



RUSLAND & SATTERTHWAITE
NEWSLETTER

MARCH 2017

247th EDITION

This Edition is sponsored by an anonymous well-wisher.

SPRING INTO MARCH!

RUSLAND SPRING SHOW

This year's Show is on the 8th and 9th April, so get your entries prepared in good time! A copy of the schedule should be enclosed with this edition.

As well as the display of Spring flowers and produce, and the children's and adult's artworks, we have family entertainment from Grandy's Hickory Dock which features puppets, magic, live music, and songs (including participation!).

The Rusland Horizons team will be presenting 'Rusland Young Horizons' with 'hands on' country crafts and activities.

Home made soup, sandwiches and cakes will be available too!

FLOWER ARRANGING WORKSHOP.

3rd April - Rusland Reading Room - 10am to 3pm

£8 including tea and coffee

Bring your own lunch

To book, please ring or e-mail Anne Robinson
01229860242 / ruslandannie1@icloud.com

GREEN DOOR ART TRAIL

SIX ARTISTS AT JANE MEADOW,

High Dale Park, Satterthwaite, LA12 8LJ

Open 10-5 Saturday 8th and Sunday 9th April

Jen Benefield, Angie Flynn, Tina Balmer, Judy

Evans, Sally Bamber and Hilary Farnsworth

Tea, coffee, soup and cake made by Janet & Rachael.

TABLE TENNIS TOURNAMENT

Table Tennis groups are flourishing at Oxen Park, Rusland and Satterthwaite. Paul Townsend is hoping to organise a tournament for all at The Yan at Grizedale, sometime during March – hopefully on a Saturday. No date finalised as we go to press, so contact Paul on 860206 if you would like details.

PUB SHUT!

For those that haven't spotted it, The Manor House at Oxen Park is up for sale and is currently closed. By the time you read this, there will have been a public meeting to discuss aspects of its future.

LEVEN VALLEY SUPPORT GROUP FOR ST MARYS HOSPICE

present

A Flower Demonstration

by Roz Harrison of Dodd's Flowers, Ulverston

Café Ambio, Lakeland Motor Museum

Friday 31st March at 7.30pm

Tickets £7.50 to include admission to the Motor Museum and refreshments.

Tickets available from: -

Dot - 015395 30132, Sylvia- 015395 31685,

EVENTS IN GRIZEDALE FOREST

There are two wonderful art exhibitions at the Forest Centre:

Faintly Falling Upon All the Living and the Dead - Mariele Nuedecker's Exhibition, showing throughout 2017;

Biosystem - a solo exhibition by Méadhbh O'Connor which brings together sculptural installation art that uses 'living orbs' to draw attention to our place in a wider natural system that is both powerful and fragile. A constellation of 'living orbs', commissioned by the Forestry Commission, are presented as a walk-through gallery installation. This Exhibition runs until 11th June 2017.

Stargazing events and a self-led trail: Come and look at the stars in the beautiful surroundings of Grizedale. Follow our self-led trail and marvel at the night sky. Our Beginners Guide to Stargazing will help you along the way. The trail runs until 31st March 2017.

Join us for some guided runs through Grizedale Forest. For more information email runningpals@gmail.com or visit www.facebook.com/loggingpals

Saturday 11th March - Malcolm Wilson Rally

Further details at www.malcolmwilson.co.uk

All trails on the west side of the Forest will be closed for the day. The first car on the Grizedale Stage is due to start at 10.55am.

Saturday 25th March - Earth Hour Event

Organised by the WWF.

Contact Grizedale on 0300 067 4495 for more information.

OXEN PARK CINEMA CLUB

Our next film will be on Tues 7th March with Tom Hanks in *Bridge of Spies*. Then on 18th March *Tangerines*, an Oscar nominated Russian film. We have added a special extra on Sat 25th March – Britain on Film – “*Rural Life*” – a short programme of films that haven’t been released before. Historic, nostalgic, familiar for some of us. Cumbria Action for Sustainability will also have a presence on this night. All seats £3. Another date for the diary is Tuesday 4th April when we will be showing *Woman in Gold*. All at the Carthouse, 7.30pm. With ‘The Manor’ shut people are welcome to bring their own glass and drink.

RUSLAND and DISTRICT W.I.

