JULY 2023 301ST EDITION

There is no sponsor this month. New sponsors would be welcomed.

MAGICAL MIDSUMMER

A NOTABLE ANNIVERSARY

The eagle-eyed amongst you may have noticed that last month's edition was the 300th, yet another magnificent milestone in the history of your favourite newsletter!

As reported on the occasion of number 200 in 2012, the first newsletter was produced in November 1994, by Gilly Lewis, and consisted of two sides of an A4 sheet. With minor modifications and a number of changes in the editorial chair (and a short break during Covid), we arrive at the current situation with our editor, Liz Cringle, having masterminded a grand total of 185 editions (so far!).

A newsletter does not just happen spontaneously. Although the lion's share of work inevitably falls on the editor, we should not forget the time spent by contributors, printers, and volunteer distributors nor, of course, should we forget you, the reader, without whom a newsletter is fairly pointless. We also thank our sponsors, many of which have been long-standing patrons, and Edward Collins who keeps our financial affairs in order.

Our newsletter is remarkable in that information can be fed to the editor on, say, a Wednesday and, depending on a fair wind and a few other factors, may be viewed by readers at the weekend. The format may not be high tech, or particularly glossy but it works! Well done everybody – especially Liz – and here's to the next 100!

DALE PARK RAINFALL

Rainfall in May totalled 1.63" with 23 dry days! (2022 3.5", 11 dry) June to 23rd totals 1.67" (helped by 1.5" on the 18th) and 17 dry days. (2022 4.3" 16 dry) Do you have SATURDAY 19 AUGUST 2023 in your diary?

Make sure you don't miss this year's RUSLAND SHOW.

Held on Whitestock Meadow (LA12 8LB), the field opens at 11:30 and events start at 12:20. All the usual attractions will be there:

- · Flowers, Vegetables, Home Produce, Handicraft and Children's Exhibit Competitions
- · Fell Races, Track Races, Hound Trails Cash
- Children's Competitions: Pet Show, Fancy Dress, Obstacle Course, Races
- · Craft Tent, Refreshments, Ice-Creams, Local skills and crafts demonstrations
- · Free Circus skills workshops by Jesters
- · Tug of War (£100 1st Prize donated by The Manor House)
- · Music event after the Show!
 Admission is £5 for adults and £1 for u/16s (please remember to bring cash!)
 Schedules and entry forms are available from Committee members, or the Secretary, or online Contact: Maureen Boyren, Hill Park Farm, Colton, Ulverston. LA12 8HP Telephone: 01229 885300
 Email: ruslandshowinfo@gmail.com Website:

www.ruslandshow.org Find us on Facebook: Rusland Valley Horticultural Society Ltd

(There is always lots of help needed – please contact Maureen if you can muck in!)

RVHS SUMMER GARDEN COMPETITION 2023 Judging takes place at the end of July. If you would like to enter this year's competition, please contact Sally Fisher by email (sally.fisher072@gmail.com) or phone (01229 861876). Please include your name and address.

SATTERTHWAITE PARISH ROOM OPEN EVENING

Thursday 13th July from 6.00pm As mentioned in the last newsletter, the Parish Room Committee invite everyone to come along to an "Open House" in the Parish Room. with food provided jointly by Rock Cottage Dining (Simon Brock) and Katvandu (Mohit Syangbo). Alcoholic and soft drinks will also be available. This is also a chance for members of the committee to tell you about our ideas for the future of the Parish Room, and for you to tell us what you think. Consultation with the community is a very important part of this process. Enclosed with this newsletter is a short questionnaire which invites you to give your thoughts on the Parish Room currently. It would be really helpful to the committee if you could complete this and either drop it off at the Old Vicarage beforehand, or bring it along on the 13th. Please be very frank with your answers! It would also be helpful (although not vital) to have some idea of numbers likely to attend, so if you can drop Simon (simonbrock@btinternet.com) a note beforehand that would be great. But do not worry if you forget - just come anyway.

RUSLAND AND DISTRICT WI

At our June meeting we welcomed 5 visitors and had a fascinating talk on the history of buttons by Marjorie Bidgway. She brought the most amazing display from her collection, many of them rare examples, and several items of couture clothing, showing specially made buttons for those garments. The walking group met in Jan Benefield's garden at the foot of the Hoad in Ulverston for coffee and cake and then climbed to the top of the Hoad. A beautiful sunny, breezy day

showed the views at their best and a picnic lunch was enjoyed afterwards in Jan's beautiful garden. The craft group continues to be very successful, meeting each week in Finsthwaite.

