



JUNE 2022

289TH EDITION

This issue is sponsored by the Forestry Commission

MIDSUMMER MADNESS!

RVHS GARDEN COMPETITIONS

1. It's time to get your garden in tip-top condition for the Summer Garden Competition. The competition will be for the RVHS Show Area and there are four categories:

- a. Hanging Baskets, Window Boxes and similar items
- b. Large Gardens
- c. Small Gardens
- d. Vegetable Gardens

Entries to be submitted by 30th June. Judging will take place in July.

(This competition is kindly sponsored by Beetham Nurseries and Brighter Blooms, Walton-Le-Dale, Preston.)

2. And we also have something for our younger gardeners, the Child's Garden, Hanging Basket or Planted Container Competition

Entrants must be under 16 years old and from the Show area; entry is free.

Entries to be submitted by 30th June. Judging to take place in July.

(This competition is kindly sponsored by The Rusland Valley Community Trust.)

If you would like to enter these competitions, please contact Sally Fisher by phone (01229 861876 mobile 07908 429342) or email (sally.fisher072@gmail.com) as soon as possible. Please include your name and address.

THE AGM OF RUSLAND READING ROOMS

This will take place on 15th June 2022 at 6 pm
All are welcome.

DALE PARK RAINFALL

The April rainfall was 3.1" (2021 0.8!) and 18 dry days (2021 26 dry). May up to 23rd this year is 2.1" (2021 5.7") and 8 dry days (2021 about the same.)

JUBILEE PICNIC

FRIDAY 3rd JUNE, 12.30 FOR 1.00PM

Come along and join in the fun at the grand Satterthwaite Jubilee Picnic

OXEN PARK JUBILEE FUN DAY

Sunday 5th June at 1.30pm

Activities for all the Family at the Reading Room
1.30 Picnic lunch (BYO)

2 pm Quick games -Keepie-uppie on TT bat/racket -hoops over poles -target throw -balls in bucket -balls through the dog ring -wellie wanging

2.30 Grass races (30 metres) -hopping -3-legged (parent/child) -running backwards -piggy back (parent/child)

3 pm doggy tests (dogs on leads) -simple agility (with or without dog!) -best 'sit' (child/parent & dog together) -best 'down' (various classes) - maybe something else!

Plus

Come in a prize-winning Crown -Share a trick (show to the audience) -build an Ant Playground -hunt the Jubilee coins -best photo of afternoon activities

Teas with biscuits/cakes in the hall

RUSLAND and DISTRICT WI
invite you to

MUSIC FOR A SUMMER EVENING
IN AID OF UKRAINE.

Friday, 24th June at 7.30pm

Aldingham Church, LA12 9RT

Barrow Male Voice Choir will perform.

Raffle and sales table.

Tickets - £5, to include light refreshments
Please contact Judi Winterson for tickets at
judiwinterson@gmail.com or 01229 860390

RUSLAND HORIZONS

Furness College

The first cohort of students were given the opportunity to work with artist Sue Flowers, as part of the UCLan multi-species project partnership. Their artwork will be included in a travelling exhibition which will be shown in Barrow in early summer.

We are now busy preparing and planning for the next group of students in June. Activities will again include bushcraft skills with Woodmatters, as this is always popular, plus a charcoal burn with the Natural Charcoal Company, another favourite. Events will conclude with a three-day residential at Rookhow and a number of conservation activities.

Mind in Furness

The first of our Full Cycle sessions in partnership with Mind in Furness took place at the start of April at Hay Bridge which provided a perfect and stunning venue. The day included a nature walk, fire making skills and cooking damper bread. All activities were met with enthusiasm and participants enjoyed a great day!

At the second session in May, again at Hay Bridge, similar activities were offered, including woodland walks to enjoy the carpet of bluebells and other wildflowers. There was one additional new skill to learn this time, with the help and guidance from Countryside Range Duncan Goulder, which was the making of May whistles, which went down very well!

