



RUSLAND & SATTERTHWAITE  
NEWSLETTER

MAY 2014

216<sup>TH</sup> EDITION

*There is no sponsor this month*

## **“ON HEARING THE FIRST CUCKOO IN SPRING”**

The Pattersons at Ickentwaite heard a cuckoo there in the last week of March.

### **TURQUOISE ROCK AT THE EAGLE'S HEAD.**

Satterthwaite's newest rockers, The Boggle Banned, are playing at the Eagle's Head on Saturday 10th May.

Dancing (and pogo-ing) from 9pm.

Come and join the fun.

**SATURDAY 14<sup>TH</sup> JUNE, 9.00PM – ADVANCE NOTICE**

The band Taxi are returning by popular demand

### **BLOSSOM AND BLUEBELLS**

Bouth WI is holding their ever popular Spring Walk and Cream Tea on Saturday 3<sup>rd</sup> May 2014 commencing 1pm sharp. The start is at Bouth Village Hall. Everyone is welcome and there are walks to suit all ages and abilities. Enjoy a lovely stroll through our beautiful countryside (map provided). A delicious cream tea is served between 3 – 5pm.

Cost: £5 - adults, £1 - children under school age. We do ask that children are kept under control and dogs kept on leads. We look forward to meeting you.

### **MAY EVENTS IN GRIZEDALE FOREST**

**Saturday 10<sup>th</sup> May 10.00am – 4.00pm**

**CitizenCairn with BBC Radio Cumbria's Up for Arts**

Celebrate these icons of Cumbria's landscape by building a cairn of your own. Master the patient art of stone balancing with arts duo Responsible Fishing, make a wood cairn, paint a stone or balance yourself into a human cairn. Free admission.

**May 24<sup>th</sup> – 28<sup>th</sup> Cumbria Wood Turners Exhibition**

An opportunity to see working lathes producing turned products along with displays and children's activities.

**Thursday 29<sup>th</sup> May Give Nature a Home with RSPB**

Simple and fun activities for the whole family to give nature a home on your doorstep – mini-Wormery making.

Further information from the Visitor Centre on 860010.

### **SPINNING CLASSES AT BECKSIDE FITNESS**

Due to the high demand, there is now a Tuesday Spin Class at 7pm. Please note our telephone number is 01229 860244

### **LOVE YOUR FOREST**

Volunteers are being invited to make a difference to their local forest through a new project launched by the Forestry Commission: Love Your Forest

Grizedale Forest is looking for volunteers to make a difference through various roles including: assisting in the delivery of arts programming ; or taking visitors on guided walks; or becoming a visitor experience volunteer.

Grizedale Forest is famous for its outdoor sculptures. Since 1977 leading international artists have created sculpture in response to Grizedale Forest's unique environment, establishing the first collection of site-specific art in the UK. Now around 40 artworks are located across the forest, linked by a network of walking and cycling trails. The Forestry Commission is now seeking forest art works volunteers to work with its arts development team.

The Forestry Commission is also recruiting volunteers to lead walks and to take on a visitor experience role at Grizedale which will entail helping on family events, meeting and greeting visitors and gathering visitor feedback.

The benefits of volunteering are manifold. You will receive training and have the opportunity to learn new skills. It is also a great opportunity for people who want to pursue a career in the arts industry, customer care, visitor experience or even education. You will meet people from all walks of life and make a difference to their experience.

Grizedale is home to the only remaining indigenous woodland herd of red deer in England. There are also roe deer living in the forest and the bird life includes buzzards and barn owls as well as red kites, thanks to the recent Grizedale Red Kite re-introduction project.

If you are aged 16 or above and would like to volunteer please complete an application form.

Go to [www.forestry.gov.uk/grizedale](http://www.forestry.gov.uk/grizedale) and fill in the online application form or email Volunteer Co-ordinator, Katherine Patterson at [katherine.patterson@forestry.gsi.gov.uk](mailto:katherine.patterson@forestry.gsi.gov.uk)

### OXEN PARK CINEMA CLUB

The cinema club will be showing *Blue Jasmine* scheduled for Saturday 10 May and *Gravity* on Tuesday 7 June, but please check the website nearer the time in case we have to change the dates. Booking not essential but advised.

