



RUSLAND & SATTERTHWAITE
NEWSLETTER

JANUARY/FEBRUARY 2023

296TH EDITION

This issue is sponsored by The Manor Oxen Park

HAPPY NEW YEAR

RUSLAND VALLEY HORTICULTURAL SOCIETY

POTATO DAY

GREENODD VILLAGE HALL

Sunday 22nd January 2023

10am – 2pm

Sale of 120+ varieties of seed potatoes, fruit bushes and trees, seeds, onions, flower bulbs, tubers and more.

(Supplied by Brighter Blooms Nursery, Preston)

Admission £1 (children free)

HOMEMADE SOUP & CAKES

See website for available produce

www.growvegandfruit.co.uk

You can also pre order to collect on the day.

More information at www.ruslandshow.org

RUSLAND SPRING SHOW

A feast for the senses!

The Show is being held in the Reading Room on Saturday and Sunday, 18th and 19th March. All entries welcome or just come and enjoy a cup of tea and homemade refreshments and admire the talent.

For details of all classes and how to enter see the schedule inside this newsletter.

CHRISTMAS IN SATTERTHWAITE

What a great turnout for both the Christmas Eve Carols and the (very) vibrant New Year's Eve party with Ragged Rock at the Eagles Head.

The Elf's Christmas Eve collection raised an amazing £225, £75 of which goes to each of the Church of England's Children's Society, Tiger Lily Trust and Satterthwaite Parish Rooms.

The New Year Raffle organised by Gary, with a splendid hamper as first, raised a further £300 which will go to support the Parish Rooms.

Thank you all for joining us, for singing so well on both nights and for your generous donations.

OXEN PARK CINEMA CLUB

We had a great start to the new year with two full houses for Operation Mince meat. The next film on Saturday 21st January is *Drive My Car* - quite long but full Japanese road movie not to be missed.

As last year, we are holding a Mini Mountain Film Festival 27th - 29th January 3 films with a mountain and adventure theme. Friday 27th - *The Alpinist*. Saturday 28th - SHAFF (Sheffield adventure film fest on tour). Sunday 29th Dawn Wall. All at 7.30 book through the website then Tuesday 7th February - *Phantom of The Open* - a Super Special film a yummy supper (meat/vegan options) followed by the film. yes! it's that man from Barrow.

Also in February - 18th - *The Father* - powerful performances by Anthony Hopkins and Olivia Colman

Book seats for all films via the website

www.oxenparkcinemaclub.org.uk

TRASH & TREASURE SALE

HAWKSHEAD PRIMARY

SCHOOL

SAT 4TH FEB 1-3PM

Adults & childrens Clothes, toys, books, bric a brac & homeware

Refreshments & cakes available

Items can be left at school from 30th Jan, or dropped off Fri 3rd Feb 6-7pm

COLTON PARISH COUNCIL NEWS

This is the perfect time of year to shine a light on the fantastic work done by our lengthsman, Archie Worker. He's been extremely busy over the past few weeks working in co-ordination with Cumbria County Council and our parish clerk. Archie knows all the trouble spots in the parish and once the leaves are down and the rain is falling, he is relentless in getting the roadside drains cleared. The importance of this became all too clear during the recent cold snap when many of the local roads became more like skating rinks. As many of you will know, there are persistent running water issues at the Bouth 'toll bar' junction down from Tottlebank towards the A590. Archie has done a sterling job of co-ordinating with CCC to ensure this was looked at urgently for a longer-term solution. He has also worked with the CCC team to tackle flooding on the road to Nibthwaite.

The work Archie does helps keep our parish roads safe and he often drops a few wildflower seeds on the nearby verges to help with biodiversity. Colton Parish is extremely lucky to have him. Please help him by reporting any highways issues such as pot holes or empty grit bins directly to CCC via the online reporting system or by calling the helpline number. Day to day road maintenance including arranging for the CCC 'gully sucker' for larger clearance jobs avoids dangerous deterioration of road surfaces

Our February meeting is on Monday the 20th at Rusland Reading Rooms. Keep an eye on your noticeboards for the agenda.

WINTER FRIDAY CHARITY PRESENTATIONS THE CARHOUSE CINEMA IN OXEN PARK

Friday 3rd February - Clare Dyson - *Thriving - A Journey into Regenerative Farming*, Clare joins us to introduce her new and well reviewed film of her journey on horse back through the Lakes and answer questions at the end. 7.30 start and £3 cash on the door. Booking essential with Carol. crimcneill@gmail.com

RUSLAND and DISTRICT W I

It was with sadness that the Carol Evening had to be cancelled, due to snow and ice. Several members had braved the adverse conditions, turning up to decorate the church ready for the evening.

The week before, when the weather was benign, the members enjoyed a Christmas Lunch in the Oxen Park Reading Room.

The next meeting will be in Satterthwaite Parish Room on Tuesday 17th January at 7.30pm, when Jamie Normington will give a talk entitled "Lost words". All welcome.

ROOKHOW NEWS

Summer Holidays - Rookhow has 6 whole weeks available in the Summer holidays (weeklong bookings Friday-Friday). Please spread the word to your friends and family from away who might want to come and stay in the Rusland Valley. They can hire the whole site- Bunkbarn, Meeting House, yurt, camping and woodland and have the place to themselves! These bookings help us to run the charity and also support the mental health groups who come to stay. Check the website: <https://rookhow.org.uk>

Curious about Quakers - Local people are welcome to join us for the Curious about Quakers weekend 3rd-5th February. This will be a relaxed, friendly weekend giving people the chance to find out more about Quakerism as well as giving time for reflection, shared meals, woodland wandering and campfires. If people want to stay at home and join us for the day and evening sessions, that's fine. Please email Sue if you want to find out more: contactrookhow@gmail.com or ring for a chat: 07377 971783. See the Rookhow website for more details: <https://rookhow.org.uk/meet-with-us>

Open Days - Open Days on the 1st and 3rd Fridays of each month. Tea, coffee and homemade cakes. Our volunteer guides will be happy to show you around and you can wander into the woods too.

