



RUSLAND & SATTERTHWAITE
NEWSLETTER

AUGUST 2023

302nd EDITION

This issue is sponsored by the Rusland Valley Horticultural Society

SHOWTIME!

THE ANNUAL RUSLAND SHOW.

SATURDAY 19TH AUGUST 2023

Whitestock Meadow (LA12 8LB),

Field opens at 11:30 and events start at 12:20.

- Flowers, Vegetables, Home Produce, Handicraft and Children's Exhibit Competitions
 - Fell Races, Track Races, Hound Trails with Cash Prizes
 - Children's Competitions: Pet Show, Fancy Dress, Obstacle Course, Races
 - Craft Tent, Refreshments, Ice-Creams, Local skills and crafts demonstrations
 - Free Circus skills workshops by Jesters
 - Tug of War (£100 1st Prize donated by The Manor House)
 - Music event after the Show!
- Admission £5 adults and £1 U/16s
(Please remember to bring cash!)

Schedules and entry forms are available from Committee members, or the Secretary, or online
Contact: Maureen Boyren, Hill Park Farm, Colton, Ulverston. LA12 8HP Telephone: 01229 885300
Email: ruslandshowinfo@gmail.com Website: www.ruslandshow.org

Find us on Facebook: Rusland Valley Horticultural Society Ltd

(There is always lots of help needed – please contact Maureen if you can muck in!)

SATTERTHWAITE PLAYGROUND

Is anyone willing to join a working party (date and time to be arranged, depending on response) to help sweep the loose shale and moss off the tennis court? It would make it a much safer surface to run around on. It would be helpful if you could bring a broom, shovel and possibly a wheelbarrow. Please contact Helen Bright in the first instance to help: 860936 or helen.bright@hotmail.co.uk
Thanks!

RUSLAND AND DISTRICT WI

The July meeting is, traditionally, an outdoor one and this year we met at the Hawkshead Bowling Club in pouring rain. We started with a glass of wine, ate our picnics and played dominos instead. The gentlemen who had come to instruct us how to bowl joined in playing dominos which was won by John Haddow. The walking group enjoyed a walk round Tarn Hows and again got caught in the rain. They followed this with tea and cake at Brockhole. The next meeting will be held at the Oxen Park Reading Room on Tuesday, 19th September at 7.30 p.m. with a talk by a Mountain Rescue member. All welcome.

THANK YOU!

We are pleased to announce that Clare Farnworth has come forward to take on the role of Newsletter Treasurer and take this opportunity to thank Edward Collins for serving in this position from the inception of the Newsletter. A job well done Edward.

RUSLAND VALLEY COMMUNITY TRUST

We are interested in hearing from anyone who needs financial help for small projects within our community and parishes

Please call Anne 01229860242

Angus 01229806316

We look forward to hearing your ideas

DALE PARK RAINFALL

The total rainfall for June was 4.1" and 19 dry days (2022 4.3" and 16 dry days). The total for July to 21st is 7.48" and only 4 dry days (2022 2" and 12 dry) The weather pattern for the summer is very similar to 2020 and July was followed that year by a wet August as well.

SATTERTHWAITE PARISH COUNCIL NEWS

At our last Parish Council, we were lucky enough to have representatives from the Highways Agency, Bethacar Commoners and United Utilities. I have summarised their presentations.

Highways Agency

- Large network of roads to be maintained by Highways. Three types of road repair – dig the road out, fill the hole and seal the repair, spray tar into the hole and level and put tar in the hole as a temporary repair. The last one should only be used for a very short-term repair. The first repair is preferred but can take time.
- Report repairs directly
- During the new council crossover things have been missed. If your complaint has not been addressed, please report the issue again.
- We need to reapply for the 20mph speed limit in the village and resend any evidence of vehicle speeds coming into the village. The previous application was lost in the system when the district councils changed.
- We need to report all road issues and ask other people to report the issues and keep reporting.

Bethacar Commoners

- They want to fence areas within the common to plant trees. To keep the sheep and cattle off these areas to help with conservation.
- There will be gated access for the public through the fenced areas.
- These fenced areas will be there over a 10-year period.
- Money will be paid to graziers and non-graziers pro-rata (graziers receiving more) as part of the Higher Tier Countryside Stewardship Scheme.
- The proposed areas enclosing 112ha and 65ha. People concerned access will be restricted. Commoners say that this will not be the case.
- We agreed in a vote not to comment on this.

United Utilities

- 19 million to be spent locally to repair the damage caused by Storm Arwen to the treatment plants in Ambleside, Elterwater, Hawkshead and Near Sawrey
- Drop-in Sessions will be held for community engagement
- Work will commence from 2025 to resolve wastewater systems and deliver a large environmental improvement.
- We need to know who to report issues to.

