



NOVEMBER 2012

200th EDITION

This edition is sponsored by the Rusland and District WI

HAPPY BICENTENARY TO US!

The observant amongst you may have noticed that a significant milestone has been reached in the chequered career of our newsletter. Yes, this IS the 200th edition and it should not pass by without comment.

The first newsletter was produced in November 1994, by Gilly Lewis, and consisted of two sides of an A4 sheet. By issue 6 the format was basically that used today, including a masthead designed by Chris Benefield, and utilising two sides of an A3 sheet. Significant contributions to the history of the Newsletter were made by David Brown, who was the Editor from April 1996, initially assisted by Val Roberts, and Graham Hopkins who took over in October 2000 and saw in edition 100. On his sudden departure in late 2003, Colin Barr took over and did editions 101 to 115 (March 2005) as a stop-gap measure, and Liz Cringle, of course, has done a great job since then (85 editions and counting!).

A newsletter does not just happen spontaneously. Although the lion's share of work inevitably falls on the Editor, we should not forget the work of the contributors, printers, and distributors nor, of course, should we forget you, the reader, without whom a newsletter is fairly pointless. We should also thank our sponsors, many of which have been long-standing and great patrons.

What is remarkable about our particular newsletter is that information can be fed to the Editor on, say, a Wednesday and, depending on a fair wind and a few other factors, may be viewed by readers at the weekend. The format may not be high tech, or particularly glossy but, by God, it works! Well done everybody.

'LITTLE FORKS' by Rebecca Joy Sharp
7pm Friday 16th November 2012 at the Yan, Grizedale.

Immerse yourself in a stunning new performance within the beautiful setting of Grizedale Forest. 'Little Forks' combines literature, sound and film through the story of a brother and sister on a family holiday in the Scottish Highlands. Exploring themes of memories, landscape and the inner voice, the story soon takes a dark and mysterious turn as the brother and sister uncover a violent hidden secret from the past. Described as 'beautiful, lyrical work' by the Scottish poet and academic Meg Bateman, Rebecca's imaginative, compelling and captivating performance is not to be missed. There will be a Q&A session with Rebecca after the performance.

Tickets £8 from Grizedale Visitor Centre Shop
(01229 862010).

THE HISTORY OF GRIZEDALE HALL

A Talk by Charlotte McGowan-Griffin

SATTERTHWAITE PARISH ROOM- WED 21ST NOVEMBER AT 7:30PM
Charlotte will present the research she has brought together working at Grizedale Forest over the past 12 months. Charlotte has explored the history of the former Grizedale Hall, drawing on stories, archives and local knowledge. Charlotte will then illustrate her ideas surrounding this research.

Admission will be free and refreshments provided.

TREAT WITH CARE!

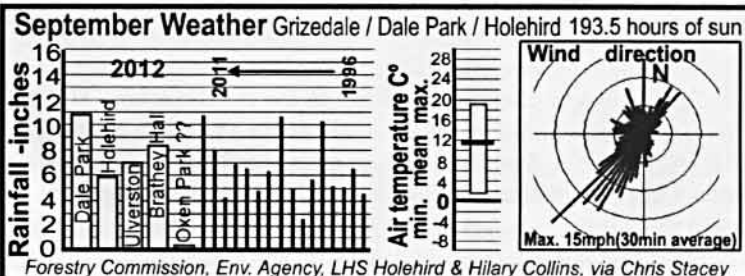
Those of you who have walked the bridleway between Oxen Park and Ickentwaite will know what a terrible state the route was in (extremely boggy down by the beck). Thanks largely to Sue McKinnon's efforts, National Park staff are now working to improve things. However, the new surface will be extremely soft until it dries through properly. A much better result will be achieved if bikes and horses, in particular (and even large groups of walkers) could avoid using this route for the next few weeks (otherwise things will get badly rutted).

SOME ENCHANTED EVENING....

Leven Valley Support Group for St Marys Hospice held a concert by the male voice quartet "Voce", Barrow's answer to Il Divo, at the Café Ambio, Haverthwaite. The audience was treated to a variety of music including songs by Josh Groban, Pavarotti and many others. During the interval there was a "Guess the weight of the cake" competition, a stunning iced Xmas Cake very kindly donated by Andrew Southcott, which weighed in at a staggering 23lb 5oz!!! The winner of the cake was only 1oz out! For the finale the group sang "The Impossible Dream" which had the audience spellbound! The evening raised the magnificent amount of £900 for the Hospice and The Support Group would like to thank everyone for their kind generosity and continued support.

DON'T FORGET!

Force Forge's rock band Mid Life Crisis are playing at The Eagle's Head, Satterthwaite on Saturday 10th November, starting at 9pm. They are collecting for the Alzheimer's Society.



