



RUSLAND & SATTERTHWAITE
NEWSLETTER

NOVEMBER 2019

276TH EDITION

This issue is sponsored by the Satterthwaite Table Tennis Group

“FALL” INTO WINTER!

NEWS FROM RUSLAND HORIZONS

31st October saw the formal launch, at Graythwaite Hall, of the book, *What's in a Name? – Rediscovering the Field-names of the Rusland Valley and Fells*. It has received lots of positive feedback, not only from those interested in the sound research, but also from those who simply enjoy looking at old maps.

Professor Angus Winchester wrote: “The book is a triumph a visually stunning production, highly informative and full of interest not only to those who love the Rusland area but to all with an interest in the rural landscape of the Lake District”.

It is in coffee-table format and is available to buy from secretary@ruslandhorizonstrust.org, or just ask anyone involved with RHT. It will make a great Christmas present! All proceeds go to the Trust.

The take up in membership of the Trust has been very encouraging since its launch in the summer. However, from a number of recent conversations, becoming a member is one of those things that, for some, remains on the ‘to do’. If you fall into that category, why not take a few minutes to go online and sign up. It will make a difference! www.ruslandhorizons.org/get-involved.aspx

We are putting together a series of events and activities for winter and early spring. Look out for updates, but one for the diary now is the Christmas Bash to be held on 1st December. There will be a choice of activities to get involved with, followed by a meal and get together at the Rusland Pool Hotel.

MANOR HAPPENINGS

Friday 8th November – 9.30pm - The Spiratones – more than just a gig, it's a whole show “*surf vibes, rumblin' guitars and pulp grooves - all served with an explosion of reverberating energy! Far-out instrumental music!*”
A date for your diary: 23rd December from 8pm, The Ulverston Town Band, served up with mince pies and carols!

RUSLAND VALLEY HORTICULTURAL SOCIETY

The AGM will be held on Friday 15th November 2019, at 7.30pm in Rusland Reading Room.

RUSLAND SPRING SHOW

Now is the time to plant your bulbs to exhibit at the Show! There is plenty of choice at our local garden centres and they are often reduced in price this month. Let's make it an even more magnificent display than ever in 2020!

LOCAL ORIENTEERING EVENT

Bethecar Moor, Sunday 24th November, 10-12.
Parking will be down the forest track from the top of Bessy Bank. Courses for all abilities.

Contact Carol McNeill E: crmcneill@gmail.com T: 01229 861 507

If you would like to join in, then check it out on www.lakeland-orienteeing.org.uk

OXEN PARK READING ROOMS – WINTER TALKS

1st November, Mandy Lane with “What's in a Name. Historic Field Names of the Rusland Valley and Fells.”
6th December – Carol McNeill with “A Long Walk Home”

Book now before it's too late. crmcneill@gmail.com

NEWS FROM THE EAGLE'S HEAD

Saturday 9th November – Mid Life Crisis will be playing from 9.00pm, as always, in aid of charity – details on the night, so bring plenty of change for the collection.
FOOD NEWS

Hand-made pizzas are now available to eat in or take-away.

If you are thinking of a get-together over the festive period, we are now taking bookings for our Christmas menu. This is now available in the pub or on our Facebook page [@theeaglesheadsatterthwaite](https://www.facebook.com/theeaglesheadsatterthwaite), or ring us on 860237.

Keep an eye open for Christmas and New Year events.

OXEN PARK CINEMA CLUB

We seem to be filling up fast these days!

5th November - *They Shall Not Grow Old* is Full with a second show on Sunday 10th.

16th November- *Sometimes, Always Never* is Full with a second show on Sunday 17th.

Bohemian Rhapsody on 3rd December is full – extra show on Sunday 8th. shows – so far.

REMEMBER REMEMBER!

There will be a Bonfire Party at Bowkerstead Farm on 8th November, with a Guy-making party to be held on Sunday 3rd November.

For full details, contact Dhanelle Threlkeld on 860 208

COLTON PARISH COUNCIL NEWS

Unfortunately, there are no plans at this point to improve the black spot around Bouth narrows which used to have cat's eyes. These were removed after a fatal accident a few years ago.

PC Jackson meets with Highways England quarterly and will report back from their next meeting in October, having listened to our concerns.

