saturday 19th November are being finalised. We'll be sharing more information about this soon. Keep checking our social media and website for the latest updates.

<https://www.ruslandhorizons.org/whats-on.aspx>

## **SATTERTHWAITE PARISH COUNCIL NEWS**

We invited Alison Leyshon from the Forestry Commission to our September meeting to discuss a few things regarding the Parish.

### **1. Holiday Lets and Building new Houses in Satterthwaite**

There are plans to make Grizedale Hall Lodge and High Barn into holiday lets, the work has been tendered twice and Forestry England Estates team are dealing with this. At the moment both houses are uninhabitable and even if they decided to change their mind and put back to residential lets they would still be struggling to get the work done to make them fit for occupants.

There are no plans currently to build any houses in Satterthwaite, it was an idea mentioned at a FE managers meeting, but that is all it is at the moment. If they ever do decide to build houses in the parish there will be local consultation.

### **2. Locals Reduced Car Parking Charges.**

Alison was asked if there could be a locals' reduced rate for car parking, for people to use the café, go for a walk or do some activities. She said that Membership is available for a set fee for the year and if local people used the car park for 2 hours per month they would benefit from the Membership and they will also get 10% discount in the Café and other benefits including discounts off some clothing companies.

**3. More signage to mark walking and cycle route closures and diversions from damage during Storm Arwen will be looked into. Work will be starting in the next few months to try and get the routes reopened.**

We are in the process of changing our bank account from Cumberland Building Society to NatWest. This is because we want to move to online banking which will make all of our payments more efficient, and more easily accessible.

The Speed Surveying Camera will be going back out again during the October school holidays, as we only managed to collect a small amount of data.

The repairs have been done in the playground to the play equipment which is good.

We are still looking for another member of the Parish Council so if you would like to come and join us please contact Dawn at [clerk.satterthwaitepc@gmail.com](mailto:clerk.satterthwaitepc@gmail.com)

Our next meeting will be held on 7th November in Satterthwaite Parish Rooms at 7pm

Finally, we would like to send our thoughts and heartfelt condolences to Andrew Duncan on the sad passing of his beloved wife Helen.

## **DALE PARK RAINFALL**

September rainfall was 6.95" and 13 dry days (2021 3.91" and 16 dry days)

October to 24<sup>th</sup> 8.03" and 3 dry days (2021 6" and 7 dry days)

## **COLTON PARISH COUNCIL NEWS**

We are delighted to be opening our small grants process for local community organisations. These small grants are available for repairs or for new equipment for village halls or community groups. We will consider grant applications at each parish council meeting. Information posters should be in the notice boards soon or contact the clerk at [clerk@coltonparishcouncil.org.uk](mailto:clerk@coltonparishcouncil.org.uk) for an application form.

We are also delighted to be working with ACT Cumbria on preparation work on the community plan including developing some different ways to enable discussions about what the parish means to the community. All ideas or suggestions on how to best consult with you to get the widest range of views are very welcome. Our meeting in December is on the 5<sup>th</sup>. Venue to be confirmed as Bouth Village Hall is happily in the midst of substantial improvement work.

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## **RUSLAND and DISTRICT W I**

The October meeting was attended by 18 members and 5 visitors including a holidaying member from Leicestershire. After the usual business we had a most interesting talk from Tom Attwood of Halecat Nursery who told us about how he and his wife had started the business 12 years ago and then juggled that with the arrival of two children, who now like to help out, including looking after their own bee hive.

The Craft Group is thriving and currently making items for Christmas. The Book Group meets via Zoom and the Walking Group has a monthly walk and picnic. Preparations are going ahead for the Carol Evening on 12<sup>th</sup> December at Satterthwaite Church.

Our Annual Meeting is on Tuesday 15<sup>th</sup> November, 7.30pm at Rusland Reading Room. There will be a Quiz entitled "All Our Yesterdays". All welcome.

## **OXEN PARK CINEMA CLUB**

Only 4 films to go before Christmas!  
Saturday 19th November - Nightmare Alley.  
7.30

Tuesday 6th December - Wild Men, 7.30  
Saturday 17th December Dune 7.30 and  
Tuesday 27th December - Emily The little  
Match Girl- our Christmas Family show - 4pm  
Don't forget to book online.

