



JUNE 2020

281ST EDITION

There will be no sponsor until we return to the printed edition.

FLAMING JUNE?

SAD BUT INEVITABLE!

RUSLAND SHOW 2020 - CANCELLED!

After consulting with those concerned, the Rusland Valley Horticultural Society Ltd has reluctantly decided to cancel the Summer Show originally scheduled for August 15th. Regrettably it follows that the dance/music night on August 16th is also cancelled. There was really little alternative given the difficulty in making any certain plans in the light of future the 'lock-down' restrictions. Of course, this will be a disappointment to many, but it is essential to avoid any possible risks to health. Better to look forward optimistically to 2021!

UNLOCKING HISTORY DURING THE LOCK-DOWN

The residents of Oxen Park, Bandrake Head and Colton have been inspired by the past to create something for the future during this period of uncertainty.

In many of the houses and in the Manor House pub, memory provoking pictures of the past adorn the walls telling stories of a bygone age.

But what of all the pictures hidden away in boxes in the attic or forgotten albums collecting dust on a shelf?

The idea of a photo library was born and residents, locked down due the virus, dug through old images, many unseen for years, and set to putting captions and dates to them.

The result is a living online photo-library that documents the people, the houses and the landscape of their area which will not only preserve what has gone before but can be added to as time goes by as demonstrated by the latest additions to the collection from the recent 75th VE Day celebrations.

So if you have any photos that were actually taken in Oxen Park, Bandrake Head or Colton, that would be of interest to those outside your immediate family and are happy to have them included in the library then they would be excited to hear from you. There are contact details on the website which can be found at: <https://twiceeleven.wixsite.com/ruslandphotolibrary> Please note that whilst we will try to include as many of your photos as possible, this may not always be possible.

RUSLAND HORIZONS UPDATE

· Living History Project is well under way

Our Living History Project was launched a few weeks ago and we've had a great response so far, with many people joining the dedicated Facebook Group. People have been sharing their thoughts and experiences of life in lockdown, within their communities, homes and local countryside.

We've had pictures and videos of walks, wildlife and stunning views. People are taking up new hobbies, rediscovering old ones and even crossing off jobs that have been on the 'list' for years; including a clean-up of the pump area at Bouth, which is now in a much better state and ready for restoration. Community spirit, as you would expect, has been a constant theme of many activities. People have also been practicing their poetry writing skills, in addition to getting involved in the latest BBC campaign to share your last photo before lockdown.

Everyone is welcome to take part and share their thoughts and reflections in any way they like. This might be through painting, drawing, writing, photography or even video. You can either email your contributions to hello@ruslandhorizonstrust.org or join our Facebook Group at

<https://www.facebook.com/groups/RHLivingHistory/>

· Ellie Chaney art project partnership

We are delighted to announce that the very talented artist, Ellie Chaney, will be partnering with Rusland Horizons, and their Living History Project, to produce a number of fine art wildlife drawings. Starting in the next few weeks, Ellie, who is local to the area, will produce a series of illustrated drawings that reflect key species synonymous with the Rusland Valley and fells. Full descriptions and details about the wildlife will also be provided, along with information as to where they can be found locally.

In addition to the drawings, Ellie will also produce and share videos that follow her throughout the creative process. Accompanying these will be worksheets to allow others, including children, to create their own similar drawings.

More details will follow so please keep checking the website for the latest updates, in addition to our Facebook page.

For all the latest news, updates and information please visit the Rusland Horizons Trust website

WHAT ARE DAYS FOR?

Days are where we live.
They come, they wake us
Time and time over.
They are to be happy in:
Where can we live but days?

Ah, solving that question
Brings the priest and the doctor
In their long coats
Running over the fields.

So wrote Philip Larkin and many of us will have been
waking in the mornings wondering how to fill yet
another lockdown day. Some will have spent their
days achieving amazing things.

This is what Carol McNeill has been doing.

HAPPY IN LOCKDOWN

Where did April go?

All that sunshine, long walks,
The quiet, the silence, clean air
Time to breathe and watch the Spring –
Colours changing, brightening,
Greens, blues, early bird song; that morning thrush.
Where did I go?

Nowhere far

Garden tidied – new raspberry bed, compost pile
boarded in, puppy fence up, no dandelions now.
Night walks and full moon bivi.

What did I find?

So many previous lives:

Photos galore – who were they?

Letters – did I really love so many!

Maps, so many, many, many maps

Key collections with no locks left to hold them.

Logs of trips, challenges and expeditions – such
joys.

Medals & rosettes – do I keep any?

Half an embroidered cloth – daisy stitch flowers, and
all that beautiful thread.

