



**AUGUST 2016**

**241<sup>st</sup> EDITION**

*This Edition is sponsored by the Rusland Valley Horticultural Society*

## **SHOW TIME AGAIN!**

### **RUSLAND SHOW 2016**

Whitestock Meadow - Saturday 20<sup>th</sup> August

Schedules from the Syke, Rusland or online at: -

[www.ruslandshow.org.uk/entries.htm](http://www.ruslandshow.org.uk/entries.htm)

For more information contact the Show Secretary,

Antony Meanwell T: 01229 860

Or email: [meanwell@msn.com](mailto:meanwell@msn.com)

In aid of Rusland Reading Room  
an Evening with  
TAXI

Local soul/blues/jazz band

Friday 16<sup>th</sup> September, 7.30pm

Rusland Reading Room

£10 including light supper & cake!

Bring your own drinks.

Tickets from: -

Anne Robinson ([ruslandannie@hotmail.co.uk](mailto:ruslandannie@hotmail.co.uk) 01229  
860242)

or Mandy Lane ([mand.lane@btinternet.com](mailto:mand.lane@btinternet.com) 01229  
861408)

### **CONGRATULATIONS!**

Fergus Meanwell was off to the World Tera sailing championships in Santander, Spain at the end of the July as part of the GB team. He has been training hard on Windermere three times a week, and at weekends at Ripon Sailing Club with the Tera squad, over the winter.

48 sailors from all over the world will compete in Santander. There will be 5 consecutive days of sailing, with 5 hours of racing each day.

**AND**

Well done to Harry Elkington Crabtree, the Head Boy for 2016/17 at John Ruskin School.

### **BROADBAND DIGITAL WORKSHOPS**

7pm Thursday 8<sup>th</sup> Sept. Finsthwaite Village Hall

7pm Friday 9<sup>th</sup> Sept. Greenodd Village Hall.

A chance to learn what's happening in the area and how better broadband connections will change the way we do things - from a member of the Connecting Cumbria team - Phil Ruston. Just turn up on one of these nights - hope to see you there. More info from [mike@postle.co](mailto:mike@postle.co)

### **ANOTHER RECORD BREAKING EVENT!**

Leven Valley Support Group for St Mary's Hospice held their Annual Summer Fair and Car Boot Sale in Haverthwaite on 19<sup>th</sup> June and with the help of many friends and volunteers surpassed all expectations by raising the magnificent amount of £4800!!!!!! The weather just about held out, until the heavens opened around 1.30pm.

Ritchie the magician enthralled the children with his tricks and Taffy Thomas the Storyteller took them on a journey to another world with his stories. Fifi the Flea flew in from Paris with Uncle Tim and Daisy. The bargains to be had were many - books, cakes, plants and of course all the car boot items! There were many local craft and produce stalls with wonderful gifts and goods.

Heartfelt thanks to all our friends and volunteers for helping us make the day such a success once again and a big thank you to everyone for their continued support in helping raise funds to help the patients and their families in the hospice.

Dorothy Crabtree

#### RUSLAND HORIZONS UPDATE

Thanks to everyone who came to the Community Forum at Sparkbridge Village Hall. Refreshments and canapes fuelled some lively debate and it was great to see so much interest in the projects and a fantastic willingness to get involved. There are opportunities for everyone to get involved as the projects are really starting to take off. Go on – give Clare Dyson a ring on 07787 154 065 or email

rusland.horizons@lakedistrict.gov.uk and have a chat about what might interest you. We will be at quite a number of the local shows in August - Cartmel, Hawkshead and Rusland - so please do pop along and have a chat or come and lend a hand on the stand.

Hot off the press - the Heritage Skills Training Programme will be launched on the website shortly – this is a fantastic opportunity to develop or improve traditional skills and crafts that have maintained this landscape over the centuries. Just a selection of what is coming up in October – Greenwood Bench Making with Gareth Thomas; Greenwood Skills with James Mitchell. Check the website or email rusland.horizons@lakedistrict.gov.uk for a brochure.

Dates for your diary:

Butterfly surveying – now till end of August – contact hilary.smith609@gmail.com

Archaeology Taster Day – Cunsey Bloomery Forge:  
Sunday 14 August

Greenwood Trails – Walk & Talk, meet at Old Hall Farm, Bouth: Wed 17 August 11am – 2pm

Rusland Red Squirrels – come to Haybridge Nature reserve and find out more about the project. Wed 14 September 7.30pm

Rusland Horizons Fell Care Day – Colton, Thursday 3 November

#### RUSLAND AND DISTRICT WI

In July, on the hottest day of the year, we met in the beautiful garden of Helen and Angus Adams. After touring the garden, vegetable garden and orchard, members enjoyed a Jacob's Join supper, followed by a gardening quiz which was won by Judy and David Shaw. The Queen was toasted in bubbly and everyone was still sitting outside at 10 p.m. as the heat of the day faded. Helen and Angus were thanked by Barbara Woddy and a fragrant bouquet was presented to Helen. There will be no meeting in August, but on Tuesday, 20th September at 7.30 p.m. we shall meet at Rusland Reading Room to hear Mr. David Fellows on "A Cumbrian Colony in the South Pacific." All Welcome.

