



APRIL 2020

280TH EDITION

This issue is sponsored by the Forestry Commission

KEEP CALM AND CARRY ON

YOUR NEWSLETTER

In these difficult times, and following 'official' guidelines, we will not be distributing a paper copy of the newsletter for the time being. For the majority of people who have access to the internet, copies will be available at <http://www.rusland.org.uk/> and <http://www.satterthwaitepc.org.uk/rsnarchive.html>. If you know of someone who is not able to access a computer, perhaps you could print a copy for them and pass it on (carefully!).

We look forward to resuming normal service in due course. [-Ed]

IN NEED OF HELP?

SATTERTHWAITE MUTUAL SUPPORT GROUP

If you are self-isolating due to Covid-19 this group is available to assist with shopping, collecting prescriptions, safe social contact, dog walking etc. If and when you require any such help then please call or email Simon Brock – 01229 860148 simonbrock@btinternet.com

If you can offer assistance in any of the ways listed above, or can think of other ways in which you can help, then please get in touch

START TAKING PICTURES NOW FOR THE RUSLAND HORIZONS 2021 CALENDAR!

After receiving some feedback, we have decided to broaden the theme from 'Working a Rusland Landscape' to simply 'A Rusland Landscape', which should provide greater scope for those thinking of entering - and we hope that there will be many entries for the judges to choose the 12 best photos from. You may enter up to 3 photographs, taken especially to enter the competition or drawn from your existing collection, as long as it meets with the rules. There will also be a prize for the overall best photo, as determined by the judges.

SOME GOOD NEWS!

All in the Rusland Valley would like to wish Gordon and Donald (The Wilkinson Twins) A VERY HAPPY 90TH BIRTHDAY on April 26th. Best wishes and love to you both.

COLTON – HELP IS AT HAND!

The Spring sunshine is a welcome relief in the midst of the Coronavirus pandemic, and the lockdown, as residents struggle to reorganise their lives. Colton Parish Council members have been working to set up arrangements for self-help and also to link into other facilities available in South Lakeland.

Please follow government guidelines to help our NHS and to help save lives.

Each area of the Parish has a responsible Councillor or resident who can be contacted for help and advice, and to make arrangements for assistance with shopping etc. Councillor Marion Brown is initially taking the co-ordinator lead on this for now and she can put you in touch with your local contact. Her contact details are telephone: 01229861690, mobile: 07738359295 and email marion@bestpath.co.uk

Full details of all councillors are on the Parish website: www.coltonparishcouncil.org.uk. Please do get in touch if you need any help with shopping, your prescription, dog walking, setting up FaceTime or Skype, or just a friendly chat to keep in touch. For those self-isolating sharing the experience with a friendly chat is of great value for your mental wellbeing which is as important as your physical wellbeing.

Neighbourly and family help has kicked in for some, with residents volunteering to shop and collect prescriptions. However, we are aware of possible gaps in the parish. More volunteers are needed in some areas to be back-ups and help minimise the risk to those already helping. Please consider volunteering to collect for others less fortunate if you are in a position to do so.

The Parish Council has been in touch with some great local businesses who are happy to supply and deliver and a list of these is on the website: www.coltonparishcouncil.org.uk

Please do use them as they too are local, and struggling to survive with the current restrictions.

We may have particular problems in Colton Parish, being a rural community with many older residents, but we have great community strength and resilience!

NEWS FROM RUSLAND HORIZONS

We are watching the impact of the coronavirus on our lives on an hour-by-hour basis and drawing upon the best advice that we can to guide our actions. There were a number of forthcoming events, which have all been postponed; however, please visit our website, www.ruslandhorizons.org, for latest updates.

On a much more positive note, we welcome our new part time project officer, Heather Whitworth. She joins to help us all to implement our exciting and ambitious projects. Look out for her, as she gets to know everyone, and above all, please help her to help Rusland Horizons make a difference to our landscape, environment and community. You can contact her at hello@ruslandhorizonstrust.org, marking the email for her attention.

For your allowed exercise, why not try one of the Greenwood Trails. You will find the trail guides on our website. While you are out, think about your entry for the Rusland Horizons 2021 Calendar competition. Take some breath-taking shots, or, if confined to barracks, spend some time going through your photo collection to find your best 'Rusland Landscape' images.

Competition rules are on the website.

The first informal discussion group for Farmers and Landowners took place recently at the White Hart. There was a great turnout and everyone thought it a good idea. The next meeting, sometime in the future, will have a speaker to answer questions on the forthcoming Environmental Land Management Scheme (ELMS) which will impact so many members of our community. Look out for the date of that meeting.

Last, but not least, we are looking for volunteers to join the existing, and stretched team, of trusty volunteers. Would you be prepared to give us your time and enthusiasm for both outdoor and indoor activities? It is all in a good cause and it's fun!

OXEN PARK CINEMA CLUB

We are closed until further notice. The remaining three films will be shown next season – or whenever we can open.