We have met twice since the last Newsletter. In January we were delighted to welcome Charlotte Sharpshouse from Old Hall Farm who told us about their incredibly hard work in getting the farm running again and turned into a visitor attraction. We were amazed at the photographs of the collection of old farming machinery. In February Martin Cooper made a return visit, this time to talk about the work of Citizens’ Advice. Part of the talk involved common problems that arise and asking the audience what the answer might be. We all learnt a lot about consumer rights, the shortcomings in the benefit system, dog problems and how to be “politically correct!” He was thanked by Maggie Biddleston. We won the Furness Area Quiz last year and it was reported that the quiz we have to prepare for this year is almost completed. In April, we are hosting the Group Meeting, when the speaker will be Peter Brown on his life as a cocktail pianist. The next meeting will be in Satterthwaite on Tuesday, 21st March at 7.30 p.m. when we are looking forward to hearing Terry Peet talking about his life as a radiographer. All welcome.

SEEN ANY MOSSERS?

Working with the archaeology team, I am mapping the location of wall-top mossers in the Rusland Horizons Scheme area. These are lumps of the heavy slag, or residue, that was a waste product from old forges dotted around our area, and were often used as cam stones on local walls in the vicinity of the forges. They may be more or less rounded and are reddish in colour. If you know the location of any mossers, please could you email me with details. Many thanks, Colin Barr (cj.barr@btinternet.com).

OXEN PARK READING ROOMS

‘The Traveller’s Tales’ fund-raising series at the Carthouse, has been really well received with the last tale coming up on Friday 3rd March, 7.30pm at the Carthouse. Carol McNeill will give you the nitty gritty about doing the GR20 – a 120 mile mountain walk through Corsica. Tickets in advance from Carol. - Only a few left. Ren’s Fun and Fitness Classes on Tuesdays, 4.45pm are going well and will continue after 7th March when this six-week block ends. New members welcome any time. Table tennis as always – Saturdays 10am -12noon and Mondays 7 -9pm.

COLTON PARISH COUNCIL NEWS

Councillor Vacancy for West Ward: We currently have a vacancy for a Councillor to represent the West Ward of our Parish. This covers Colton, Oxen Park, Nibthwaite, and Spark Bridge (Colton side of the Crake). If you or anyone you know might be interested in taking on this vital role within the community, then do please get in touch with the Clerk (coltonpc@btinternet.com). The vacancy has arisen due to the resignation of Councillor Katherine Patterson. The council would like to take this opportunity to thank Katherine for her hard work and commitment during her time as Councillor.

Rural Crime initiative: As you may have read in previous newsletters Satterthwaite and Colton Parish Councils have jointly set up an initiative to help reduce rural crime. Funding has been received from the Police and Crime Commissioner’s Community Fund and progress is being made on various parts of this project to help protect the area from rural crime. The initiative includes the production of a leaflet which will go to all households in the two parishes, license plate recognition cameras, a local messaging group and prevention signage. Please take note of the following dates for your diary Wednesday 6th March, 6pm at the White Hart in Bouth and Wednesday 15th March, 6pm at the Eagles Head in Satterthwaite. These will be open evenings for anyone with an interest in reducing rural crime in the area. They are to allow the group to share information, provide awareness and to answer any questions.

Road markings: Various areas within the parish are still waiting for road marks to be painting. It would have been nice, after what is nearly 4 years for some of these, to have had more to report. After a conversation with Highways it is now understood that the list has been handed to contractors to complete the work, but there is no completion date set. Hopefully there will be progress on this over the coming months. If there are any issues with regards Highways the only way to report these are through the Highways Hotline (this applies to us as a Parish Council too), so please, use the hotline on 0300 303 2992, email: highways@cumbria.gov.uk or go online to the Cumbria Highways website (www.cumbria.gov.uk ‘Report a Fault’ page). Our next Parish Council meeting will be held on Monday 27th March in Finsthwaite Village Hall, 7pm
Karen Birch (Clerk), T: 01229 860115

SPRING INTO FITNESS

Ren’s new Fun Forestry Fitness outdoor class starts 6pm Thursday 16th March – Meet outside the Yan. Combining cardio, strength, conditioning and core.

WEATHER

The Dale Park rainfall for January was 4.98” (2016 10.58”) and for February, up to 22nd, 3.51” (2016 9.46), so the dry winter, with less than half last year’s rain, continues. The January figures for Ulverston (3.5”), Oxen park (3.8”) and Brathay (4.2”).