We are working with Leven Valley Primary School and the Cartmel Schools Film Project and have just received 52 films from 158 pupils ready for judging. The festival and awards ceremony, supported by the Kendal Mountain Film Festival, will be held at the Victoria Hall in Grange on Monday 19 May 6:00pm

### COLTON PARISH COUNCIL NEWS

(Taken from the Colton Parish Magazine)

There have been expressions of concern with regard to the parking arrangements for the Cinema Club and residents have requested the Parish Council to hold a meeting to clarify the situation. The council resolved that a meeting should be held and that representatives would be invited from the authorities and the parties involved.

The issue of trail bikers has been raised and warning notices have been issued to bikers caught riding illegally off road.

**Highways and Lengthsman:** The council are to apply for funds to paint SLOW markers on the road on either side Oxen Park. A request has been made to the Highway Authorities for a 'Width Restriction' sign to be erected at the junction of the A590 at the Toll Bar in order to prevent large vehicles accessing the route to Spark Bridge and beyond.

The nuisance of litter on this route is continuing to be a problem and the S L D C have stated that they will monitor the situation. It has been reported that the flooding of the highway adjacent to the 'Field of Pigs' has been resolved and the deep potholes filled in.

There has been a meeting of the Illegal Off-Road Working Group where it was reported that the illegal activity had got significantly worse over the last six months. It was unfortunate that the key organisations appeared to have withdrawn from the group; the police, Forestry Commission and Natural England were not present.

The council will try to re-engage these key authorities and are looking for funding opportunities for more robust signs.

### SATTERTHWAITE PARISH COUNCIL NEWS

Because of outbreaks of the disease, Phytophthora Ramorum within Cumbria, last autumn the Forestry Commission produced a contingency plan for dealing with the further spread of the disease. The FC has now drawn together an amendment to its management plan for Grizedale forest which will shortly be lodged for formal approval. A copy of this can be found at the following web location.  
<https://enlandconsult.forestry.gov.uk/forest-districts/ee7b8b55>

### RUSLAND and DISTRICT W.I.

At the April meeting we continued arrangements for our 70th Birthday Party on Saturday July 19th, to which all members and former members will be invited. Hat making classes are proving very popular and the £10 challenge, which is designed to fund the party, is giving much pleasure to many people with lunches, afternoon teas, apron sales, a coffee morning, plant sales, massages and cake stalls, to name but a few of the innovative ideas that keep coming. We then had a most interesting talk from Joy Grindrod with her dog Einich about the work of the Search & Rescue Dogs. Joan Fletcher gave the vote of thanks.

The next meeting will be a garden one on Tuesday, 20th May at the home of our treasurer Judy Shaw.

### BE WISE TO SCAMS

We are hearing of more and more scams in our area. Stay safe with our tips.

- Government and financial institutions will *never* ask for information by email.
- Don't give information yourself, instead confirm what the cold caller already has. Beware - Scammers have a surprising amount of accurate data.
- Never give complete passwords or full account information but instead confirm certain letters or the last few digits.
- If someone phones you, take their details and phone them back later that day *from a different phone*. Scammers often keep the call connected so phoning back immediately from the same phone is like being put on hold and doesn't create a new call.
- Request written information before making a decision, but beware of giving your address if they don't already have it.
- Don't give anyone 'remote' access to your computer over the phone.

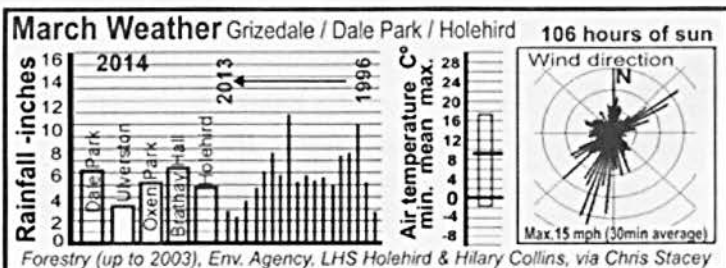
Signs of a scam

- The call, letter, e-mail or text has come out of the blue.
- You are asked to send money in advance.
- You are under pressure to respond quickly, no time to think about it or get advice.
- You're offered something for nothing and it seems too good to be true.
- Scare tactics are used, for example claiming your computer has been hacked or identity stolen.