With thanks to Helen and Keith for supporting this programme and allowing us to use this fantastic venue!

Butterflies of the Rusland Valley Talk

This was a sell-out success and for moth and butterfly enthusiasts, we are currently looking at the possibility of future events, including a butterfly and moth walk. Dates, details and information will be shared through the usual channels: newsletter, website and social media.

Dawn Chorus Walk

The 6am start didn't seem to put anyone off, as the event booked up not long after being announced! The walk with Jamie Green, went through Stoney Hazel woods, a lovely location to listen to the birds whilst learning how to identify them by their song.

Dry-stone walling work parties

Our popular dry-stone walling work parties will be back in June and July! We are currently confirming dates and finalising details but the wonderful waller, Jim Doherty, will be sharing his knowledge once again and providing help and guidance to both beginners and more experienced walling volunteers.

We hope to be able to confirm dates in the next couple of weeks. Keep checking our website What's On page and social media to find out when booking will open.

LANEQUEST

Rookhow will be one of the 5 event locations for Lanequest, a 2-hour charity bike orienteering event-suitable for all ages and abilities- on Tuesday 21st June. Rookhow will be raising money to enable disadvantaged groups to stay there for a subsidised cost. If you want to cycle, you can turn up and register at Rookhow (LA12 8LA) on the day, anytime from 5-7pm. If you want to help, Rookhow would welcome volunteers to help with marshalling, car parking and making teas and coffees, so get in touch with Sue. For more information on Lanequest, see their website: www.wheelbase.com/blog/wheelbase-lakeland-lanequest-2022

RUSLAND and DISTRICT WI

The WI met in May at Rookhow, a Grade 2* listed site, and enjoyed a rather damp walk in their woods and a tour of the building, learning about its history and also about the Society of Friends. After tea, coffee, cake and biscuits we used their meeting room for our business part of the evening. Grateful thanks were expressed to the two Sues who welcomed us. Our craft group continues to thrive and a new venture at the beginning of June will see us lunching at Sizergh Castle, followed by a walk. The next meeting will be on Tuesday, 21st June, 7.30 p.m., at the Rusland Reading Room when we will welcome Gail Armstrong from the North Lancs. Bat Group.

COLTON PARISH COUNCIL NEWS

Colton Parish Council met for the Annual Parish Meeting at Bouth Village Hall on Monday 16th May where the formal business of the Council's Internal Audit Report, Annual Governance Statement and Accounting Statements for 2021/22 were reviewed and approved. Cllr Bob Henson was appointed vice-chair in place of David Hoyle, who has retired from the Parish Council.

The Council are reviewing the listed 'Assets of Community Value' in the Parish and are seeking suggestions from residents. An ACV is land or property considered to be of importance to the local community and once listed under the Localism Act, can be given additional protection from development. At present the Manor, Rusland Reading Rooms and some local woodlands are protected but others can be considered. Please contact the Clerk on clerk@coltonparishcouncil.org.uk for further information.

The next meeting of the Parish Council will be held at Colton Church Hall on the 4th July

CHURCH NEWS

Dear Friends,

When people find old toys that turn out to be rare and potentially valuable collectors' items, it is often the case that they are only really collectable or valuable if they are in pristine condition. And not only that, they also need to be in their original packaging. This needs to be a toy that has never been played with. Perhaps it was a gift, which, for whatever reason, has never been opened. I am struck by the poignancy of the image of leaving the gift in the box. I wonder if we all have gifts we have left in their boxes. Perhaps you recognise in someone you care about a gift that remains profoundly unopened, a skill that's remained a hidden hobby, a talent that never blossomed into a calling but could have done so and been a blessing to the whole world. Or could it be that you see yourself, when you look in the mirror, as an unopened gift, a person no one wanted to pick for their team, a leader no one wanted to be led by? When Christians talk about the Holy Spirit, they are talking about God's way of helping people take their gifts out of their boxes and use them for good in the world. This is what happened with the first disciples. For a while it looked possible that the whole Christian story might be lost, that the followers of Jesus lacked either the will, or the hope, or the trust, or the humility, or the courage to get the gift out of the box. It was the Holy Spirit which enabled them to do that, given to them on what we call the day of Pentecost. This year we celebrate Pentecost on 5th June, which, as it happens, is also when we give thanks for the first British monarch to celebrate a platinum jubilee. We thank God for a Queen who has fulfilled her vocation to take her gifts out of the box and use them for the good of all us.

