



RUSLAND & SATTERTHWAITE  
NEWSLETTER

MARCH 2015

225<sup>TH</sup> EDITION

*This edition is sponsored by the Forestry Commission*

## IN LIKE A LION, OUT LIKE A LAMB?

Leven Valley Support Group for St Mary's Hospice  
proudly present at Greenodd Village Hall

### RUSTY BULLETS

(Music to suit all ages)

Saturday 14<sup>th</sup> March - 7.30pm to Midnight

Tickets £7.50 to include a pie & pea supper!!

Licensed bar. Raffle.

Come along for a fun night out and support your local  
hospice!

Tickets available from:

Dot Crabtree	015395 30132
Sylvia Chadwick	015395 31685
Marion Wilson	015395 31779

### THE RUSLAND SPRING SHOW 2015

Saturday March 28<sup>th</sup> 12 noon – 4.00 pm

Sunday March 29<sup>th</sup> 10.30 am to 4.00 pm

Rusland Reading Rooms

All Classes Are Open

BOOK STALL – CAKE STALL - PLANT STALL

RAFFLE AND CHILDREN'S TREASURE HUNT

Exhibitions by local artists and wood-turners

(Donations to the above stalls would be appreciated)

Admission £2.50 (to include tea or coffee & biscuits)

Children under 16 free

For a copy of the schedule and further details,  
contact: Gordon Wilkinson, Tel 01229 860253 or e-mail

[gordon.wilk876@btinternet.com](mailto:gordon.wilk876@btinternet.com)

or see [www.rusland.org.uk](http://www.rusland.org.uk)

### EVENTS IN GRIZEDALE FOREST

Saturday 7<sup>th</sup> March

Malcolm Wilson Rally – further details at

[www.malcolmwilson.co.uk](http://www.malcolmwilson.co.uk)

All trails on the west side of the Forest will be closed for  
the day

Sunday 15<sup>th</sup> March

Grizedale Duathlon – 6.5k trail run and 24k Mountain  
bike ride

Further details at [www.highterrainevents.co.uk](http://www.highterrainevents.co.uk)

Sunday 22<sup>nd</sup> March

Forest Discovery Day - Free

Join us for a day of forest fun and woodland  
celebrations! See [www.forestry.gov.uk/grizedale](http://www.forestry.gov.uk/grizedale)

Saturday 28<sup>th</sup> March

Cumbria Commotion Adventure Challenge

10k run, 25k bike ride, and kayaking on Coniston –  
further details at [www.trailplus.com](http://www.trailplus.com)

### GREEN DOOR STUDIO'S ART TRAIL

Tina Balmer, Sally Bamber and Angie Flynn

will be showing their recent work at

JANE MEADOW, HIGH DALE PARK

Saturday 28<sup>th</sup> and Sunday 29<sup>th</sup> March 10am to 5pm

Soup, cake, coffee and tea will be served at a modest  
price by Jan Benefield and her helpers.

### A FLOWER ARRANGING WORK SHOP

with Joan Bentley.

Rusland Reading Rooms- Monday 24<sup>th</sup> March -10amto3pm

Anyone interested contact Elsie Wilkinson

01229860253.

### HELPING TO KEEP YOUR RIVERS FLOWING

If you are interested in what members of the  
community can do to help maintain their rivers, then  
you are welcome to attend a session with the  
Environment Agency's Andy Knipe. Andy will walk a  
stretch of the river in the Rusland Valley with local  
people, pointing out what types of work local people  
can carry out themselves, and what work needs  
permission.

It will take place on Wednesday 11<sup>th</sup> March 2015  
starting at 10am. Meet at Rusland Reading Rooms.  
Please wear suitable boots and waterproof clothing.  
For details, call Debbie Binch, 017917 263789.

### TABLE TENNIS IN SATTERTHWAITE PARISH ROOM

2.30pm on a Monday or Tuesday afternoon – Please  
contact Paul Townsend on 860206 if you are interested.

### LOCAL FOOTBALL TALENT!

Morecambe F.C. have taken on Matt Thornley, aged 12,  
and James Thornley, aged 10, after completing trials.  
Given there are only 15 per age group, well done boys!

The Collins' bird table Christmas visitor was a **YELLOW  
HAMMER**.