What to do if you have been scammed

- Report it to Action Fraud on 0300 123 2040 to help stop it happening to others.
- If you've used your credit or debit card ask your bank for a chargeback.
- Get advice and report it to Trading Standards through the Citizens Advice consumer service on 08454 04 05 06 or online advice at [www.adviceguide.org.uk](http://www.adviceguide.org.uk)

Free, confidential advice and help is available from Cumbria Rural Citizens Advice Bureau on any aspect of consumer problems, benefits, debt, housing, employment and any other problems. We have various outlets across South Lakeland and can also give advice over the phone - telephone 015394 46464 for an appointment and help.



## CHURCH NEWS

*Dear Friends,*

*I remember years ago a train journey across London. It was hot and the train was crowded. I was standing up. The woman standing next to me had perfected the London art of standing in the middle of a train and reading a book, which was completely engrossing her. Eventually I caught a glimpse of what she it was, and I remember being quite surprised to discover she was reading the Bible.*

*Then the man standing next to me pulled out a book too, and began to read it. It was the Bible as well. Looking round, I noticed that about half the people in the carriage were reading Bibles.*

*I ought to have been thrilled, but in fact I felt curiously uneasy, stuck on a train, surrounded by people reading the Bible. With a certain amount of horror I find myself admitting a prejudice. I feared that the religion of these Bible-readers would of an extreme nature, fundamentalist and intolerant. I don't know whether I was right, but what they were doing was just not the done thing. It is fascinating to think that in the days of the Reformation, the equivalent sight would not have been at all surprising. People learned to read because of the Bible. That was what reading was for. They felt sure that the Bible had the words of life. That was all that was needed.*

*But now I think people, even church-going people, are not so sure. But I find that if I approach the Bible (some bits more than others) with an open mind and heart, not necessarily looking at the literal meaning, but listening to what it has to say for me today, the dry words can often take on flesh and live. The Word becomes flesh.*

*John,* *The Vicarage, Hawkshead. 015394 36301. jjcedixon@btinternet.com*

## CHURCH SERVICES FOR MAY

Sunday		Colton		Rusland		Satterthwaite	
May	4 <sup>th</sup>	9.30	Morning Worship	6pm	Evensong	9.45	Holy Communion
	11 <sup>th</sup>	9.30	Holy Communion	11.15	Holy Communion	6pm	Evensong
	18 <sup>th</sup>	9.30	Holy Communion	6pm	Evensong	9.45	Holy Communion
	25 <sup>th</sup>	9.30	Holy Communion	11.15	Holy Communion		No Service

Sunday		Hawkshead		Sawrey			
May	4 <sup>th</sup>	8am	Holy Communion	6pm	Healing and Wholeness Service	11.15	Holy Communion
		9.30	Morning Worship		Hawkshead Methodist Chapel		
	11 <sup>th</sup>	9.30	H.C. with Sunday School	6pm	Evensong	11.15	Matins
	18 <sup>th</sup>	9.30	H.C. with Sunday School	6pm	Evensong	11.15	Holy Communion
	25 <sup>th</sup>	9.30	Holy Communion	6pm	Taize Style Service	11.15	Morning Worship

## COME FOR A WALK

It is proposed to start a Hawkshead Benefice Walking Group, to meet once a month and do a walk of around five miles and visit a church. To test whether there is interest in this idea a walk will take place on Thursday, 8th May to walk from Woodland Church to Beacon Tarn, where a stop will be made for a picnic lunch (bring your own!) and then back by Hodge Wife Gill. Woodland Church will be visited at the end of the walk. Meet at 10.30 a.m. at the triangle of roads about 200 yards north of Woodland Church Map ref. SD247895. All welcome, including Dogs, but there will be sheep on the fell. More details from Hilary Collins 01229 860312.

