



RUSLAND & SATTERTHWAITE
NEWSLETTER

JANUARY / FEBRUARY 2020

278TH EDITION

This issue is sponsored by All Saints' Church, Satterthwaite

HAPPY NEW YEAR!

NEW YEAR RESOLUTION – KEEP ACTIVE IN 2020

There are lots of activities available locally to keep you active in mind and body, and meet new friends. Here are just a few of them.

Renell runs the following classes through the week:

Monday 9am Kettlercise, Greenodd Village Hall

Monday 10.30am Pilates, Rusland Reading Rooms

Tuesday 5pm Circuits, Yan Grizedale

Tuesday 6.30pm Pilates, Hawkshead Primary school

Wednesday 11am Modified Pilates, Hawkshead Upper Market Room

Wednesday 7.30 pm FBX and Core (high intensity workout) Spark Bridge Village Hall

Thursday 6.30 pm Kettlercise, Hawkshead School

Friday 9am Kettlercise, Greenodd Village Hall

Contact Ren for term dates and prices;. Ren's contact details are on the back page.

SCOTTISH COUNTRY DANCING resumes at 7.00pm on Mondays

SATTERTHWAITE SINGERS meet at 10.00am on

Tuesdays - both in Satterthwaite Parish Rooms;

Contact Elizabeth Pollock for more details and cost. elizabethpollock12@btinternet.com

RUSLAND and DISTRICT WI

At our annual Carol Evening on 9th December, the President, Sally Lister, welcomed a large audience and then we heard a talk by two volunteers (one of whom was our member Maggie Biddleston) from the Barrow Food Bank, our chosen charity this year.

Favourite carols were sung, five readings given, two pieces sung by the Satterthwaite Singers and two pieces were played by the Rusland Handbell Ringers. Wine, mince pies and shortbread were served at the interval. The collection at the end raised £671. The Carol Evenings started in 1979 and £12,311 has been raised for charities since then. The next meeting is on Tuesday, 21st January at 7.30 p.m. at Satterthwaite Parish Room when a talk will be given by Vanda Lambton entitled "Yorkshire Buttons." If you don't know what those are then please come along and find out.

The February meeting will be on the 18th at the Rusland Reading Room. All welcome to both meetings.

RUSLAND VALLEY HORTICULTURAL SOCIETY

POTATO DAY at GREENODD VILLAGE HALL

19th January 2020- 10am to 2pm,

More information please contact Jon Woddy

(01539531928/ jon@woddy.co.uk) or Jen Steventon
(07528905003/jensteve@hotmail.com).

RUSLAND SPRING SHOW

Saturday 21st and Sunday 22nd of March.

Full details in the March edition

OXEN PARK READING ROOMS

The refurbishment is almost complete and it is almost unrecognizable apart from the green look and we couldn't possibly change that. – look out for special events over the coming year.

We have three more of our fund raising Winter Talks. 7th February – Stephen Sykes, who lives at Hill Top (Ealinghearth) will relate stories about the time that Arthur Ransome lived there.

6th March – Ron Mein "The Pack Horse & Bouth".

3rd April – Gordon Pickles and Matthew Jones – 1953 and 2019 expeditions to Sarawak.

These are all at The Carhouse 7.30pm and it's best to book ahead to secure a seat. crimcneill@gmail.com.

The Kevin Baverstock and Suzanne Tiplady presentation was hugely well received, giving everyone a much enlightened historical view of the old coffin route from Hawkshead to Dalton. We learnt why bodies were carried feet first and why the route zig zagged over any becks on the way. Those fell spirits needed to be respected!

CHRISTMAS EVE IN SATTERTHWAITE.

There was an excellent turn out for "Carols Round the Tree". Thank you to Harry Crabtree for the music and to all those who gave so generously. £160 was raised for the Church of England Children's Society.

DALE PARK RAINFALL

The December total was 9.57" (2018 8.62"). Not a lot of difference there. However the total rainfall for 2019 was 85.44" and the total in 2018 was 65.8". There were 142 dry days in 2019 and 2018 had exactly 20 more dry days which is almost three weeks of better weather. We knew it was a wet year!

RUSLAND HORIZONS TRUST - WHAT'S ON?

Greenwood Trails accompanied walk - Sunday 9th February

The Eight Greenwood Trails walks throughout the Rusland Valley are proving very popular. We will be organising a number of guided walks along these trails, the first being Greenwood Trails 4: Oxen Park to Bethacar Moor. There will be a choice of two guided routes, both starting and finishing at Abbot Park Farm, with the option of tea and scones (for a small fee). Full details and registration information can be found on the Rusland Horizons website.

Polytunnel Project update

The Polytunnel Project, which will focus on growing trees from seed and wildflower seedlings help from others. The aim is to involve many more members of the community, from the youngest to the oldest, so why not get involved?

Get writing in 2020!