SATTERTHWAITE PARISH COUNCIL NEWS

At the meeting of Satterthwaite Parish Council held on 9th October, Amanda Hancock, Project Officer, Windermere Reflections, talked about getting a better understanding of environmental issues affecting the Windermere catchment. She said that the three main issues driving this work are high phosphate levels which lead to algal blooms; the amount of sediment getting into the becks, rivers and lakes which smother fish eggs and bring pollution; and non-native invasive plant species like Himalayan Balsam which choke out native wildlife and leave soil vulnerable to erosion. She explained that Windermere Reflections provides lots of ways to learn more about the issues, the value of the lake and its environment and the area's cultural heritage and there are lots of ways to get involved and to learn new skills. Anyone interested to know more should go to its website: www.windermere-reflections.org.uk or call 015394 34401.

Sgt Ken Jewell emailed a police briefing: Nil accidents/collisions in Satterthwaite – previous issue about parking on the blind bend at Grizedale was reported to CC Highways engineer Victoria Upton; previous report of dead foxes was passed to PC John Baldwin who was asked to arrange removal of the carcasses and consider whether there is an indication of unlawful hunting. The police will be participating in National Road Safety week from 19 to 25 November. In particular: Working in schools with new drivers; Speed enforcement; Drink drive checks; Mobile phone checks; Cycle safety checks; Checking on parking and seat belt compliance outside schools; Driver eyesight tests; Poster campaign at accident and speed hot spots. Road Safety is a year round issue, overall the area does not have a serious road safety problem – the campaign is to highlight the more obvious issues and remind everyone to keep safety at the forefront of their mind. The public are asked to stay in touch with the police in Ulverston and Lakes area. The Police contact number is now 101.

Councillors are working to create a village centre parking area on the land belonging to the Council behind the Church. The wall will have to be lowered for sight safety at the entrance and a drain will need to be installed between car park and road. Prior to the work starting, the site will need tidying. Highways and LDNPA officers are to be consulted.

Cllr Thomason circulated email from Martin Elson (28 Sep): the works section is planning to start on the culvert during the week commencing 15 October. Cllrs Thomason and Thornley inspected verges for presence of saplings: nothing too threatening was found and a group of volunteers could clear (stretch south from Forge Mills Bridge). Cllr Elkington-Crabtree drew attention to shrubs outside school encroaching over the road and the clerk is to contact Eden Housing. Cllr Fletcher is to investigate the use of a lengthsman for two days a month.

It was resolved to hold the next Meeting on Tuesday 27th November 2012 at 7.30pm in the Satterthwaite Parish Room.

OXEN PARK CINEMA CLUB

November will be a busy month with 3 films and a coffee morning!

6th November - *Headhunters* – from Jo Nesbo's book – a very fast-paced crime thriller with many dark and hilarious moments – a must if you like a good evening's entertainment. Rusland 7.30pm

15th November – *101 Dalmations* – the older animated (best?) version. Leven Valley Primary School, Outback Hall. 3.45pm
Child care & snack included (£3) finish at 5.30pm

24th November – *The Well-Diggers Daughter* – a gentle, delightful film in complete contrast to the previous one. This is a Supper Special at Finsthwaite, so book with Carol - 861507.

15th November – Our Coffee Morning at the Coro, 9.30 – 12. Any bric a brac, books, baking, raffle/tombola prizes or offers of help all gratefully received by Carol or Jane Challoner, but why not just come and join us and relax for a while.

COLTON PARISH COUNCIL NEWS

Rural Speed Limits: According to the Department of Transport, more than two-thirds of deaths of people in road crashes in Britain in 2010 happened on rural roads, even though only about 42 per cent of total mileage was driven on them. A consultation proposes that local authorities should consider a 40mph limit on rural roads where "there are many bends, junctions or accesses, substantial development, a strong environmental or landscape reason, or where there are considerable numbers of vulnerable road users (walkers, cyclists and horse riders)". Your Council has expressed its concern as follows: "a 40mph limit would be entirely inappropriate for our narrow and winding rural roads where 40mph is rarely possible and often too fast to be safe. At the moment there is effectively no meaningful limit, so people drive according to their own perception of what is safe. We fear setting the limit to 40 might actually have the reverse effect of that intended, and encourage traffic to travel at that speed (and therefore far too fast). A 30mph limit might be more meaningful."

Winter Gritting: A possible change in the rules on the use of red diesel for gritting roads would enable local farmers to distribute grit where they can. County Highways have issued winter gritting proposals which include training for volunteers willing to grit roads, and an offer to lock roadside grit bins to prevent grit being taken for personal purposes (don't worry, we have explained that this is NOT appropriate in our area, since we have to access the bins to grit the roads ourselves!). It seems that bulk loads of grit will once again only be issued in an 'emergency' rather than at the beginning of winter; this is disappointing, as last winter the grit arrived just as the thaw had set in! However, we do have grit left over from last winter, and the Clerk has sent in a reminder list of our grit bins to Highways to try to ensure they all get filled in good time.