In July we are playing bowls in Hawkshead and meeting there at 6 p.m. and having a picnic supper afterwards.

BOXES OF HOPE

We have 30 volunteers who meet each year to make and sort the shoeboxes along with Girl guides. The dates this year are 20th November 1p.m. 21st and 22nd from 11am. People can come for as long as they want. Knitting and sewing is very welcome, and we always need wool. We also have a series of Afternoon Teas during the summer. All this takes place in Park House, in Hawkshead. Contact Judith Myers 015394 41245 or email jandzmyers@gmail.com

RUSLAND HORIZONS CALENDAR 2024

We are looking forward to judging your entries for the next Calendar. Photographs reflecting "Life in the Rusland Valley" accompanied by a maximum of ten words explaining what the image shows, where it was taken and why it reflects life in Rusland, should be submitted by 31st August 2023. 3 entries each allowed. Full details including entry criteria and required photograph file format are on our website – www.rusland horizons.org

COLTON PARISH COUNCIL NEWS
If you are signed up, you should have
received a new version of the Colton Link
which the parish council use to circulate
useful items and event. You can sign up on
the CPC website if you want to be added via
the 'keep in touch' form. The way we hold
your contact data meets all Data Protection
Act requirements. Please send any news for
inclusion to clerk@coltonparishcouncil.org.uk
and please give us much notice as possible if
the news is time dependent.

YMCA

Many of you will have seen that the YMCA have put the North Camp up for sale. This has raised a lot of concern locally with regard to public access, protection of the lakeshore and the value the site offers in terms of access to outdoor education for disadvantaged young people. The parish council will write to the YMCA to express its concerns and Tim Farron is also aware of the concerns of local residents.

Bethecar Moor Section 38 Notice After much work, the Bethecar Commoners Association is at the final stages to gain approval and funding to support the restoration of areas of wood pasture on Bethecar Moor, Wood pasture offers a valuable mosaic habitat. This work follows on from previous High Level Stewardship schemes and supports nature recovery and the regeneration of habitat of threatened species such as the rare High Brown Fritillary and Duke of Burgundy butterflies. The areas of fencing will protect against over-grazing. All rights of way and footpaths will be maintained. If successful, the Bethecar Commoners Association plan to hold two open meetings locally later this year to explain the plans in more detail. As a consultee, Colton Parish Council will be writing to the Planning Inspectorate in support of this project.

If you want to find out more, the application and accompanying documents can be downloaded at: jerramecology.co.uk /Bethecar-moor-common-fencing-consultation/

Our next meeting is on the 24th of July at the re-furbished and extended Bouth Village Hall.

CHURCH NEWS

Dear Friends.

In July we will be having two curates joining us. Curates are kind of apprentice vicars. They have been theologically trained and now will be exploring church ministry with us. I will let them introduce themselves below. I am very much looking forward to working with these new colleagues.

Chris Smith writes:

Originally hailing from London, I have been up in Cumbria for almost 9 years now. I moved up for my first job as a mixed-practice vet working in Broughton-in-Furness. I have had a few jobs in the area over the years and now work at Furness Vets in Dalton, seeing mainly dogs and cats and the odd rat or goldfish thrown in for good measure.

From very early on in my working life I got the impression from God that something was missing, that he also had in store for me a life of ordained ministry. Deepening my prayer and relationship with God over the years and most recently through training has been a joy. It became apparent not long after starting training that my heart is for prayer. Although down-right tough at times, there is no short-cut to drawing closer to God without prayer. I look forward to sharing this ongoing journey with others in the benefices.

During curacy I will be carrying on my job as a vet part-time. Quite how this will work I have no clue but I will leave that to God. I look forward to continuing working with the colleagues and the public in the secular world which is where the rubber meets the road so to speak in terms of our Christian faith. There is certainly no hiding as my colleagues are quick to tell me if I do not practice what I preach!

Chris Emily Bagg writes:

I am so excited to be coming to serve my curacy in the Central Lakes Mission Community! I am married to Marcus and we have a 9-year-old daughter, Lydia. We have moved to Chapel Stile from Durham, where I have spent three very happy years training for ministry at Cranmer Hall. Before that, we lived on the Isle of Wight for about 10 years, where Marcus was vicar of Carisbrooke. Before Lydia was born, I taught in a large secondary school and at HMP Isle of Wight (which used to be better known as the infamous Parkhurst). In my spare time, I can usually be found knitting or cooking - not usually at the same time. As a family, we enjoy walking and playing board games - also not at the same time! We are really looking forward to getting to know you all and sharing the next phase of our journey with you!