He can train us in community speed watch guns – however we need to provide a safe place to stand (pavement) and reasonable view – this will be challenging on the Spark Bridge Road He suggests speed monitoring by 6 – 8 people x 2 hours during daylight – we can note registration numbers of "offenders". Cost of laser if we wanted to buy £1,300 to £1,500 and the cost of speed indicator device (SID-smiley face) c£3,000 including fitting. It is best fitted to a lamppost

They cannot give us any rapid alert warning of accidents on the A590, but he is supportive of having a system where we notify nominated individuals – the best places for accident information are Cumbria Police Facebook page and Twitter.

SLDC Cllr. Ian Warton and members of the public discussed the Authorities approach to off road vehicles on 'green lanes', the latest information on the LDNPA 'Living Lakes Plan' and the accidents and diversions on the AS590 Trunk road.

If you are interested in helping in any of the following initiatives please email CPC on clerk@coltonparishcouncil.org or call Marion Brown on 01229 861690

- Help with reviewing road signage/road markings in the area

- Volunteer training in the use of a speed watch gun

- Setting up a 'rapid alert' group for when there are incidents that close the A590

- Councillor vacancies and update on election/co-option process: We are hoping to co-opt two new councillors to the longstanding East (Finsthwaite and Lakeside) and West Ward (Colton, Oxen Park, Nibthwaite and Spark Bridge) vacancies. We also now have a vacancy in the Central (Bouth/Rusland) Ward due to the resignation of Cllr Watson and posters are located in Bouth advising of the deadline for people to put themselves forward. If no interest is expressed we may have to co-opt, in which case there will be rigorous attempts made to advertise and recruit so that we have a full complement of Councillors once again.

clerk@coltonparishcouncil.org

RUSLAND and DISTRICT WI

The September meeting was held in Satterthwaite, with much to discuss after the summer and we were pleased to welcome a new member, Caroline Rushmer, who has come to live at The Syke.

We joined Urswick WI to run a successful coffee morning at the Coronation Hall which had raised almost £400.

A decision was made not to use tea bags at meetings because of the minute particles of plastic they contained. Loose tea will be put into muslin bags when we are brewing up.

Our calendar for 2020 is still on sale at £5, with all profits going to the defibrillator in Satterthwaite.

The Annual Carol Evening will be held in Satterthwaite Church on Monday, 9th December at 7.30 p.m.

This is our 75th anniversary year and part of our celebration is a meal out at Clare House, Grange-over-Sands on Thursday, 12th December.

We were delighted to welcome Giles Wingate Saul who gave a most amusing and informative talk "My Life in Law". He was thanked by Barbara Woddy, who presented him with a cake as a token of our appreciation.

The Annual Meeting is on Tuesday, 19th November at the Rusland Reading Room at 7.30 p.m. when we will celebrate our special birthday with fizz, canapes and a birthday cake. Several members will be giving reminiscences of days gone by.

HELP FROM CITIZENS ADVICE

Q. My gas and electricity deal has come to an end and the energy company has offered me a new contract. However, they're insisting I get a smart meter fitted. I've heard these don't really work and I can't see the benefit. Am I better off looking for a different supplier, or will the new company also force me to have a smart meter?

A. It's always worth shopping around. Citizens Advice has a tool on its website which shows how well suppliers perform on a range of measures, including customer service, rather than just price.

As regards the smart meter, you certainly don't have to accept one – and in some cases, it's not yet possible to fit one. However, it might mean you're not eligible for all the deals on offer, like cheaper tariffs.

If you do decide to go ahead, your supplier should explain the process beforehand, show you how it works and give you a number to call if anything goes wrong. Smart meters send daily meter readings to your supplier, meaning they can bill you accurately. This won't automatically save you money, but it can help you keep track of how much energy you're using so you can try to reduce it.

The Citizens Advice consumer helpline (03454 04 05 06) can give advice on smart meter issues. Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We have various outlets across South Lakeland and can also give advice over the phone – telephone 03444 111 444 for an appointment and help, 015394 46464 for debt and on-going enquiries. South Lakes Citizens Advice is a registered charity.

DALE PARK RAINFALL

October rainfall to 23rd was 4.91" (2018 7.1") The September total was 10.8" (2018 7.42") There have only been 5 dry days in October (2017 19 days)

CHURCH NEWS

Dear Friends,

As winter approaches we brace ourselves for the inevitable onslaught, via the media, of all things Christmas, what we will buy, how much we will spend? Being immersed as we are in the beauty of autumn and the varied colours of the Lakeland countryside at this time of year, the commercialism of Christmas all looks and feels so different, bombarded with images of gifts made of plastic and other materials, which will more than likely end up in the bin not long after Christmas!