Our next meeting is on Monday 3rd December in Rusland Reading Rooms at 7.30pm. Everyone welcome.

Mandy Lane (Clerk), T: 01229 861408,

E: coltonpc@btinternet.com

W: www.coltonparishcouncil.org.uk

RUSLAND & DISTRICT W.I.

The October meeting was held in Satterthwaite when a beautifully illustrated talk was given by Mrs Julia Hoggard on Gardening for Bees. Mrs Hoggard hails from Brigsteer where she has several hives and is developing a bee conservation meadow. However, her talk was about all sorts of bees and we learnt about solitary bees, such as bumble bees, as well as honey bees. Mrs Hilary Collins gave the vote of thanks.

Arrangements were made for the annual meal out, this year a lunch at the Netherwood, Grange, and two teams have been entered for the Federation Pub Quiz at Rusland Pool. Mrs Jean Crabtree also gave an account of her recent visit to the WI Denman College to study World Food, and the mishaps of her travels there and back. The following day several members enjoyed a visit to the Theatre by the Lake in Keswick to see "Bedroom Farce." The WI choir have started rehearsing for the Carol Concert to be held in Satterthwaite Church on Tuesday, 11th December at 7.30 p.m. We next meet on Tuesday, 20th November at 7.30 p.m., at Rusland Reading Room for the Annual Meeting when elections will be held for all the officers and committee and annual reports given. All welcome.

SATTERTHWAITE PARISH COUNCIL VOLUNTEERS WANTED!

to help Satterthwaite Parish Councillors clear saplings from the road south from Force Forge Bridge. Date to be arranged.
Contact: Mike Thornley on 015394 36353

CHURCH NEWS

Dear Friends,

I don't know how many people have been inspired to do something by something I have written here. Not many perhaps, but I now know that at least one person has, even if that person happens to be me!

I was thinking about generosity and how we can be generous with things other than money. We can be generous with time and talents as well. And what about organ donation- the gift of an organ to help someone who needs a transplant, given by you after your death?

In recommending that people think about this, it occurred to me that I ought to do something about it myself, hence being inspired to do something by something I had written (or to be strictly accurate, was about to write). It is very easy to do. I did it by going to www.organdonation.nhs.uk, or you can phone 0300 123 23 23. It doesn't matter if you can't remember whether or not you have done it before, as was the case with me. Registering again will simply update the records. It is very straight forward and you can select which organs you would be willing to donate, or just tick a box to say you'd be willing to give all of them. It is also important that your next of kin knows what your wishes are.

The generosity of donors and their families enables over 3000 people in the UK every year to take on a new lease of life. Like giving blood, it is a simple thing we can do, which will actually save lives. From a Christian perspective, if this is not loving your neighbour, I don't know what is.

John The Vicarage, Hawkshead, 015394 36301. jjcedixon@btinternet.com

Sunday		Colton		Rusland		Satterthwaite	
Nov	4 th	10.30	Morning Family Worship	2.45	British Legion Service of Remembrance	9.45	Holy Communion
	11 th	10.30	Remembrance Service	11.15	Parish Service of Remembrance	6pm	Service of Remembrance
	18 th	9.30	Holy Communion	5pm	Evensong	9.45	Service for All Ages
	25 th	9.30	Holy Communion	11.15	Holy Communion		No Service
Sunday		Hawkshead				Sawrey	
Nov	4 th	8.00	Holy Communion	6pm	Healing Service	11.15	Holy Communion
		9.30	Service for All Ages		Hawkshead Methodist Chapel		
	11 th	10.50	Service at the War Memorial				
		11.00	Service of Remembrance	6pm	Evensong	9.30	Service of Remembrance
	18 th	9.30	H.C.with Sunday School	6pm	Evensong	11.15	Holy Communion
	25 th	9.30	H.C. with Sunday School	6pm	Evensong	10.30	Church at Home ,Little Ees Wyke

A TASTE OF SCOTLAND

Friday 30th November – 7.30pm – Satterthwaite Parish Room
 Culinary delights from North of the Border, with a dash of history.
 Not a bagpipe in sight! Lots of sampling. Haggis?.....well, perhaps.
 In aid of Satterthwaite Church.
 Tickets £5. Raffle.
 For further information contact Jean Crabtree on 01229 860021

MOTHERS' UNION

It is encouraging that at our October meeting we had two new members. The speaker was Anne Garland, the M. U. Diocesan representative who came to speak about A.F.I.A (Away from it all) which is the part of 'Action & Outreach' (A & O) that provides funding for families under stress, those old, young, mums with small children, short of money for holidays or outings and grannies who are far away from their families. The M.U. 'A & O' have a choir with members all over the Diocese and have recently performed at Boarbank.