*We were so sorry to hear about the death of Ron Mein. Ron was a great supporter of the Cinema Club taking the 'chair' for a few years and being a great historian he helped make some really good films about local history - The Gunpowder Works and the Blue Mill,*

## CHURCH NEWS

**Grace Cauldwell, our new Methodist minister writes:**

**“Do everything humbly and without moaning so you might shine like stars in the world” (Philippians 2, The Bible)**

**I wonder what you wanted to be when you grew up? An astronaut? A zookeeper? Apparently when I was 5 all I wanted was to be a supermarket cashier! I did get a chance to do that when I was a bit older, but I’m not sure any of us ever get to live out our childhood dreams fully. So this scripture is important to me, a reminder that whatever I’m doing it can be part of shining like a light in the world, making it a brighter place. I’m the new Superintendent Minister of the South Lakes Methodist Circuit, which sounds like a terribly grand title, but really it means I get to support other folk (in 7 churches over 10 locations) to do their bit in shining like stars. I also get to support the community in using their resources to shine like stars too! So really my reality is sometimes better than those early dreams. I also get to talk to people about living life to the full, which I try to do by being creative (fibrecraft is my current delight, you might find me some Thursday Mornings spinning yarn or weaving at the Methodist chapel in Hawkshead) and by enjoying nature, I love trail running and have just discovered wild swimming!**

**Part of shining like a star for me is finding the gaps that my peculiar skills fit into, I believe God created all of us as precious, and with gifts that can be shared to bring light into others’ lives. I have a real love for supporting new families, and am a Breastfeeding Counsellor, volunteering on the National Breastfeeding Helpline (0300 1000212) and at face-to-face sessions with South Cumbria Breastfeeding Support, and a baby carrying peer supporter.**

**I really look forward to getting to know you, to finding out how you all shine like stars in your communities, and how together we can make the world a brighter and more love filled place.**

**Grace**

### CHURCH SERVICES FOR NOVEMBER

Sunday	Colton	Rusland	Satterthwaite
November 6 <sup>th</sup>		2.45pm Royal British Legion Service	
13 <sup>th</sup>			6pm Remembrance Service
20 <sup>th</sup>		5pm Evensong	
27 <sup>th</sup>		11.15 Holy Communion	

Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey
November 6 <sup>th</sup>	9.30 Morning Worship	10.30 Morning Service	11.15 H.C. for All Souls
13 <sup>th</sup>	10.55 Remembrance Service	10.30 Morning Service	9.30 Remembrance Service
20 <sup>th</sup>	9.30 Holy Communion	10.30 Morning Service	11.15 Holy Communion
27 <sup>th</sup>	9.30 Holy Communion	10.30 Morning Service	11.15 Morning Worship

**Thursdays at 10am Hawkshead Methodist Church ‘Time at 10’**

### NEWS FROM ROOKHOW

Rookhow's Retreat Away Fund has supported 300 people from 20 groups to stay at Rookhow. As a charity we're committed to sharing the historic buildings and woodland with people who would otherwise not have a break away, particularly those with mental health problems. Time away from the stresses and strains of life in simple natural surroundings, can be the peace and restoration which people need. We have welcomed refugees, young people who have been marginalised, people recovering from addictions and families from Barrow.

Rookhow puts 5% of its bookings income into supporting these groups, so a holiday at Rookhow helps other people out too. There's still availability over the Christmas holidays so if anyone needs overspill accommodation or a pre-Christmas retreat in December, please check the Rookhow website & get in touch: <https://rookhow.org.uk> You can donate to this fund via our website.

Open Days on the 1st and 3rd Fridays of each month 10am-4pm with a short Quaker Meeting at 12.30-1pm. News has spread across the valley of Tim's legendary homemade cakes! Our volunteer guides will be happy to show you around and you can wander into the woods too.

Sue Nicholls, Rookhow Development Manager Tel 07377 971783

Email: [contactrookhow@gmail.com](mailto:contactrookhow@gmail.com)

### SATTERTHWAITE PARISH ROOM

The Minute Book of the Parish Room goes back to 1970 and makes fascinating reading. There have been only 3 secretaries in that time, Mr Stan Brownlee, Mrs M. Lamb and Mrs Hilary Collins, who is now stepping down after 20 years. The new secretary is Mrs Fran Townsend.

The room is in excellent condition with a well-equipped kitchen. Local groups are making good use of the room but more bookings would be welcome.

Visit the website or phone 01229 860181 to make a booking.

### HELP FROM CITIZENS ADVICE

Q.The cost of things just keeps going up. I've made cutbacks and, at the moment, I'm just about managing but I'm really worried about how I'll cope as it starts getting colder. What should I do?

A.If you're finding it hard to stay on top of bills, struggling with rising costs, worried about energy bills - remember you're not alone.

South Lakes Citizens Advice is here to help. Simply call

- 015394 46464 – leave a message and we will call you back
- 0808 2787 984 someone will be there to provide advice

You can contact us via our submission page on our website [www.southlakescab.org.uk](http://www.southlakescab.org.uk) – we will then contact you.

We can work with you 1) to make sure you know what money you've got coming in and out each month. 2) Look at what bills need to be paid as a priority. 3) finding out if you're eligible for any benefits or support with your energy and living costs. 4) advising on how to reduce living costs and providing information on other ways to increase your income.

### PERSONAL

- Our condolences go to Andrew Duncan on the death of his wife Helen.
- Our condolences also to the family of Ron Mein

Copy date for Dec/Jan edition, 25<sup>th</sup> November 2022. Please send to: -Liz Cringle - 01229 860274  
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