- Ask UU for monitoring reports from Cunsey and Satterthwaite.
- Ask UU who the River Rangers are.

The Council received a plan for the proposed car park showing the number of parking spaces. It was suggested that one of the spaces could include and electric charging point. The Council will investigate the cost of a plastic surface for the car park base.

We are hoping to organise a Parish event for later this year we will keep you posted with more details, once we sort out dates etc.

The parking issue at the junction beside the Church is still a problem, please can we remind you not to park close to the junction obscuring the view for vehicles exiting this junction or any other driveways along this section of the road.

If anyone knows of any work that needs doing or has anything they would like to bring up with the Parish Council please contact Dawn at clerk.satterthwaitepc@gmail.com

Our next meeting will be on 4th September in the Parish Rooms at 7pm.

COLTON PARISH COUNCIL NEWS

Our parish has been beautifully showcased in a film about our very own parish lengthsman, Archie Workman. *Drainspotting*, directed by Andy Oxley and Joshua Gaunt, premiered on the 22nd of July at the Laurel and Hardy Museum in Ulverston. It will be showing in the valley in the Autumn at Oxen Park Cinema Club. Congratulations to all involved. We will need to find a red carpet to roll out!

The 3.4-mile West Windermere Way was officially opened on the 15th of July. The route follows the lakeshore and links with key heritage sites such as Stott Park Bobbin Mill. The trail makes walking and cycling safer for residents and visitors alike and is already being well used. Work included the creation of a new bridge over the railway, surfacing, fencing and installation of signage. By linking boat, rail, and bus services this route will hopefully also reduce car numbers on this busy stretch of road.

Please come and visit our tent at the Rusland Show. Still time to enter local curios for our cabinet. See local noticeboards or contact marion@bestpath.co.uk for information.

Look out on the website and Colton link for the Community Plan Questionnaire. Please contact your councillor or the clerk if you would prefer to complete a paper version. Contact details are on the website. Paper copies will be available at the Rusland Show. Next meeting 7pm Monday 4th September at Rusland Reading Rooms.

CHURCH NEWS

Dear Friends,

I am grateful to Eddie Askew for pointing out that in the British Museum in London they have stones for use with a sling as a weapon, which had been dug up in Israel by archaeologists. They are about the size of cricket balls- the stones that is, not the archaeologists. Apparently, thrown expertly with a sling they could travel at about 100 miles per hour. I imagine that must take a lot of practice.

Eddie Askew is reminded of the story of David and Goliath. You probably remember the story. Goliath is the baddy, a giant soldier stronger than anyone else. David is a shepherd boy, who with a sling and just such a stone, went out with great courage and faith in his God. Exit giant, hit on the head by the stone.

You may remember that when David first saw Goliath, David was up on a hillside and Goliath was in the valley below. You can imagine that from up there the giant did not look so big, but as David moved down and moved closer, the giant would have looked bigger and bigger and more and more threatening.

That is how our problems sometimes appear to us- the nearer they get, the bigger and heavier they feel, but they are really the same size as they always were. Sometimes it is very easy for us to get things out of proportion.

Somebody has imagined what David's reaction must have been when he saw the giant close up. His first thought was, 'He's big!', or words to that effect, but his next thought was, 'Good, that means I can't miss!' Some of our problems are only as big as we make them and can be cut down to size with a bit of courage and the kind of faith in God that David had in the famous story. John

CHURCH SERVICES FOR AUGUST 2023

Sunday	Colton	Rusland	Satterthwaite
Aug 6th		6pm Celtic Evening Prayer	
13th			11.15 Holy Communion
20th		6pm Evensong	
27th			11.15 Holy Communion

Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey
Aug 6th	9.30 Morning Worship	10.30 Morning Service	11.15 Holy Communion
13th	9.30 Holy Communion	10.30 Morning Service	11.15 Matins
20th	9.30 Holy Communion	10.30 Morning Service	11.15 Morning Service
27th	9.30 Holy Communion	10.30 Morning Service	11.15 Morning Worship

Thursdays at 10am Hawkshead Methodist Church 'Time at 10'

COME AND GET TOGETHER AT A HARVEST SUPPER

Rusland Reading Room September 23rd

Pie and peas, delicious homemade puds and a glass of wine,
Quiz and raffle.

Tickets £10. Phone 01229860316 or contact helenlighthall@hotmail.co.uk.

All very welcome.