#### OXEN PARK CINEMA CLUB

The programme for this season is just about finalised with plenty of great and interesting films on the list. 1st Tuesday and 3rd Saturday of each month have been fixed.

In September we start with SUFFRAGETTE, on Tuesday 6th at The Carthouse in Oxen Park, at 7.30pm. In complete contrast, on Saturday 17th September is EX MACHINA – 'a young man takes part in a strange experiment; testing an artificial intelligence housed in the body of a beautiful robot girl'. Printed programmes and updated website should be available by the end of August.

#### COLTON PARISH COUNCIL NEWS

Vacancy for Colton Parish Council Clerk: Our current Clerk, Mandy Lane, has decided that, after nearly 10 years in the role, she would like to retire, and so we are seeking a replacement Clerk. The Council is looking for someone with experience of working for committees, managing basic accounts and budgets, and ideally having worked in local government or a similar organisation. Experience of using Microsoft Word and Excel is essential, and experience of developing basic websites would be desirable. The role requires working from home for up to 10 hours a week, at the standard local government pay scale (which starts at £8.70 per hour). You will need your own computer and internet access. A home office allowance is payable. If you are interested, please get in touch with Mandy (contact details below).

Ofcom rural broadband survey: "Ofcom wants rural people (sic) to tell it about the broadband challenges they face" – according to the Rural Services Network: ([www.rsonline.org.uk/services/telecoms-watchdog-seeks-rural-volunteers](http://www.rsonline.org.uk/services/telecoms-watchdog-seeks-rural-volunteers)). Volunteers are being sought to join Ofcom's expanded research panel. Interested? Then sign up on Ofcom's partner website:

(<https://signups.samknows.com/ofcom/>). If you are accepted on the scheme, you will get a 'white box' which reports the performance – or lack of it – of your broadband connection. The box will not interfere with your connection as it only runs tests when the connection is not in use and it does not monitor what you use the connection for. Mike Postle has had one of these boxes for some time and the graphs make interesting (if sometimes depressing) reading! Our next Parish Council meeting will be held on Monday 5th September in Finsthwaite Village Hall, 7pm.  
Mandy Lane (Clerk), T: 01229 861408, E: coltonpc@btinternet.com W: [www.coltonparishcouncil.org.uk](http://www.coltonparishcouncil.org.uk)

#### THE WEATHER

##### RAINFALLS for JUNE

Brathay	Oxen Park	Ulverston	Dale Park	Historical
5.3"	4.9"	4.6"	6.2"	4.45"

##### RAINFALLS up to 25<sup>TH</sup> JULY

	5.2"	4"
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Forestry (to 2003), Env.Agency, Hilary Collins, Dale Park, via Chris Stacey

## CHURCH NEWS

**Dear Friends,**

*I live in a place which attracts tourists and day-trippers, and it is a great privilege to live in a place which people want to visit for refreshment and relaxation. It is a very important thing we offer here: space for people to escape from some of the routines and pressures of daily life and maintain what we have come to call 'a healthy work-life balance'.*

*In Luke's Gospel there is a story of Jesus with two sisters, Mary and Martha. Martha is fed up because she is doing all the housework, and Mary is just sitting listening to Jesus and is not helping at all. Eventually Martha just has to say something, so she asks Jesus to do her a favour and tell Mary to give her a hand.*

*Most readers have probably at some stage or other felt that they are doing more than their fair share of the work, that there is someone close by who is not really pulling their weight, so perhaps we side with Martha in this argument. But, infuriatingly, Jesus doesn't tell Mary to help with the housework; he says that Mary has chosen the better way.*

*I don't think Jesus wants to dismiss the importance of hard work. The point is that both dutiful busyness and rest are important. Instead of being incompatible opposites, perhaps we can think of Mary and Martha as representing two sides of a single person.*

*So the story offers a challenge: how do we achieve a balance between activity and stillness, or, for the person of faith, between dutiful busyness and listening attentively to God in prayer, between the Martha part of us and the Mary part.*