As part of the Rusland Horizons 2020 Arts Initiative, there will be three creative writing workshops held on April 4th, May 2nd and July 4th. The workshops will provide a great opportunity to work with the talented, Ulverston based, Caroline Gilfillan; experienced tutor, published author of poetry and fiction and winner of several creative writing prizes. Each workshop will focus on the working landscape and natural world of the Rusland Valley. More details will be available on the website soon.

For more details, or to get involved, in any of the Rusland Horizons Trust projects please visit the website <http://www.ruslandhorizons.org/> or email <mailto:hello@ruslandhorizonstrust.org>

SATTERTHWAITE PARISH NEWS

2020 has not got started well for some, with thefts of Quad Bikes and Gator's. Hopefully once we get the second camera sited this will be of more help in preventing or discouraging crime in the valley. Anyone who would like to help us, with hosting a camera on their property please contact us on clerk.satterthwaitepc@gmail.com. The property would need to have wifi and be within 30m of a junction ideally in the Rusland Valley/Oxen Park area. We are organising some more Heart Start Training, anyone who would like training and didn't attend the last training session please contact us on clerk.satterthwaitepc@gmail.com

The Café at Grizedale will be starting Themed Take Away Nights again on 14th February. You can pre-order by ringing 01229 860036.

The next meeting will be held at the Commission Offices on 27th January.

OXEN PARK CINEMA CLUB

Only 6 films to go before the end of the season and these are some of the best, plus an 'extra'.

Tuesday 4th February – Supper at The Manor 7pm followed by the film – *Capharnaum/Capernaum*
Saturday 15th February (+ 2nd show if needed on Sunday 16th -) multi award winning - *The Favourite* with Olivia Coleman. 7.30pm

Saturday 22nd February extra, extra! – *Neither Wolf nor Dog*, 7.30pm. Based on a best-selling Native American novel it revolves around a remarkable performance from Lakota Elder Dave Bald Eagle, who was 95-years-old during filming!

Tuesday 3rd March – *Wind River* 7.30pm

Book as usual with Carol crlmccneill@gmail.com

COLTON PARISH COUNCIL NEWS

The traffic problems with the A590, and the effects on local roads in the Parish, with cut throughs and diversions when accidents occur, are well known. The Parish Council are actively supporting efforts to bring all the interested parties, Highways England, Cumbria County Council, Dept of Transport, the Police and others, together with local residents at a public meeting in the Spring. Watch this space! Concerns over speeding and accidents, particularly on the Tottle Bank road, and the hill down to Spark Bridge, have been around for a long time, and the Parish Council is still trying to get something done!

A planning application came to the January 13th PC meeting from the Swan Hotel at Newby Bridge. Their plan is to build a new extension with 28 bedrooms, and a swimming pool and spa, which will be a significant addition to their business. The extra employment and economic development this brings is welcome but councillors felt that the flooding issues and particularly traffic problems were major concerns. The access over the narrow bridge is already a bottleneck for hotel visitors and local residents alike and the hotel expansion plus the proposed extra car park for staff and visitors, could make for severe traffic problems. The matter will be decided by the Lake District National Park Authority but if you wanted to look at the details and send them your comments visit www.lakedistrict.gov.uk/planningsearch, and enter 7/2019/5835 into the reference search field.

LAST CALL FOR COMMUNITY GRANT APPLICATIONS!
Colton Parish Council has allocated an amount of money to support community organisations. Deadline for submissions is Sunday 2nd February Grant applications will be considered at our meeting on Monday 10th February, Please contact the Parish Clerk, Julie Hendry at clerk@coltonparishcouncil.org.uk, for an application form.

HELP FROM CITIZENS ADVICE

Q. I bought a present for a special anniversary from an online store. I paid extra for next day delivery but it hasn't arrived. The online store has said my parcel is with the delivery company. I tried to contact the delivery company but wasn't able to speak with anyone. What can I do?

A. You paid for next day delivery so your goods should be delivered on the agreed date. It's the seller's responsibility to make sure the item is delivered. They should chase the courier - it's not your responsibility.

You can cancel your order and ask for your money back because you haven't received your goods on the agreed date. Tell the seller it is "a breach of contract under the Consumer Rights Act 2015" - as the delivery date was essential and it wasn't met. You could try to get your special present from another online store or a local shop, if there is time. You can find useful template letters and information about your rights on the Citizens Advice website.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We can give detailed advice over the phone – telephone 015394 46464.

CHURCH NEWS

**Dear Friends,
Small Steps**

How as individuals can we make a difference? In her recent Christmas broadcast the Queen said "as we all look forward to the start of a new decade it's worth remembering that it is often the small steps not the giant leaps that bring about the most lasting change". Wise advice – whether you're building a team or protecting the planet.

When Jesus was calling his first disciples he famously challenged Simon Peter and his brother Andrew to leave their fishing boats and "Come, follow me and I will make you fishers of men". How, I've often wondered, did he fulfil this promise? Partly it seems through a large number of quite literal steps as Jesus, accompanied by his new team, set out and walked across Galilee teaching, preaching and healing as he went. In other words he showed them what to do in order that they themselves might then go on to have an impact on others.