CHURCH SERVICES FOR JULY 2023

Sunday		Colton	Rusland		Satterthwaite		
July	2 nd 16 th	6pm 11.15	Celtic Evening Prayer Holy Communion	200700000			
	23 rd				11.15	Holy Communion	

Sunday		Hawkshead Church		Hawkshead Hill Baptists		Sawrey	
July	2 nd	9.30	Holy Communion	10.30	Morning Service	11.15	Holy Communion
	9 th	9.30	Holy Communion and	10.30	Morning Service		ATTENDED VISITED VI
		Cons	ecration of Graveyard exte	ension			
16 th		9.30	Morning Worship	10.30	Morning Service	11.15	Holy Communion
	23 rd	9.30	Holy Communion	10.30	Morning Service	11.15	Morning Worship
	30 th	10.00	Benefice Holy Communi	on			
			Thursdays at 10am Ha	wkshead	Methodist Church 'T	ime at 10'	

ROOKHOW NEWS

VOLUNTEERS NEEDED! We are on the look-out for more volunteers at Rookhow, especially more local people. If you like spending time outside, gardening, weeding, chopping wood or prefer indoor jobs such as DIY, helping sort the garage or polishing wood, please get in touch. We meet on Fridays 10am-4pm. Volunteers bring their own packed lunches and are provided with tea, coffee, homemade cakes and good company.

You do not have to be a Quaker to be a volunteer, though everyone is welcome to join us for the short lunchtime Quaker Meetings on the 1st and 3rd Friday of every month when we are also open to the public for Open Days. Others choose to carry on working! Contact Sue Nicholls, Rookhow Development Manager Tel 07377 971783. Email: contactrookhow@gmail.com

Rookhow is a 300year old Grade II* listed Quaker Meeting House in the Rusland Valley and is a registered charity. Its 16 bed Bunkbarn provides simple affordable accommodation for groups and families. We put 5% of our bookings' income into subsidising stays for vulnerable groups.

Website: rookhow.org.uk

BEST OF LAKES ARCHITECTURE EVENT AT ROOKHOW - Rookhow has been invited to host a LAWSA (Lancaster and Westmorland Society of Architects) event together with our conservation builder Stephen Grindrod on Thursday 6th July with a collection of Best of Lakes architecture displays. The displays will be kept up for the Open Day on Friday 7th July 10am-4pm open to members of the public. Local people are welcome to come over to see the displays and also hear about Rookhow's renovation work, including the installation of an air source heat pump and underfloor heating and meet Stephen Grindrod our builder.

MUSIC FOR A SUMMER EVENING

Programme of Concerts to be held in The Parish Church Hawkshead 2023

4th July Duncan Glenday, piano

Duncan is an outstanding planist who has been associated with the Lake District Summer Music festival for many years and has also given numerous performances in Hawkshead. We are delighted that he is returning for our 2023 series.

11th July Branwell's Flute and Hardy's Hornpipe

Peter Harrison, playing an historic flute, and presenter Julia Elliott, explore the music collections of Branwell Bronte and Thomas Hardy.

18th July The Organist Entertains

A lively evening of light-hearted music by our resident organist, Paul Gregson.

25th July Jill Crossland, piano

Jill is a frequent visitor to the Lake District, playing at various venues in Cumbria in 2023. Her programme will include Scarlatti Sonatas and works by J. S. Bach, and, as a tribute to our new King Charles III, Beethoven's variations on God Save the King.

For all these concerts there will be a retiring collection for Charity and Church Funds.

Copy date for August edition, 26th July 2023. Please send to: - Liz Cringle - 01229 860274 liggerc@hotmail.com ;Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com.Carol McNeill - crlmcneill@gmail.com







RENELL BRENNAN PERSONAL TRAINER & FITNESS Local GB triathlete and personal trainer offering a tailor-made fitness programme. Train in the forest, at home or in a gym. 01229 860433/ 07866261344 ren@southlakesfitness.co.uk Facebook/southlakesfitness.co.uk www.southlakesfitness.co.uk



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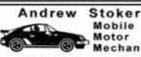
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