**John**

*The Vicarage, Hawkshead.01539436301. jjcedixon@btinternet.com*

## CHURCH SERVICES FOR AUGUST

Sunday	Colton	Rusland	Satterthwaite
August 7 <sup>th</sup>	9.30 Morning Worship	6pm Evensong	9.45 Holy Communion
14 <sup>th</sup>	9.30 Holy Communion	11.15 Holy Communion	6pm Evensong
21 <sup>st</sup>	9.30 Holy Communion	6pm Evensong	9.45 Service for all Ages
28 <sup>th</sup>	9.30 Holy Communion	6pm Songs of Praise	11.15 Holy Communion Bowkerstead Farm

Sunday	Hawkshead	Sawrey
August 7 <sup>th</sup>	9.30 Morning Worship	6pm Churches together Communion Hawkshead Methodist Church
14 <sup>th</sup>	9.30 Holy Communion	6pm Celtic Evening Prayer
21 <sup>st</sup>	9.30 Holy Communion	6pm Celtic Evening Prayer
28 <sup>th</sup>	9.30 Holy Communion.	6pm Songs of Praise, Bowkerstead Farm.

### In Aid of Rusland and Satterthwaite Churches

**COFFEE MORNING AT THE CORONATION HALL – Thursday 1<sup>st</sup> September – 9.30am to 11.30am.**

Donations of Cakes. Produce, Books and Tombola/Raffle prizes will be very welcome.

Susan King is collecting Toiletries – soaps, hand cream, talc, shampoo and bath salts.

Please drop off at 2 Colton Cottages or contact Susan on 01229861173 for collection.

### THE STRAWBERRY TEA

Thank you so much to everyone for such a great effort and so much delicious food!!

Considering the bad weather and clashes with other events we made an amazing profit of £260.75 (just over £130 per church)!!!

### COME FOR A WALK

The next walk will be on 15<sup>th</sup> September, to Burnmoor Tarn in Eskdale. The details of will be in the next edition.

### HARVEST SUPPER – MAKE A DATE IN YOUR DIARIES

This will be held in Satterthwaite Parish Room on SATURDAY 1<sup>ST</sup> OCTOBER. Full details in the next edition.

### TOO GOOD TO BE TRUE? - BE AWARE OF SCAMS.

If something seems too good to be true, it probably is just that. Citizens Advice estimates that UK consumers lose £5 billion every year to scammers - criminals who play on people's dreams, and their trust, to trick them into handing over money. One in every ten people has been a victim. Don't be the next one - be scam aware, get advice and check before you hand over cash. There is a huge variety of ways you can be conned out of your money, by mail, phone or online. Bogus agencies offering you a dream partner or job, pensions and investment schemes promising you untold riches, fake tickets, claims that you have won a prize ... they all ask you to hand over money in advance. Some scams pretend to be from your bank or computer operator, asking for passwords. What can you do about all this? Be scam aware, take your time, check things out. The Citizens Advice website ([www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)) has lots of detailed information on scams.



### DIARY DATES

August	Tues	2 <sup>nd</sup>	Hawkshead Church – Sian Carys, Soprano – 8pm
	Tues	9 <sup>th</sup>	Hawkshead Church – Lake District Summer Music Concert – 8pm
	Tues	16 <sup>th</sup>	Hawkshead Church – Peter Brown, Piano – 8pm
	Sat	20 <sup>th</sup>	Rusland Show – Whitestock Meadow from 12.30pm
	Tues	23 <sup>rd</sup>	Hawkshead Church - Linda and Stephen Walsh, piano and clarinet. Bobby Cooper, compere. – 8pm
	Tues	30 <sup>th</sup>	Hawkshead Church - Barrow Male Voice Choir – 8pm
Sept	Thurs	1 <sup>st</sup>	Satterthwaite and Rusland Churches Coffee Morning- Coronation Hall, Ulverston – 9.30 to 11.30

### PERSONAL

- Judith Smith and family would like to thank the many people who have been so very supportive and helpful following the sudden death of Judith's husband, John. Their kindness and understanding have been greatly appreciated.
- Our thoughts are with Bronwen, Andrew and Catherine Sly and their families, following the loss of their mother, Jean Sly, who passed away peacefully at home in Bandrake Head, at the age of 97.

Copy date for September edition, 26<sup>th</sup> August 2016. Send to: - Liz Cringle Tel: 01229 860274, liggerc@hotmail.com ; Colin Barr – Oxen Park Tel: 01229 861408, cj.barr@btinternet.com; Elsie Wilkinson – Crosslands Tel: 01229 860253; Frances Townsend – PepperHouse Tel: 01229 860206, pandftownsend@gmail.com; Sylvia Chadwick – Monks Cottage Tel: 015395 31685.

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