ROOKHOW NEWS

Rookhow Open Days - Rookhow Quaker Meeting House, a Grade II* listed building, built in 1725, is open to the public on the 1st and 3rd Friday of every month 10am-4pm all year round. You may have seen the big white building on the left, halfway between Oxen Park and Satterthwaite. Locals are very welcome to come in and have a look around. Tea, coffee and homemade cakes provided. Our volunteer guides will be happy to show you around and you can wander into the woods too. If you'd like to come with a group, please let Sue know in advance so we have enough cakes!

Quaker Meetings at Rookhow Meeting House - On the first Wednesday of every month 7.30-8pm and 1st and 3rd Fridays 12.30-1pm. All welcome.

Day bookings - Rookhow Meeting House can be booked for meetings & day events (Monday-Thursday) and as a base for use of the woodland.

Dark Skies Cumbria - Rookhow has some new external lights which are Dark Skies- friendly which is better for wildlife. Kendal Metalworks have also made some new handrails for the front entrance with dark skies-friendly strip lights underneath. With thanks to the Friends of the Lake District who have contributed a grant towards the costs.

Rookhow is a 300year old Grade II* listed Quaker Meeting House in the Rusland Valley and is a registered charity. Its 16 bed Bunkbarn provides simple affordable accommodation for groups and families. We put 5% of our bookings income into subsidising stays for vulnerable groups and have already supported 400 people from 30 organisations. Website: rookhow.org.uk Contact Sue Nicholls, Development Manager Tel 07377 971783 Email: contactrookhow@gmail.com

SATTERTHWAITE PARISH ROOM

The Parish Room Committee would like to thank all who came along and enjoyed a thoroughly convivial evening at the "open house" on 13th July. Once people had had a chance to socialise over a drink or two, Jenny Armstead gave a very well-informed talk on the planned project to refurbish and update the Parish Room. She also thanked everyone who had returned a survey, and invited those who had not, to send one back - consulting the community is a big part of this programme. Then we were treated to a lovely supper, courtesy of Simon Brock and Mohit Syangbo, to whom go our grateful thanks for their time. Thanks also to Mike Armstead for the splendid bar, and to Jenny and Mike for sponsoring the whole evening. Everyone agreed it was nice to get together in the Parish Room, so we would like to hold more food and drink evenings every so often, this time as fund-raisers for the hall.

Behind the scenes, the Committee's working group has a lot of bureaucratic gymnastics to get through, before we even get to the starting blocks of applying for grant funding, so do not expect to see any changes for some time yet. please continue to use the Parish Room whenever you can, because all support is gratefully received.

Copy date for September edition, 26th August 2023. Please send to: - Liz Cringle - 01229 860274
lizzgerc@hotmail.com ; Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206,
pandftownsend@gmail.com. Carol McNeill - crlmcneill@gmail.com



RUSLAND READING ROOM
AVAILABLE FOR HIRE
CALL DAVID HOYLE 01229 860390



Janet Smedley
M.C.S.P., H.C.P.C. Registered
Chartered Physiotherapist

Get the Care You Need
www.jesphysio.co.uk
Phone: 07831 219849
janet@jesphysio.co.uk

Unit C, Dixon's Court, 101 Lake Road,
Ambleside, Cumbria LA22 0DB



South Lakes Fitness

RENNEL BRENNAN
PERSONAL TRAINER & FITNESS
Local GB triathlete and personal trainer offering a tailor-made fitness programme. Train in the forest, at home or in a gym.
01229 860433/ 07866261344
ren@southlakesfitness.co.uk
[Facebook/southlakesfitness.co.uk](https://www.facebook.com/southlakesfitness.co.uk)
www.southlakesfitness.co.uk



"There is no doubt a new dress is a help under all circumstances!"

2x2
52 Market St
Ulverston
(overst) 202020

To advertise in this space please contact

Clare Farnworth - 01229 861666
07771 874616

or

clare-farnworth@gmail.com



S & P Southworth
Plumbing & Heating
Engineers
Bloomery Barn
Satterthwaite LA12 8LN
Tel: 01229 860469/07850983849



Andrew Stoker
Mobile
Motor
Mechanic

Servicing - Repairs - Breakdowns
Engine Tuning - Pre-MOTs
Reliable 24 Hour Service
Covering South Lakes and Furness
18 years motor trade experience

Well Cottage, Satterthwaite
Tel: Satterthwaite 860292
Mobile: 07974 316985



SIMMONS DECORATING

Interior and Exterior Painting
Wallpaper Hanging
Quality Workmanship
City & Guilds Qualified
Call Ed for a free quote on -
07974 746 148

FORRESTERS
SOLICITORS

Friendly advice for all legal problems
117 Duke Street,
Barrow-in-Furness, LA14 1XA
Tel: 01229 820297
mail@forresterssolicitors.co.uk
www.forresterssolicitors.co.uk