Patterns – will I ever make it? Buttons, darning wool
– how old is that?

Unwrapped cables, old plugs – where do they
belong? So many odd screws and paper clips.

Then the garden shed – full of treasures thought lost.
Loads of soil dusted plant pots (non-recyclable) and
all that string.

New hooks now hold inherited hoes (3), forks (3) and
2 spades. Who needs more than one hoe? I smile at
my ability to put screws in and my tidy shed.

Kitchen cupboards – have you done them yet? Tins
from the last century, rusted Co-op peaches,
chestnut puree, Christmas puddings, all those saved
yoghurt cartons....

The wardrobe – I did these 10 years ago.

T-shirts with a story no one wants to hear. Only 11
pairs of non-running shoes left. The charity pile
grows.

After that the loft:

So many tears. Total nostalgia; all that past.

Boxes full of kit – climbing, canoeing, cycling, skiing,
camping, and

All that orienteering (of course).

Slides not seen for over 40 years, diaries, training
logs.

School books- oh yes. 'A' level essays, notes and
drawings – so committed!

and more maps.

To be continued...The Bin is full..

THE STORY OF OUR PENNY

Fran Townsend writes: -

We were having some work done on the old front door
to Pepper House in April, and out of the old lintel
dropped this very black coin, quite large. On cleaning
it up, it was copper and we could distinguish the head
of George III on one side and a seated Britannia on the
other. We looked it up and decided it is a "cartwheel"
penny. They were issued in 1797 as part of an attempt
to restore confidence in British currency, by making
the nominal value of the coin equal to the metal
value. It was larger and heavier than any other coin in
circulation. There was a raised rim which gave rise to
the name. Ours is so worn, the rim has practically
worn away, and with it all the writing. Since Pepper
House predates the coin by about 200 years, I
guess another joiner inserted it into the lintel during a
previous alteration, maybe making the doorway
higher. I believe it was often the custom to put a
current coin into a piece of building work. A nice little
piece of history.

DALE PARK RAINFALL

Actually, not much rain to report.

The figures are interesting though. The total rainfall
this year for April and May is 1.98" - the same period
in 2019 was 5.47".

There were 50 dry days in that period (2019 - 39)

The total rainfall to date this year is 29.87" (2019
30.71") Not so much difference after all.

There have been 83 dry days up to the end of May this
year (2019 - 70 dry days).

If the rainfall pattern follows last year, then we are in
for a lot of rain in the next 4 months!

That is all I am afraid for this month – no events to look
forward to and very little news.

Please feel free to send me any items of interest for the
July edition. It would be most appreciated.

liggerc@hotmail.com

Ed.

CHURCH NEWS

Dear Friends,

I hope this finds you well and you are not fed up with relentless sunshine yet!

Alpha – see information copied below. You will see the course starts on Wednesday.

ALPHA ONLINE

With the current Coronavirus outbreak and the restrictions on meeting up, it has been difficult for people to get together and to explore conversations about life, faith and God — but that does not need to stop us!

Alpha have taken the Alpha course online and the [South Lakes Filling Station](#) have decided to launch an Alpha Online course. The course starts on Wednesday 3rd June — online!

If you are interested or have friends who may be interested then please do watch the promo video in the link below and click below to register an interest. Once on the Alpha website, enter your location in the South Lakes and click on "Find My Location", for example, "Windermere", "Kendal" or "Coniston" and then you will be able to register.

LUNCHES

A reminder that lunches continue to be delivered and enjoyed. Orders for next week for the area covered by our benefice need to be with me by Wednesday at 6pm. Please pass this information on to people who might find it useful. If someone wishes to order for the first time, they need to contact me (or someone can do that on their behalf). Lunches are £3 or free for anyone in financial need.

John,

The Vicarage, Hawkshead - 015394 36301 - jjcedixon@btinternet.com

INFORMATION FROM CITIZENS ADVICE

Q. My income has dropped due to coronavirus and I'm struggling to keep up with all of my bills. I rent my house from a private landlord and pay all the usual bills - electricity, water, and Council Tax. How best can I juggle them, and is there any help I can get from the government?

A. If your income is reduced because of coronavirus, you should check whether you're entitled to sick pay or benefits. You can check your eligibility for both sick pay and benefits on the Citizens Advice website. If you're already on existing benefits, these might also increase.

If you're struggling to pay rent, talk to your landlord straight away. You should explain the situation and could ask for more time to pay, a temporary reduction in rent, or ask to catch up any missed payments by instalments. If you contact South Lakes Citizens Advice an adviser can help you explain things to your landlord. If you can't come to an agreement with your landlord, it's a good idea to pay what you can afford and keep a record of what you offered.