## ULVERSTON CHORAL SOCIETY SPRING CONCERT

Ulverston Parish Church, Saturday 10 May, 7:30pm.

Performing Karl Jenkins 'The Armed Man' & Vaughan Williams 'Dona Nobis Pacem'.

Tickets £12, available at the door or from Mrs. P Gillman T: 01229 716 321.

## MUSIC FOR A SUMMER EVENING

Programme of Concerts to be held in The Parish Church Hawkshead

### JULY

Tuesday 1 <sup>st</sup>	K Shoes Male Voice Choir - Step this way – there's something for everyone.
Saturday 5 <sup>th</sup>	Manchester Chorale - Vocals from contemporary to classic.
Tuesday 8 <sup>th</sup>	Peter Brown - The life and times of a cocktail pianist.
Tuesday 15 <sup>th</sup>	La Serenata Ensemble - A special something to surprise and delight.
Tuesday 22 <sup>nd</sup>	The Kentdale Ensemble - Chamber music with an international flavour.
Tuesday 29 <sup>th</sup>	Allegrì Singers - Performing rare and wonderful musical masterpieces.

### AUGUST

Tuesday 5 <sup>th</sup>	Lucy McKay and Jamie Thompson - Violin and piano to entertain you.
Tuesday 12 <sup>th</sup>	Lake District Summer Music Concert featuring some of the best new talent around.
Tuesday 19 <sup>th</sup>	Kirkby Lonsdale Handbell Ringers - Come ring the changes with this lively crew
Tuesday 26 <sup>th</sup>	Dalton Town Band - End our season with this bold as brass performance!

All performances begin at 8pm

### DIARY DATES

May	Sat	3 <sup>rd</sup>	Bouth WI Spring Walk and Cream Tea - Start from Bouth Village Hall -3pm to 5pm
	Tues	6 <sup>th</sup>	Colton Parish Annual Parish Open Meeting and Annual Parish Council Meeting - Bouth Village Hall - 7.30pm
	Thurs	8 <sup>th</sup>	Hawkshead Benefice Walk - Meet at Woodland Church 10.30pm
	Sat	10 <sup>th</sup>	<i>The Boggle Banned</i> - Eagle's Head - 9pm
			Oxen Park Cinema Club - <i>Blue Jasmine</i> - The Cart House, Oxen Park - 7.30pm
	Tues	20 <sup>th</sup>	Rusland and District WI - Meeting at the home of Judith Shaw, Esthwaite Cottage

### FAMILY FUN DAY

11am - 5pm, Sunday 18th May 2014

Brathay Hall, Ambleside, LA22 0HP

Free entry. Car park £5. Small charge for some activities.

Enjoy a fun-packed day out with climbing wall, zip wire, high ropes course, canoeing, bouncy castle, live music, arts and crafts stalls & hot and cold food.

[www.brathaywindermeremarathon.org.uk](http://www.brathaywindermeremarathon.org.uk)

### WINDERMERE REFLECTIONS

The National Park is organising a 'Winderclean' community litter picking event which will take place on Saturday 17 May. If you can give some help on that day or are willing to co-ordinate we would love to hear from you.

Contact Debbie T: 015394 34401, E: [debbiebinch@windermere-reflections.org.uk](mailto:debbiebinch@windermere-reflections.org.uk)

### PERSONAL

THE SAMARITANS -Whatever you're going through, we'll go through it with you. T: 01229 825656 or 08457 909090

Copy date for June edition, 27<sup>th</sup> May. Send to: - Liz Cringle Tel - 01229 860274, email: [liggerc@hotmail.com](mailto:liggerc@hotmail.com); Colin Barr - Oxen Park Tel: 01229 861408, email: [cjb@barrecol.co.uk](mailto:cjb@barrecol.co.uk); Elsie Wilkinson - Crosslands Tel: 01229 860253; Frances Townsend - Pepper House Tel: 01229 860206, email: [frances.townsend@virain.net](mailto:frances.townsend@virain.net); Svlvia Chadwick - Monks Cottage Tel: 015395 31685

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