John

CHURCH SERVICES FOR JUNE

Sunday	Colton	Rusland	Satterthwaite
June 5 th			
12 th			11.15 Holy Communion
19 th		6pm Evensong	
26 th			11.15 Holy Communion
Sunday	Hawkshead Church		Sawrey
June 5 th	9.30	Jubilee/Pentecost Holy Communion	11.15 Jubilee/Pentecost Holy Communion
12 th	9.30	Holy Communion	11.15 Matins
19 th	9.30	Holy Communion	11.15 Holy Communion (BCP)
26 th	9.30	Holy Communion	11.15 Morning Worship

ROOK HOW NEWS

We were delighted to welcome Rusland & District WI to Rookhow recently, starting with a walk through the woods up to the campfire followed by refreshments in the Friends Room, hearing about the history of Rookhow and questions about Quakerism and moments of silence along the way. Visitors have started arriving for our Open Days on the 1st and 3rd Fridays of each month 10am-4pm. A Quaker Meeting for Worship is held on those days in Rookhow Quaker Meeting House 12.30-1pm followed by a picnic lunch (bring your own sandwiches, tea & coffee provided) and on the 1st Wednesday of each month 7.30-8pm. All welcome, just turn up. If you're coming with a larger group, please get in touch so we're ready for you!

The Air Source Heat Pump has now been switched on and is providing underfloor heating to the historic stone floors, allowing us to continue with installing the accessible toilet and wider side entrance. An Electric Vehicle Charging point is soon to be installed at Rookhow, thanks to an agreement with Charge My Street.

Day booking of the Meeting House and woodland for community and training events is increasing. Please get in touch if you're interested: Sue Nicholls, Rookow Development Manager. Email

contactrookhow@gmail.com Tel 07557 919879 Website: rookhow.org.uk

PERSONAL

- A huge welcome to Andriy and Katia and 1 year old Gabriel from Kyiv, Ukraine, who are living at Yew Tree Cottage in Dale Park.
- Our sincere condolences to Mel Ellison and all the family on the death of Paul.

HELP FROM CITIZENS ADVICE

Q. I recently applied for a job at a local pub which offered National Minimum Wage. The manager asked me how old I was. After telling her I was 25 she told me it would be unlikely I'd get the job because they wouldn't be able to afford to pay me the required wage and they wanted someone younger. Is this legal?

A. Nobody should ask you how old you are in a job interview. Being 25, you're entitled to the National Living Wage. On the Citizens Advice website there are full details of the wages people are entitled to by law. But these rules shouldn't mean employers avoid hiring people because of how old they are. That's known as 'direct age discrimination' in the Equality Act 2010.

You're also protected by the National Minimum Wage Act 1998, which says employers can't refuse to employ you, or fire you, just because your age means you're entitled to a higher rate. We have a lot of information on our website about what to do if you're being treated unfairly when applying for a job. If you've been discriminated against, there are steps you can take to either get compensation or convince the person to give you a job.

For more advice on your rights when searching for work, visit citizensadvice.org.uk/work or call South Lakes Citizens Advice on 015394 46464.

Copy date for July edition, 25th June 2022. Please send to: -Liz Cringle - 01229 860274 liggerc@hotmail.com ; Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com. Carol McNeill - crlmcneill@gmail.com



RUSLAND READING ROOM
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