



JANUARY /FEBRUARY 2022

285TH EDITION

This issue is sponsored by Satterthwaite Table Tennis Club

RUSLAND ROUND-UP

RUSLAND HORIZONS

We are delighted to announce that we will again be partnering with Furness College to deliver an expanded programme that will welcome three groups of up to 15 students to the Rusland valley this year. The students will learn about and experience the natural environment and potential careers in the countryside. They will have the opportunity to take part in activities such as bushcraft, traditional woodland crafts including coppicing and dry-stone walling, plus a two-night residential in the heart of the valley at Rookhow. It is hoped the first term programme will run in conjunction with the University of Central Lancashire's Arts Council 'multi-species' project, an opportunity for the students to work with a professional artist.

The Jolly January Bash

We are now delighted to announce that this rescheduled event, will be held on Saturday 29th January! Join us for a great way to start the new year with a day of conservation activities helping nature, wildlife and the local community.

The hedge planting day at Thwaite Head, at the end of November last year, was a great success with hundreds of native hedgerow whips planted in some very challenging ground.

Look out for details of our next hedge planting work party which we will share soon. It will take place at the green lane near St Paul's Church at Rusland, helping to protect the verge from vehicle damage and providing an important wildlife corridor.

Future work parties and events

We've got some fantastic events and work parties planned for this year with lots of opportunities for you to get involved. Please keep checking our 'What's On' page on our website and follow us on Facebook and Instagram.

ORIENTEERING IN THE VALLEY.

Lakeland Orienteering Club have found a few pieces of woodland which are unaffected by Storm Arwen and have some small events and coaching on the following days & nights.

26th January – night practice session at Stony Hazel 5-7.30pm

2nd February – night practice session at Thwaite Head 5-7.30

6th & 27th February – small group coaching sessions - Rusland Heights. 10am – 2pm

Anyone interested in trying some orienteering should check out the website Lakeland-orienteering.org.uk or contact Carol McNeill (861507)

CONISTON INSTITUTE PRESENTS:

An evening with Rod Demick
Saturday 22nd January

Rod, who lived in the Rusland Valley for some years, has had a long illustrious career as a talented musician, touring with acts from The Strawbs to David Essex, Screaming Lord Sutch to Taj Mahal now a long-term member of premier Blues band "Paul Lamb & the Kingsnakes". Rod takes time from his busy touring schedule for an intimate unplugged set of songs and anecdotes from his life and excerpts from his recent memoir "My Gap Life"

Tickets £8 - e-mail to reserve sam.clarke.5555@gmail.com Sam , 07789591619 or from The John Ruskin Museum.
Doors open 7:00pm. Bring your own drinks.

RUSLAND AND DISTRICT WI

At the next meeting (Tues 18th Jan, 2.30pm, on Zoom) Gordon Fletcher will give an illustrated talk on Greenland's ice caps and glaciers. The February meeting (Tues 15th Feb, 7.30pm) will be about Dalefoot compost and what goes into it. It is hoped that this will take place in the Rusland Reading Rooms.

OXEN PARK CINEMA CLUB.

Our final January film is *The Perfect Candidate* on Sunday 23rd - A 2019 Saudi Arabian drama directed by Haifaa al-Mansour. A determined young doctor runs for city council after the incumbent repeatedly ignores her request to fix the muddy road leading to her clinic.

In February we have *Supa Nova* on Tuesday 1st and Sunday 6th. This is a 2020 British romantic drama film written and directed by Harry Macqueen with superb performances by Colin Firth and Stanley Tucci. Then one showing of *Bait* on Tuesday 15th February. The film deals with the tensions that arise between locals and tourists in a Cornish fishing village, against a backdrop of second homes and short-term lets!!
Mini- Mountain Fest – 25th 26th and 27th February
Films will be on the website soon and sent to members by email. In line for selection are:
Climbing Blind, Piano to Zanskar, Nanook of The North, The Dawn Wall, House of the Gods.
Book with Carol – crlmceill@gmail.com