CHURCH NEWS

Dear Friends,

The season of Lent is about to start- this year on 1st March. We tend to think that Lent is about giving things up, just to start them again at Easter. Or we think of it as about blame and guilt and disappointment. But I don't really think of it like that. One of the ancient prayers from the Ash Wednesday service, which marks the start of Lent in church, begins 'Almighty and everlasting God, you hate nothing you have made....' If that is God's attitude, then it should also be ours. St. Irenaeus, a bishop of the second century, said "What God creates, God loves; and what God loves, God loves everlastingly."

We should hear these words as applicable to us, to those we love, to our friends and families, to those we like and those we do not like, and to those we do not even know or want to know.

The Lenten invitation is an invitation examine ourselves, a call to rediscover who we really are. That is where the self-reflection comes in. Lent invites us to look at the ways in which we have allowed our fears, our attitudes, our accomplishments, our successes and our failures, as well as the opinions of others to tell us who we are, to separate us from God, ourselves, and each other. Lent invites us to repent of, fast from, and let go of those false identities and recover our true identity as God's holy people made in the image and likeness of God, and loved by God.

John

The Vicarage, Hawkshead.01539436301. jjcedixon@btinternet.com

CHURCH SERVICES FOR MARCH

Sunday	Colton	Rusland	Satterthwaite
March 5 th	9.30 Morning Worship	5pm Evensong	9.45 Holy Communion
12 th	10.30 Holy Communion PB	11.15 Holy Communion	6pm Evensong
19 th	9.30 Holy Communion	5pm Evensong	9.45 Morning Worship
26 th	9.30 Holy Communion		11.15 Holy Communion

Sunday	Hawkshead	Sawrey
March 1 st	6pm Ash Wednesday Service	
5 th	9.30 M W with Sunday School	6pm Churches together Communion Hawkshead Methodist Church
		11.15 Holy Communion
12 th	9.30 H.C. with Sunday School	11.15 Matins
19 th	9.30 H. C. with Sunday School	11.15 Holy Communion
26 th	9.30 H. C. Mothering Sunday	11.15 Morning Worship for Mothering Sunday

In aid of Rusland and Satterthwaite Churches
A WINE TASTING WITH IAN LUMSDEN
SATTERTHWAITE PARISH ROOM – FRIDAY 17TH MARCH – 7.30PM

Light Buffet to follow

Wine Quiz and Raffle

Tickets available from Rachel Lumsden, 860 605, Susan King, 861 173 and Jean Crabtree, 860 021

COME FOR A WALK

The next Benefice walk will be on Thursday, 9th March, meeting at 10.30 a.m. at the old quarry at White Moss Common (on the right-hand side of the road, where there should be room to park on the small road running north.) We will walk round Rydal and Grasmere and there will be an opportunity to visit both Rydal and Grasmere churches. The walk is 5.5 miles, but it can be shortened to 3.5 miles by crossing the river before Grasmere and returning to White Moss Common. Bring a packed lunch. All welcome.

LENT LUNCHESES - SUPPORTING CHRISTIAN AID

Come and enjoy a tasty soup lunch from 12 noon to 2pm

Tuesday 7th March at the home of Hilary and Edward Collins, Middle Dale Park, Satterthwaite, 01229 860312

Friday 24th March – Rusland Reading Room (opposite the church) - (co-ordinator Susan King - 01229 861173)

Please let the hosts know beforehand if you wish to attend

A Donation of £5 is suggested

Other lunches are taking place throughout the Benefice in March and April

Please contact the Vicar for further information - 01539 436301

NOTICE OF THE ALL SAINTS, SATTERTHWAITE ANNUAL PAROCHIAL CHURCH MEETING.

Monday, 3rd April, 7.30 p.m. in the Parish Room.

All residents of the Parish are entitled to attend and will be very welcome.