Our Next meeting is a Pre Christmas Celebration on Tuesday 13 November, 2:15pm, Haverthwaite Church Hall.

New members are always welcome and can find that there are many aspects of Christian life in which the M.U. involved that are of a practical nature.

HOME SWEET HOME

Housing is always a contentious issue in South Lakes, with so many holiday homes and second homes some villages can seem like ghost towns in the wet winter months. There's been a lot of discussion around the Council's plans for social housing in all its various forms, but what about the private rented sector?

More than 1 in 10 homes across South Lakeland are rented from Private Landlords and your local Citizens Advice has recently carried out a survey of houses to rent in our area. Rents are often high because Landlords can choose holiday letting instead of renting to someone who lives in South Lakeland. We found more than 120 homes available, with the average rent for a 2-bed house at more than £600 per month. Just 3% of the homes we found were affordable to people claiming housing benefit (called Local Housing Allowance or LHA) meaning that Tenants have to look for cheaper or smaller accommodation often further away, or find the extra money somehow to top-up their benefit payment.

It's not easy for Landlords either. Often buy-to-let mortgages and insurance policies won't allow Tenants that claim benefits, and there can be delays in getting benefit payments processed leading to arrears.

We are interested in finding out more, so if you are Tenant getting LHA, or a Landlord let us know how your views by using our online questionnaire at www.cumbriaruralcab.org.uk. We will use the information to try and lobby for improvements both locally and nationally.

Free, confidential advice and help is available from the Citizens Advice Bureau on any aspect of housing, debt, benefits, employment and any other problems. You can contact the Grange or Windermere Citizens Advice Bureau by phone or in person. Call 015395 33100 / 015394 46464. If you don't need us for advice, how about helping us by becoming a volunteer or making a donation? Not many people realize that we are a charity - see our website for details www.cumbriaruralcab.org.uk.

DIARY DATES.

Nov	Tues	6 th	Oxen Park Cinema Club – <i>Headhunters</i> – Rusland Reading Rooms – 7.30pm
	Sat	10 th	"Midlife Crisis" – Eagle's Head, Satterthwaite– 9pm
	Tues	13 th	Mothers' Union – Haverthwaite Church Hall – 2.15pm
	Thurs	15 th	Oxen Park Cinema Club – Coffee Morning – Coronation Hall, Ulverston, 9.30am – 12 noon Oxen Park Cinema Club – <i>101 Dalmations</i> – Outback Hall, Leven Valley School – 3.45pm
	Fri	16 th	"Little Forks" – The Yan, Grizedale – 7pm
	Tues	20 th	Rusland and District WI – Rusland Reading Rooms – 7.30pm
	Wed	21 st	"The History of Grizedale Hall" – Satterthwaite Parish Room – 7.30pm
	Sat	24 th	Oxen Park Cinema Club – <i>The Well Digger's Daughter</i> – Finsthwaite Village Hall – 7.30pm
	Tues	27 th	Satterthwaite Parish Council – Satterthwaite Parish Room – 7.30pm
	Fri	30 th	"A Taste of Scotland" – Satterthwaite Parish Room – 7.30pm
Dec	Mon	3 rd	Colton Parish Council – Rusland Reading Rooms – 7.30pm
	Tues	11 th	Rusland and District WI – Carol Concert – Satterthwaite Church – 7.30pm

ON HER BIKE!

Amy Hool would like to thank all those who donated/sponsored her to do the 112-mile Fred Whitton Challenge for the Legacy Cumbria Friendship Group (Jack's Appeal) back in September. For anyone who has yet to get their money to Amy please do so asap. Along with Stef Sykes, Amy is hoping to have raised around £2000!!!!.

[Ed: Monumental achievement Amy – well done from everybody].

PERSONAL

THE SAMARITANS

Whatever you're going through, we'll go through it with you. Phone 01229 825656 or 08457 909090

PLEASE NOTE! The next edition covers December to mid January, so please send details of any events in the New Year. Ed.

Copy date for December edition 27th November. Send to: Liz Cringle Tel – 01229 860274, email; liggerc@hotmail.com; Colin Barr – Oxen Park Tel: 01229 861408, email: cjb@barrecol.co.uk; Elsie Wilkinson – Crosslands Tel: 01229 860253; Frances Townsend – Pepper House Tel: 01229 860206, frances.townsend@virgin.net; Sylvia Chadwick – Monks Cottage Tel: 015395 31685

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