Quaker Meetings at Rookhow Meeting House - On the first Wednesday of every month 7.30-8pm and 1st and 3rd Fridays 12.30-1pm. All welcome.

Day Bookings - Rookhow Meeting House can be booked for meetings & day events (Monday-Thursday) and as a base for use of the woodland.

Contact: Sue Nicholls, Tel 07377 971783
Email: contactrookhow@gmail.com

DALE PARK RAINFALL

The total rainfall for 2022 was 76.32" and there were 139 days without measurable rain.

The average rainfall over the last 18 years is 77.85". Interestingly the total rainfall for 2021 was slightly higher at 78.43" but there were many more dry days - 172!

CHURCH NEWS

Dear Friends,

'We hold these truths to be self-evident, that all men are created equal, that they're endowed by their Creator with certain inalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.'

These are the words of the American Declaration of Independence. Americans have spent the last 243 years debating what they mean.

Does 'all men' mean African Americans? Until the 1860s it seemed not. For Europeans the journey across the Atlantic was from persecution to freedom; for Africans, the journey was from freedom to persecution.

Does 'all men' mean women? In 1848 the Seneca Falls Convention began the campaign to read 'all men' as 'all men and women'; some doubt that campaign is truly over.

Does 'all men' mean Native Americans? As America spread west in the nineteenth century, inalienable rights for some involved trampled rights for others.

Does 'all men' mean all people throughout the world? Or just the ones in our own country?

Does 'all men' mean migrants? The inscription on the Statue of Liberty says 'Give me your tired, your poor, your huddled masses yearning to breathe free.' But it's hard to argue that such rhetoric has always been honoured.

In many ways, the story of America is also our story in our own part of the world, revealing how hard it is to balance the two goals of freedom and equality. Regarding freedom as an individual right creates a society where everyone asserts their incompatible entitlements. And equality is notoriously hard to define. Does it mean equality of opportunity or outcome, and which of the 'all men' does it include?

I wonder if it's better not to see freedom and equality as ends in themselves, and begin to see them as steps towards something bigger. Surely that something bigger should be universal flourishing: in other words, a goal that combines freedom and equality and goes beyond both. Freedom is only a gift to society when it generates the widest flourishing. Equality ensures that flourishing is genuinely common to all.

In Jesus, Christians see one who embodied true freedom, and sought to extend that freedom equally to everyone. Not just now, but forever.

John

CHURCH SERVICES FOR JANUARY/FEBRUARY 2023

Sunday	Colton	Rusland	Satterthwaite
Jan	15 th	5pm	Evensong
	22 nd	11.15	Holy Communion
	29 th		
Feb	5 th	5pm	Celtic Evening Prayer
	12 th		11.15 Holy Communion
	19 th	5pm	Evensong
	26 th		11.15 Holy Communion

Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey
Jan	15 th 9.30	10.30	11.15
	Holy Communion	Morning Service	Holy Communion
	22 nd 9.30	10.30	11.15
	Holy Communion	Morning Service	Morning Worship
	29 th	10.30	10.00
		Morning Service	Holy Communion
Feb	5 th 9.30	10.30	11.15
	Holy Communion	Morning Service	Holy Communion
	12 th 9.30	10.30	11.15
	Holy Communion	Morning Service	Matins
	19 th 9.30	10.30	11.15
	Holy Communion	Morning Service	Holy Communion
	26 th 9.30	10.30	11.15
	Holy Communion	Morning Service	Morning Worship

Thursdays at 10am Hawkshead Methodist Church 'Time at 10'

ANCIENT WONDERS IN TURKEY

The Rev John Dixon will give an illustrated talk about his journey

Saturday 21st January at 7.30 pm at Satterthwaite Parish Room. Coffee and cake will be served

HELP FROM CITIZENS ADVICE

Q. As the weather has turned colder, I've noticed black mould and damp in our flat. Our letting agency said they would speak to our landlord, but nothing has happened. I'm really worried about how this might affect our health. Our tenancy agreement isn't up for eight months, what can I do?

A. Unfortunately, it isn't always easy to work out the cause of mould or damp. This can make it difficult to work out if your landlord is responsible. The most common causes are rising, penetrating, construction and condensation damp. On our website there is information that may help you work out what type of damp you have, who is responsible and what you can do. Check your tenancy agreement too for mentions of repairs and damp. <https://www.citizensadvice.org.uk/housing/renting-privately/during-your-tenancy/dealing-with-repairs/>

A landlord will have to act in relation to damp if it makes the property unsafe for someone to live in, e.g. if it is making them ill. The landlord will also be responsible if the damp is related to repairs they should have carried out, like if heaters are broken.

One of the most common causes of damp is condensation. To prevent this, it's important to keep homes well-heated and well-ventilated, but this is expensive. You may be eligible for help to insulate and heat your home.

If your landlord is responsible for the damp in your property but doesn't act, you can report them to the local authority. If you're in social housing you might also be able to use the landlord's formal complaints procedure.

Visit our website to find out more www.southlakescab.org.uk

If it reaches the point where you want to get out of a fixed term tenancy agreement early, do speak to an adviser first. Contact your local Citizens Advice on 015394 46464 or 0808 2787 984 for personalised support.

Copy date for March edition, 21st February 2023. Please send to: -Liz Cringle - 01229 860274 liggerc@hotmail.com ; Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com. Carol McNeill - crlmceill@gmail.com



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