DIARY DATES

March	Fri	3 rd	Travellers' Tales – The Cart House – 7.30pm
	Mon	6 th	Rural Crime Initiative Open Evening – The White Hart, Bouth – 6pm
	Tues	7 th	Oxen Park Cinema Club - "Bridge of Spies" – The Cart House – 7.30pm
	Thurs	9 th	Benefice Walk – Meet at White Moss Common 10.30pm
	Sat	11 th	Malcolm Wilson Rally – Grizedale from approx 10.55am
	Wed	15 th	Rural Crime Initiative Open Evening – The Eagle's Head, Satterthwaite – 6pm
	Thurs	16 th	Fun Forestry Fitness – Meet outside the Yan, Grizedale – 6pm
	Fri	17 th	Wine Tasting with Ian Lumsden – Satterthwaite Parish Room – 7.30pm
	Sat	18 th	Oxen Park Cinema Club - "Tangerines" – the Cart House – 7.30pm
	Tues	21 st	Rusland and District WI – Satterthwaite Parish Room – 7.30pm
	Sat	25 th	Oxen Park Cinema Club – "Rural Life" – The Cart House – 7.30pm World Wildlife Fund "Earth Hour Event" - Grizedale
	Mon	27 th	Colton Parish Council Meeting – Finsthwaite Village Hall – 7pm
	Fri	31 st	"An Evening of Flowers" – Café Ambio, Lakeland Motor Museum from 6.30pm
April	Mon	3 rd	Flower Arranging Work Shop – Rusland Reading Room – 10am to 3pm

PERSONAL

- Congratulations to Sarah and Jaimie of Old Cottage, Oxen Park on the birth of their son Fergus on December 17th.
- Welcome to Sue and Kevin Line of Knott Cottage, Force Falls. They have good fresh eggs for sale!

Copy date for April edition, 27th March. Send to: - Liz Cringle Tel: 01229 860274, liggerc@hotmail.com ; Colin Barr – Oxen Park Tel: 01229 861408, cj.barr@btinternet.com; Gordon Wilkinson – Crosslands Tel: 01229 860253; Frances Townsend - Pepper House Tel: 01229 860206, pandftownsend@gmail.com; Sylvia Chadwick – Monks Cottage Tel: 015395 31685.

Graythwaite Sawmill

**Bark Barn
Graythwaite**

Hard and softwood sawn to order.
Oak beams, lintels & large section timber.

www.graythwaite.com

Tel: Day 015395 30752

Estate Office: 015395 31248



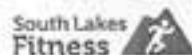
OLD HALL FARM, BOUTH

Tea Room Open 3.4.17 to 3.11.17

7 days a week, 10am to 5pm

Try our Jersey milk ice-cream

New!! Take home pasteurised and raw milk at the farm gate



RENELL BRENNAN

PERSONAL TRAINER & FITNESS INSTRUCTOR

Local GB triathlete and personal trainer offering a tailor-made fitness programme.

Train in the forest, at home or in a gym.

01229 860433 / 07866261344

ren@southlakesfitness.co.uk

[Facebook/southlakesfitness.co.uk](https://www.facebook.com/southlakesfitness.co.uk)

www.southlakesfitness.co.uk

TWO by TWO

Beautiful & Unusual
Clothes for Women by

- PRIVATSACHEN
- FENN WRIGHT MANSON
- SEA SALT
- NESS
- SANDWICH
- SAHARA

52 Market Street,
Ulverston

Tel: 01229 480338

Janet.twobytwo@tiscali.co.uk



Bespoke Heating Ltd

015395 30326

GAS OIL LPG

Based in Haverthwaite

Over 18 years experience



Ex British Gas



S & P Southworth

Plumbing & Heating Engineers

Bloomery Barn

Satterthwaite

LA12 8LN

Tel: 01229 860469 / 07850983849

**Andrew Stoker
Mobile
Motor
Mechanic**



Servicing - Repairs - Breakdowns
Engine Tuning - Pre-MOTs
Reliable 24 Hour Service
Covering South Lakes and Furness
18 years motor trade experience

Well Cottage, Satterthwaite

Tel: Satterthwaite 860292

Mobile: 07974 316986

T.B.SHEPHERD & SON LTD

PLUMBERS & HEATING ENGINEERS

WORCESTER ACCREDITED

INSTALLERS

OFTEC REGISTERED. OIL

GAS SAFE. NAT GAS & LPG

015395 33109

**FORRESTERS
SOLICITORS**

*Friendly advice for all legal
problems*

117 Duke Street,

Barrow-in-Furness, LA14 1XA

Tel: 01229 820297

mail@forresterssolicitors.co.uk

www.forresterssolicitors.co.uk