



JULY 2015

229TH EDITION

There is no sponsor this month.

SPRING INTO SUMMER!

RUSLAND VALLEY HORTICULTURAL SOCIETY YOUR LITTLE EDENS!

Entries are being taken for the Summer Gardens Competition.

Don't be shy! We know there a lot of wonderful gardens in the show district - big and small. You'd be surprised what catches the judge's eye. We are not looking for Chelsea standards but a bit of creativity and love. So, get your entries in to Gordon Wilkinson as soon as possible because judging takes place the third week in July.

The categories are

- hanging baskets, window boxes and containers
- large gardens
- small gardens
- vegetable gardens

There is also a competition for Child's hanging basket or planted container

This is for under 16s

We hope to see some new "Little Edens" this year.

Entries to gordon.wilk876@btinternet.com
(01229 860253)

HEAR ALL ABOUT IT!

On 14th June, Axel Steinert successfully scaled Uhuru Peak on Kilimanjaro and will hold a talk on the experience in the Satterthwaite Parish Room on Friday 24th July at 7:30pm (Free). Light refreshments will be provided. Thank you to all who donated to the Children's Society, and for anyone else who would like to donate to a worthy cause, go to: justgiving.com/Axels. Congratulations from all our readers, Axel. Also to Jean Crabtree for winning the Lakeland Hamper. Ed.

THE GREENWOOD TRAIL

The Greenwood Trail will be a series of self-guided trails using the rights of way network within the Rusland Horizons Scheme Area.

The trails will promote a way of exploring the area sustainably, using the existing rights of way and quiet lanes in the area. The trails will also look at providing new opportunities where there are gaps in the network, or where routes could be upgraded to allow opportunities for the less able or cyclists.

The Greenwood Trail aims to;

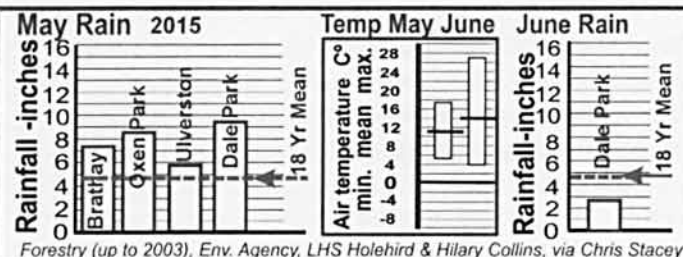
Provide better, sustainable access and opportunities to explore our natural and cultural heritage, and to inspire a sense of identity, ownership and pride in the special, intimate and quiet qualities of the Rusland Horizons area.

We do not want the trails to encourage an increase of cars in the area, so the routes will start from car parks and other parking facilities on the edge of the area where possible. The routes will also provide a link with local attractions and refreshment providers in the area. Some of the start points aim to provide a link to a sustainable means of transport such as the railway, boat or bus. The routes will be circular, follow existing rights of way or the quiet lanes in the area and be approximately 3-4 hours in length. There will also be the opportunity to shorten or lengthen the walks. A couple of the walks will be only 1-2 hours in length.

We would welcome your views on the draft proposals by 31 July 2015. If you would like to get further details about the draft routes please look at the Rusland Horizons website www.ruslandhorizons.org or contact Sara Spicer on 01539 792719 or sara.spicer@lakedistrict.gov.uk.

The draft routes will cover the following areas: -

- Grizedale circular – Rusland to Satterthwaite – Rusland Valley – Stott Park Bobbin Mill over Rusland Heights – Haverthwaite Heights and Abbots Reading Farm – Old Hall Farm to Rusland Moss – Abbot Park to Bethcar – Lakeside to the Bobbin Mill .



SATTERTHWAITE PARISH COUNCIL

At the Meeting of 15th June:

It was resolved that Dawn Yoxall be appointed Clerk (and Responsible Financial Officer) to commence salaried duties on 1st July 2015.

PCSO Emma Forrester reported (by email) that there had been no crimes reported to Cumbria Police during the last month in Satterthwaite. However, non-crime matters reported to the police included 3 road traffic collisions, 2 mountain rescue team call outs and an anti-social behaviour incident.

The parish council resolved to support a potential new bridleway from Stoney Hazel to Force Mills and to submit no objections to a planning application to demolish a lean-to and construct a two-storey extension at Holme Well House on the Graythwaite Estate.

The audit for the year ending 31st March 2015 was signed by the Chairman.

The council is working to organize a barbecue (5.30pm/6pm) to tie in with the Rusland Show (15th August).

At the High Furness Local Area Partnership meeting held in the Parish Rooms on 2nd June that BT is connecting more cabinets than originally planned and that most parishes should be able to get superfast broadband by the end of the year. It seems that internet access has a real economic benefit to users: the value of being online to a new user is £1,064 per annum (from having more confidence, making financial savings online, new job seeking skills and a reduction in social isolation); for an advanced user this figure is £1,756 per annum (from being online more and being able to do more activities); and, for a professional user the figure is £3,568 (from being able to work remotely). It is claimed that the more professional users Cumbria develops the greater the economic benefit to the region.