The challenge to look after our world responsibly is currently very high profile, as it should be, and this includes how we access our energy. A step in the right direction in this context might be the next Open Forum meeting at 7.30 pm on the 5th March at St Mary's Church Ambleside entitled "Low carbon energy - will the lights go out?" The speaker is Professor Dame Sue Ion, Chair of Royal Society Science and Industry Committee and an expert in this area. Do come along, there's no need to book and no charge to attend and please bring others including any teenagers you know - it's an issue for all ages. Very best wishes for 2020 and may your small steps be productive,

Nick Hallam

CHURCH SERVICES MID JANUARY to FEBRUARY

Sunday	Colton	Rusland	Satterthwaite
Jan 19 th		5pm Evensong	No Service
26 th		11.15 Holy Communion	No Service
Feb 2 nd		5pm Celtic Evening Prayer	9.30 Holy Communion
9 th		11.15 Holy Communion	5pm Evensong
16 th		5pm Evensong	5pm Celtic Evening Prayer
23 rd			11.15 Holy Communion

Sunday	Hawkshead Church		Sawrey
Jan 19 th	9.30	Service for Christian Unity	11.15 Holy Communion
26 th	9.30	Holy Communion	11.15 Morning Worship
Feb 2 nd	9.30	Morning Worship	11.15 Holy Communion
9 th	9.30	Holy Communion	11.15 Matins
16 th	9.30	Holy Communion	11.15 Holy Communion
23 rd	9.30	Holy Communion	11.15 Morning Worship
26 th	6pm	Ash Wednesday Eucharist	

COME FOR A WALK

The next Benefice walk will be on Thursday 20th February. Meet in the car park of St Catherine's Church, Crook on the B5284 road (GR 452951) at 10.30am. We shall walk to Underbarrow and back via the ruins of the old St Catherine's church - about 5 miles in total. Bring a picnic.

For more information contact Gillian Fletcher 015394 36296 or Sarah Hunt 07824797497.

BENEFICE SHROVE TUESDAY SUPPER
HAWKSHEAD MARKET HALL - TUESDAY 25TH FEBRUARY at 7.00 PM
 Tickets and further details from Jean Irvine 015394 36635

In aid of Rusland and Satterthwaite Churches
A GAMES NIGHT
SATTERTHWAITE PARISH ROOM - SATURDAY 7TH MARCH 2020 AT 7.00 PM
 Quiz, Dominoes, Raffle and Entertainment.
 Supper will be a choice of six soups followed by cake, with a glass of wine or soft drink.
 Tickets, £7.50, from Hilary Collins (860312) Giles Wingate Saul (860300) or Sue Benham (860295)

ROOK HOW

Bookings are rolling in, so please get in touch if you want to stay at Rookhow in 2020 and tell your friends too. Please like and share on Facebook and Instagram.

The next work party day is Saturday 25th January 10am-4pm. We hope you can join us, even for part of the day. Bring your own lunch and snacks. Drinks will be provided. There is plenty of work to be done inside and out.

DIARY DATES

(Other dates elsewhere in this issue)

Jan	Tues	21st	Rusland and District WI – Satterthwaite Parish Room – 7.30pm
		27th	Satterthwaite Parish Council Meeting – Fprestry Commission Offices – 7.30pm
Feb	Fri	7th	Winter Talk on Arthur Ransome – Oxen Park Reading Room – 7.30pm
	Mon	10th	Colton Parish Council Meeting
	Tues	18th	Rusland and District WI – Rusland Reading Room – 7.30pm

NEWS FROM THE EAGLES HEAD

A big thank you to the Bogle Band and everyone who joined us to bring in the New Year! We raised £242 for Cancer Research with our charity raffle.

We will be open every day, serving food all day during the February Half Term. Booking is advisable and can be done by phoning us on 01229860237

Our fun Quiz Night will be back on Sunday 23rd February starting at 6:30pm. Everyone is welcome and free nibbles are available.

Race night will be back on Friday 28th February. The first race will start at 6:30pm. Horses and Jockeys will be available to buy from the bar before the night.

For more news and events follow our Facebook page @theeaglesheadsatterthwaite

PERSONAL

PRINTER INKS

Does anyone have a printer which uses Canon (or compatible) C-525 and C-526 ink cartridges? Fran Townsend has a small stock which she can no longer use. pandftownsend@gmail.com or 860206.

Copy date for March edition, 24th February. Please send to: -Liz Cringle -01229 860274 liggerc@hotmail.com Colin Barr –Tel: 01229 861408, cjbarr50@gmail.com (please note change of email address); Gordon Wilkinson – Crosslands Tel: 01229 860253; or Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com.

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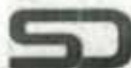
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