COLTON PARISH COUNCIL

Despite the upsurge of Corvid cases, parish councils cannot legally meet via Zoom, so it was with a bare minimum of 5 councillors that Colton Parish Council met at Bouth Village Hall on Monday 10th January. Items on the agenda included :-

- planning applications at Thwaite Head, New Close Farm and Lakeside
- the vacancy for a councillor for Central Ward
- problems with off-roaders on green lanes
- satnav issues near Riddingside Farm
- progress with the 'Greening Our Highways' projects
- the effects and repercussions from Storm Arwen
- expenditure on Bouth Village Green and the Finsthwaite Clock
- the work of the Lenghthman

LDNPA have recently let the deer shooting rights in their woodlands in the Parish and a member of the public expressed concern over the safety of the woodland footpaths for dog walkers, conservation volunteers, orienteering competitors, visitors and locals. The Parish Council agreed to raise this with the LDNPA.

The Parish Council budget and precept onto our Council Tax bills for 2022/23 was discussed and approved after a member of the public reminded the Councillors of the need to be 'cost conscious'.

The Parish Council will shortly be inviting applications from local groups, village hall committees etc. for grants under the Community Grants scheme. The grants criteria along with other financial information and documents are on the website www.coltonparishcouncil.org.uk
The next meeting will be at Finsthwaite Village Hall on 21st February

ROOK HOW NEWS

Renovation work is progressing well at Rookhow, with the historic stone Meeting House floor having been relaid with insulation and underfloor heating pipes which will be powered by an air source heat pump to be installed shortly.



The accessibility of the building will be improved with a wider side entrance and the addition of an accessible toilet. The work is due to be completed by 15th April, when Rookhow will be open for the annual Good Friday Meeting at 11am to which local people are welcome to attend. We will also be opening Rookhow on a regular basis from May- 2 days a month for the public to visit and look around. The downstairs of the Meeting House will be open to bookings so if there are any local groups who would like to use the woodland or Meeting House, please let us know.



Rookhow in the early 1900s

Sue Nicholls, Development Manager

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rookhow.org.uk

DALE PARK RAINFALL

The December total was 8.51" (2020 8.8") and there were 9 dry days (8 in 2020).

The yearly total rain for 2021 was 78.43" (88.17" 2020) so 10" less than the year before. I recorded 172 dry days last year (146 in 2020).

CHURCH NEWS

Dear Friends,

C.S. Lewis once wrote "Prayer doesn't change God, it changes me." What is prayer? Essentially it means talking, and also listening, to God and it can be silent too. Many people, and not only committed Christians, find prayer helpful but it doesn't always come easily, especially the listening part.

A variety of factors may prompt us to pray including illness and other stresses but also wanting to thank God for something or to say sorry. Sometimes we praying for ourselves, sometimes for other people. People tend to pray more in war time and I'm sure that's also been true during the recent pandemic. Praying is a healthy thing to do - thanking God, counting our blessings and showing gratitude to those around us can all have a positive effect on our general well-being.

How do we actually pray and what words should be use? Jesus, as God's son, is an excellent model. He prayed often, typically early in the day, and he gave us the Lord's Prayer as a very useful starting point. Praying with other people can also be very helpful. Last year the local Anglican churches in this benefice introduced a regular prayer meeting at 12.30 pm on the last Thursday of each month by Zoom. The focus is wide-ranging and everyone is warmly invited. Please ask Rev John Dixon for the Zoom details.

Another encouragement for me has been discovering what's called 24/7 Prayer (easily accessible under that title on the internet) which is an international, interdenominational prayer movement which seeks to encourage continuous prayer (in shifts, not all by the same person!) It started in 1999 and has grown very rapidly. It may sound a bit gimmicky but I regularly use one of their apps called Lectio 365, an audio devotional resource which encourages Bible based prayer.