How many of us, after opening our presents throw the wrapping paper and packaging in the general waste rather than taking it to be recycled? How often do people return unwanted gifts to the store?

The best gifts I have ever received have been the ones that someone has made for me, like my mum's knitted cardigans when I was a child and gifts that someone has obviously spent time sourcing, because they know that I will enjoy and treasure it, like a second-hand book or a piece of old jewellery.

Second-hand is not always second-best... spending time thinking carefully about what someone would like and then sourcing this second-hand, will not only save you money, but importantly as people are becoming increasingly aware, 'recycling and reusing' will reduce the amount of waste dumped in landfill.

An alternative approach would be a gift of 'an experience' something you know they will enjoy or giving people a gift of sponsoring 'something or someone' e.g. the gift of education for a child in a third world country. For Christmas decorations, instead of tinsel and plastic baubles why not try scented pine cones, collected locally from the forest floor?

We are all stewards of this planet and as such have a responsibility to look after it whilst it is in our care. As we near the Christmas season, let us all consider what we can do to minimise the harm to our planet, by putting a little extra thought into our Christmas preparations.

Helen Hoyle

CHURCH SERVICES FOR NOVEMBER

Sunday	Colton	Rusland	Satterthwaite
Nov 3 rd	9.30 Morning Worship	2.45 British Legion Remembrance Service	9.45 All Souls Communion
10 th	10.30 Remembrance Service	11.15 Remembrance Service	6pm Remembrance Service
17 th	9.30 Holy Communion	5pm Evensong	5pm Celtic Evening Prayer
24 th	9.30 Holy Communion	11.15 Holy Communion	

Sunday	Hawkshead Church	Sawrey
Nov 3 rd	9.30 Morning Worship	11.15 All Souls Communion
10 th	10.55 Service at the War Memorial followed by Service of Remembrance in Church	9.30 Remembrance Service
17 th	9.30 Holy Communion	11.15 Holy Communion
24 th	9.30 Holy Communion	6pm Celtic Evening Prayer 11.15 Morning Worship Methodist Chapel

HARVEST SUPPER

Although numbers were down, this was a very successful and enjoyable evening.

Thank you to all those who prepared the supper and helped in any way and, of course, to those who supported us. A total of £363.10 was made, to be shared between the two Churches

COFFEE AND CHAT!

At a recent "Coffee and Chat" session, taking place at the same time as a Flu vaccination clinic at Greenodd Village Hall, several people said they had been unaware of these regular meetings.

If you too were not aware of them, we hold a "Coffee and Chat" session on the 3rd Wednesday of the month between 10.30 and 11.30 am, in Greenodd Village Hall.

There is no charge for this, as costs are covered by Haverthwaite Surgery. Everyone is welcome and you don't need to be a patient at the surgery to join us.

There will simply be a cup of coffee/tea and biscuits and someone to talk to. The next one is on Wednesday 20th November. Please do come and join us.

DIARY DATES

Nov	Fri	1 st	Winter Talk – Oxen Park Reading Room – 7.30pm
	Fri	8 th	Bonfire Party – Bowkerstead Farm "The Spiratones" play at the Manor - 9.30pm
	Sat	9 th	"Midlife Crisis" play at the Eagles – 9pm
	Sun	10 th	Oxen Park Cinema Club – "They Shall Not Grow Old"
	Fri	15 th	RVHS AGM – Rusland Reading Room – 7.30pm
	Sun	17 th	Oxen Park Cinema Club – "Sometimes Always Never"
	Tues	19 th	Rusland and District WI – Rusland Reading Room – 7.30pm
	Wed	20 th	"Coffee and Chat" – Greenodd Village Hall – 10.30 to 11.30am
	Sun	24 th	Orienteering Event – Park on forest track from top of Bessy Bank – 10 -12 noon.

EDITOR'S REMINDER

The next edition covers December and the first two weeks of January 2020 and so please remember to notify me of any events coming up in those weeks of the New Year.

Copy date for Dec/Jan edition, 24th November. Please send to: -Liz Cringle -01229 860274 liggerc@hotmail.com Colin Barr –Tel: 01229 861408, cjbarr50@gmail.com (please note change of email address); Gordon Wilkinson – Crosslands Tel: 01229 860253; or Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com.

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