Highways is scheduled to repair roads in the parish at end of June and to trim hedges and verges in July but it said Cunsey road issues were the responsibility of United Utilities. A letter from Joan Pollock suggesting verge trimming between Damson Cottages and Satterthwaite Farm will be passed to the lengthsman for appropriate action.

Items for the next Agenda should be sent to the clerk – clerk.satterthwaitepc@gmail.com

OXEN PARK CINEMA CLUB

Most films for our next season have been chosen and you should receive a programme before our first film on Tuesday 1st September. We plan to show more children's films at the Leven Valley Primary School including the amazing *Shaun the Sheep*. So look out in the Newsletter and on our website for up and coming films.

The title for the 2015 RVHS film making class is "A Short Story About" the 2 minute films should be in to Carol McNeill by 10th August and from whom further details are available.

THE OXEN PARK READING ROOMS have a new and enthusiastic committee and fundraising has started. Congratulations to Katie and David the lucky winners of £25 in the 50+ lottery !

COLTON PARISH COUNCIL

LDNPA: Proposed new Rights of Way (footpath and bridleway), Rusland: The National Park has consulted the Parish Council about two proposals to create rights of way, as follows:

i) Footpath, Border Moss. To dedicate the present permitted path from Crooks Bridge through Border Moss wood to Rusland Beeches road as a public footpath. This would secure the path in perpetuity and create a link to the new path network already established in Yewbarrow woods. A short section of the proposed route between the end of the bridge and the woods is owned privately. The landowner has very kindly offered to dedicate this short stretch to the public.

ii) Bridleway (horse-riders and cyclists), Stony Hazel woods: Creation of a bridleway from the southern gate to Stony Hazel woods northwards to meet the UCR at Force Mills. The land is statutory open access land – which means that it is permanently open to walkers. But there is currently no legal access for horse-riders or cyclists. A track runs through the entire plot, and the Park considers that this would be suitable for a bridleway and would give riders more opportunities for circular routes.

If you would like to express your views on the above proposals, please email Mandy Lane (Clerk) on coltonpc@btinternet.com or write to her at Lilac Cottage, Oxen Park, Ulverston. LA12 8HG, before 13th June.

Please include your name and address in all correspondence. The Council will be considering these proposals at its 20th July meeting at Rusland.

More details including maps are posted on our website: www.coltonparishcouncil.org.uk

RUSLAND & DISTRICT W.I.

At the June meeting we were pleased to welcome two visitors, Marguerite Calvert from Sparkbridge W.I. was our delegate to the W.I. 100th anniversary National Meeting at the Royal Albert Hall and reported on her day there. It had been a very exciting as the Queen, the Princess Royal and the Duchess of Wessex had attended for part of the time. Hannah Wilding, one of our youngest members told us about her and Barbara Woddy's visit to the Royal Garden Party at Buckingham Palace, also to celebrate the 100th anniversary, hosted by the Duchess of Cornwall and attended by the Duchess of Wessex. We were then entertained by our own member, Sally Lister, who gave a wonderful cookery demonstration of three amazing puddings - each one a work of art - and we enjoyed sampling them. She was thanked by Rachel Lumsden.

Fourteen members enjoyed a sumptuous afternoon tea at Abbot Park, with five of the party walking there and back.

The next meeting will be on Tuesday, 21st July in the garden of our President, Janet Taffs, where we are holding a "Jacob's Join" supper.

CHURCH NEWS

Dear Friends,

I want to tell you about an exciting little experiment happening in Hawkshead Church. As many of you know, there is a book at the back of church where people can leave requests for prayer. It will be very discrete, but alongside this there will be a touch screen in which people can type prayers if they wish. These will then be displayed on the screen below some candles. The prayers can also be projected onto a wall of the church, in a display especially designed to look like one of the 17th century wall paintings in the church.

Now for the odd bit: the only other similar installation is in the church of St Peter de Beauvoir in Hackney, London. The prayers left in that church (which is part of very different community from Hawkshead) also get displayed in our church, and the prayers left in Hawkshead get displayed there.

It is all the idea of Project CEDE (Creating and Exploring Digital Empathy), which is based at Lancaster University, Sheffield University and University College, London. They have devised (and paid for) this unique experiment to look at, among other things, how people respond to digital communication in a quiet and reflective environment, and whether any kind of relationship develops between Hawkshead and Hackney. It is also interesting from a spiritual perspective. People have come to offer the deepest part of themselves in our church for centuries. What does it mean to connect digitally with a very different church? It is an honour to be part of a one-off experiment like this, which examines ways of creating human empathy in the digital age.

So come and have a look and see what you think.