Let me finish with a simple prayer from the French Catholic priest Michel Quoist (1918-1997) "I am not asking you today, Lord, for time to do this and then that, but your grace to do conscientiously, in the time that you give, what you want me to do" (Prayers of Life).

Nick Hallam

CHURCH SERVICES JANUARY/FEBRUARY

Sunday	Colton	Rusland	Satterthwaite
Jan 23 rd		11.15 Holy Communion	
Feb 6 th		5pm Celtic Evening Prayer	
13 th			11.15 Holy Communion
20 th		5pm Evening Prayer	
27 th			11.15 Holy Communion
Sunday	Hawkshead Church		Sawrey
Jan 23 rd	9.30 Holy Communion		11.15 Matins
30 th			10.00 Holy Communion
Feb 6 th	9.30 Morning Worship		11.15 Holy Communion
13 th	9.30 Holy Communion		11.15 Matins
20 th	9.30 Holy Communion		11.15 Holy Communion
27 th	9.30 Holy Communion		11.15 Morning Worship

HELP FROM CITIZENS ADVICE

Q. I want to do more shopping online, but I have heard that there are a lot of delivery problems.

A. Your contract is with the seller you bought the item from. It's the seller's responsibility to make sure the item is delivered to you. They should chase the courier to find out what happened to your order if there's a problem. If your parcel hasn't arrived, check the delivery address you gave the seller, to make sure it's correct. Then contact the seller and ask where your order is. If the seller claims they've delivered it or doesn't know where it is, you can ask for a redelivery. You might be able to get a refund in some circumstances where the delivery time was essential and you let the seller know ahead of time.

Under the Consumer Rights Act 2015, you can ask the seller to deliver the item to you again if the item wasn't delivered either by an agreed date, or within a reasonable time - usually within 30 days. If the new delivery fails to come within a reasonable time, you can ask the seller for a refund.

Another problem people face is when parcels get left in different places, for example outside or with a neighbour. If your item was delivered by Royal Mail, and they left your package with a neighbour or in a certain place because you told them to, it's not the seller or Royal Mail's responsibility if it gets lost. If they leave it somewhere you hadn't instructed, it's the seller's responsibility if it gets lost. You should contact the seller to ask for a redelivery or a refund. If the item was delivered by a courier, check your terms and conditions or account details - they might include other places for delivery, like your porch or a neighbour's house. If you agreed to them, it's not the seller's or courier's responsibility if your order has gone missing. However if you did not agree to this, then it's the sellers responsibility if your order goes missing. If you ordered something from a private seller or you're still having trouble after trying the tips above, you can contact the Citizens Advice consumer helpline for help.

PERSONAL

Our thoughts are with Leighann, Anthony, Emilli and all at The Manor, Oxen Park, following the untimely death of Jaysley Beck. She will be much missed by all who knew her.

Leighann, Anthony and Emilli write :-

As part of Jaysley's legacy, we are kindly asking for donations to The Principle Trust Children's Charity.

The reason we have chosen this charity is because Jaysley is a loving and caring person who would go above and beyond to help anyone in a less fortunate position than herself. If there is ever a person who needs help, you can always count on Jays to be there. Her compassion for others and her ability to light up a room putting a smile on anybody's face is immeasurable.

We believe this charity radiates the kind of positivity that Jaysley always had helping give children their dreams back.

100% of every £1 raised by the charity goes towards helping provide free holidays to underprivileged, disadvantaged, and disabled children from across Yorkshire.

With love from Leighann, Anthony and Emilli

The link to it is https://localgiving.org/fundraising/in-memory-of-jaysley-beck/?fbclid=IwAR3Xtqb6hNx_AfPxOuQPP17Lnb4t02vFle88ZRvzp6jnRGQa_EXonIfTSFM

Copy date for March edition, 22nd February 2022, Please send to: -Liz Cringle - 01229 860274 liggerc@hotmail.com ; Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com. Carol McNeill - crlmcneill@gmail.com



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