The government passed an emergency law which means landlords have to give you three months notice to end certain tenancy types from 26 March. The court service has suspended all possession action for 90 days from 27 March. This means that even if you have been served a notice for eviction it's unlikely it can be enforced during this time. You can find out more about what to do if you're being evicted for rent arrears on the Citizens Advice website.

If you already claim Housing Benefit, you should tell the council your income has reduced. If you don't claim it already, you might be entitled to help with housing costs from the government.

When it comes to your utilities, you should contact the provider as soon as possible. Depending on the type of bill, they may be able to arrange a payment plan, or they may have schemes in place for people in financial hardship. You should also talk to your local council - as your income has changed you might be entitled to a council tax reduction.

If you're struggling to pay multiple bills, it's important to prioritise energy bills and council tax over credit card bills. This is because the immediate consequences of not paying these things are much more serious. South Lakes Citizens Advice can help you with this.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.

South Lakes Citizens Advice is still delivering a service - Telephone and Digital Advice

How to access:

- Call 015394 46464 - this is being staffed from 9:30 – 2pm
- Adviceline: 03444 111 444

PERSONAL

- We wish young Harry Brock (son of Simon and Cazz) well as he recovers from his accident.
- Donald Wilkinson would like to thank the people of Rusland Valley who sent him cards and messages on the occasion of his recent 90th Birthday, especially Frank and Zella Slater and the Oxen Park community.
- The Burial Service for Julia Buckley will be held at 12 noon on the 8th June in Satterthwaite Graveyard. The hearse will arrive at Town End (south) at 11:30am and so long as respecting the advised social distancing the family have said that those who wish may follow the hearse up to the Graveyard (the service at the graveside must be family only).
Julia and Nigel had a fabulous home here in Satterthwaite. More than bricks and mortar home has been the village, its school, the inhabitants of the village and Rusland Valley, the forest, All Saints Church, the playing fields, the Eagle's Head, garden parties, village fetes, barbecues and carols round the tree at Christmas. For Anthony and Richard it has also been and remains a wonderful place and we would like to thank everyone here who has been part of this experience.
No wonder Mother never wanted to leave.

Copy date for July edition, 24th June. Please send to: -Liz Cringle -01229 860274 liggerc@hotmail.com Colin Barr -Tel: 01229 861408, cjbarr50@gmail.com (please note change of email address); Gordon Wilkinson - Crosslands Tel: 01229 860253; or Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com.

Graythwaite Sawmill Bark Barn Graythwaite

Hard and softwood sawn to order.
Oak beams, lintels & large section
timber.
www.graythwaite.com
Tel: Day 015395 30752
Estate Office: 015395 31248


Janet Smedley
Central Lakes Physiotherapy Clinics

➔ **HAWKSHEAD SURGERY** ◀
Also at
WINDERMERE & BOWNESS
MEDICAL CENTRE

www.jesphysio.co.uk

Email: janet@jesphysio.co.uk

07831 219849

South Lakes
Fitness 

RENELL BRENNAN
PERSONAL TRAINER & FITNESS
Local GB triathlete and personal
trainer offering a tailor-made fitness
programme. Train in the forest, at
home or in a gym.
01229 860433 / 07866261344
ren@southlakesfitness.co.uk
[Facebook/southlakesfitness.co.uk](https://www.facebook.com/southlakesfitness.co.uk)
www.southlakesfitness.co.uk



Bespoke Heating Ltd

015395 30326

GAS OIL LPG

Based in Haverthwaite
Over 18 years experience



Ex British Gas



S & P Southworth
Plumbing & Heating
Engineers
Bloomery Barn
Satterthwaite LA12 8LN
Tel: 01229 860469/07850983849

Andrew Stoker Mobile Motor Mechanic



Servicing - Repairs - Breakdowns
Engine Tuning - Pre-MOTs
Reliable 24 Hour Service
Covering South Lakes and Furness
18 years motor trade experience
Well Cottage, Satterthwaite
Tel: Satterthwaite 860292
Mobile: 07974 316986

SD
SIMMONS DECORATING

Interior and Exterior Painting
Wallpaper Hanging
Quality Workmanship
City & Guilds Qualified
Call Ed for a free quote on -
07974 746 148

FORRESTERS
SOLICITORS

*Friendly advice for all legal
problems*
117 Duke Street,
Barrow-in-Furness, LA14 1XA
Tel: 01229 820297
mail@forresterssolicitors.co.uk
www.forresterssolicitors.co.uk