John

The Vicarage, Hawkshead. 01539436301. jjcedixon@btinternet.com

CHURCH SERVICES FOR JULY

Sunday	Colton			Rusland			Satterthwaite		
July 5 th	9.30	Morning Worship		6pm	Evensong		9.45	Holy Communion	
12 th	9.30	Morning Worship		11.15	Holy Communion		6pm	Evensong	
19 th	9.30	Holy Communion		6pm	Evensong		9.45	Service for all Ages	
26 th	9.30	Holy Communion		11.15	Holy Communion				

Sunday	Hawkshead			Sawrey		
July 5 th	8am	Holy Communion	6pm	Churches together Communion	11.15	Holy Communion
	9.30	Morning Worship		Hawkshead Methodist Chapel		
12 th	9.30	H.C. with Sunday School	6pm	Evensong	11.15	Matins
19 th	9.30	Holy Communion	6pm	Evensong	11.15	Holy Communion
26 th	9.30	Holy Communion	6pm	Taize Style Service	11.15	Morning Worship

COME FOR A WALK

This month's Benefice Walk will be on Wednesday 8th July. We will meet at St Margaret's Church, Low Wray at 10.30am. Parking is available at the Church. This relaxing walk will take us along the shores of Windermere, over Claife Heights to Colthouse and back via Blelham Tarn. Please bring a picnic. For more information, contact Sue Maxwell 015394 36972

MIDDLE DALE PARK

There is a last chance to visit the Middle Dale Park garden on Sunday, 5th July - 2pm until 5pm. The roses should be out at last! Come and enjoy tea and scones in the garden (inside if cold or wet.)

No charge for entry, but donations welcome for Rusland & Satterthwaite churches.

A SMART ENTRANCE

The lettering on the splendid new sign on the gate at Rusland Church was expertly carved by The Stone Workshop of Ulverston, who have donated their work as a gift to the church. The wood was gifted by Jamie Wilson who has skillfully erected the sign. There is now no excuse for anyone not closing the gate!

GRIZEDALE FOREST NEEDS FAMILIES LIKE YOU!

There are three days out for families in the summer holidays to get *hands on* in your local forest at Grizedale. Over the summer rangers will be working alongside families to carry out some valuable practical work at Grizedale. If you are looking for some free and active days out in the summer holidays, want to help look after your forest, don't mind getting stuck in and getting your hands dirty, then come down to Grizedale on: - Monday 20th July, Wednesday 5th August or Sunday 30th August, from 10am until 2pm.

We could be rhododendron bashing, cleaning up the river, or helping to look after the sculptures in the forest. It's FREE, including parking, but booking is essential so get in touch and reserve your place by emailing: - volunteer.lakelandforests@forestry.gsi.gov.uk or call 0300 067 4492.

DIARY DATES

July	Sun	5 th	Garden open at Middle Dale Park – 2pm to 5pm
	Wed	8 th	Benefice Walk from Wray Church at 10.30am
	Mon	13 th	Satterthwaite Parish Council - Satterthwaite Parish Room – 7.30pm
	Sat	18 th	Colton Church Fete – Church and Church Hall – 2pm
	Mon	20 th	Family Volunteering Day at Grizedale – 10am to 2pm
			Colton Parish Council meeting – Rusland Reading Room – 7.30pm
	Tues	21 st	Rusland and District WI – Jacob's Join in the President's garden at Haverthwaite
	Fri	24 th	Talk by Axel Steinert on his ascent of Mt Kilimanjaro – Satterthwaite Parish Room – 7.30pm

CHARITY WALK ACROSS MORECAMBE BAY

Join us on Saturday 5 September at 10.30am to walk the spectacular Morecambe Bay sands led by Queen's Guide Cedric Robinson MBE. The walk is around 8 miles and takes approximately 3 hours starting at Arnside promenade. The scenery is stunning. See the wildlife close by. It is a fun but slightly weird experience walking across the mud flats! If you've never done it before – now is your chance.

This is a major fund-raising event to help your local South Lakes Citizens Advice. Last year we helped 3,000 local residents with free, confidential and impartial advice. There is a growing demand for our help and like other charities we struggle for funding. So please do come and walk with us. We think you will have a great experience and lots of fun while at the same time raising funds through sponsorship by family, friends and work colleagues. Registration is just £5 and if you could get friends or colleagues to sponsor you that would be great. We are limited to 200 people, so book your place early. Full details are available at www.southlakescab.org.uk or telephone 015394 47185. We look forward to hearing from you!

Copy date for August edition, 28th July. Send to: - Liz Cringle Tel – 01229 860274, email: liggerc@hotmail.com; Colin Barr – Oxen Park Tel: 01229 861408, email: cj.barr@btinternet.com; Elsie Wilkinson – Crosslands Tel: 01229 860253; Frances Townsend – Pepper House Tel: 01229 860206, email: pandftownsend@gmail.com; Sylvia Chadwick – Monks Cottage Tel:

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