The DVD library is available so if you would like to borrow a DVD (no cost), then contact Carol to arrange access – please wash your hands before you come.

As always thanks for your support
crimcneill@gmail.com or 01229 861507

DALE PARK RAINFALL

In these strange times, the only thing that didn't seem to be changing was the weather -but as we've just had 7 dry days perhaps it has at last!

The total rainfall for February was 15.53" (2019, 8.24") and the total to 24th March is 53"(2019,12.27"). There have been 26 dry days so far, with 10 of those in March.

Last year March was the wettest month of the year and so far March this year is the driest.

The total rainfall to date for 2020 is 27.98".

We are sorry to hear that Julia Buckley is now in Furness General Hospital, unable to be looked after at home any longer. Our thoughts are with her and her family at this difficult time.

OXEN PARK READING ROOM

We have postponed the last of the Friday presentation series so look out for notice of Gordon Pickles presentation about his trip to Sarawak.

We have had another great season with so much support for all our speakers and raised over £800 for the Reading Room refurb.

I am gathering ideas for the next series and considering having some speakers or films to give us wisdom on climate change, landscape & farming issues, and wild land conservation. If you know someone who would fit the bill or have an idea then please let me know.

Carol (crimcneill@gmail.com)

RUSLAND and DISTRICT WI

We are not able to meet but daily emails and phone calls are now a feature of our WI life. We cancelled our March meeting and in April we were to have a very special meeting with a singer from English Touring Opera who was going to perform and get us all to sing too. We hope this will happen next year.

CITIZENS ADVICE

Q. I'm from Austria and I know I need to apply for Settled Status now the UK has left the European Union. But I'm really confused about what documents I need in order to apply for me and my children. I'm worried that we might have to leave.

A. Your rights won't change until 31 December 2020. However, you should apply as soon as you can in case of any delays. After that date you might be asked to prove your right to do things like get a job or use a service like the NHS.

You need evidence that you've lived in the UK for 6 months out of every 12 months for 5 years in a row. You will need a passport or national ID card, a digital photo, your National Insurance number or proof of how long you've lived in the UK, a mobile number and an email address. If you've been working, you can find your National Insurance number on your pay slip.

If you make your children's application after you've made your own, you can 'link' your child's application to yours, using your own application number. If your own application is successful, your child will get the same status as you. You will need to have proof of your relationship - for example a birth certificate.

If you need any help with your application, contact South Lakes Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We can give detailed advice over the phone – telephone 03444 111 444 – THIS IS THE NATIONAL TELEPHONE SERVICE. PLEASE BE PATIENT. YOUR CALL WILL BE ANSWERED. For email see our website: www.southlakescab.org.uk. We have various outlets across South Lakeland if an appointment is required. For Money Advice and for on-going enquiries please call 015394 46464.

AT PRESENT WE CANNOT DO FACE TO FACE APPOINTMENTS BUT WILL DO OUR BEST TO GIVE HELP BY TELEPHONE – 015394 46464

CHURCH NEWS

Dear Friends,

You may have heard that our church buildings are now closed, even for private prayer. Again, of course, this doesn't mean that church has stopped- it has just changed (as it has always had to change to suit the times- and these are very strange times!)

ONLINE BIBLE STUDY

Here's something you might like to investigate: an online bible study called Simply Jesus that can be done individually.

This course is based on Tom Wright's book Simply Jesus: Small Group Edition. Although the course is done individually, it does include questions for discussions, so you might like to think of a person or people to do the course with and communicate for discussion by email/ phone etc.

You do have to be quick though. If you enrol before 17:00, 27th March 17:00 the course is free (normally it costs £149.99!). The link for enrolling is : [Simply Jesus - TKC gift](https://www.which.co.uk/news/2020/03/coronavirus-scams-how-to-spot-them-and-stop-them/?utm_source=whichcouk&utm_medium=email&utm_campaign=CVemail1). Click there to give it a go.

SCAMS

Remember that a crisis like the present one will bring out both the best and the worst in people. There will be people trying to take advantage of the people's anxiety by scamming them.

This article is worth a read: https://www.which.co.uk/news/2020/03/coronavirus-scams-how-to-spot-them-and-stop-them/?utm_source=whichcouk&utm_medium=email&utm_campaign=CVemail1

Take care, keep in touch.

Love and best wishes to you all

John,

The Vicarage, Hawkshead - 015394 36301 - jjcedixon@btinternet.com

GAMES NIGHT AT SATTERTHWAITE PARISH ROOM

This was yet another very successful, memorable and enjoyable evening, hilarious entertainment being provided by Basil and Sybil Faulty and Manuel, aliases of John and Judith Dixon and Mike Benham.

Thanks to all of you for working so hard to make it a success and to those who supported us by attending. £458.01 was raised which will be split between the two churches.

NEW ROOK HOW SIGN UNVEILED

A group of about 15 people, mainly locals from the Rusland Valley and some Rookhow volunteers, met outside Rookhow to hear about developments and to see the new sign being unveiled by Colton Parish Councillor David Hoyle. Sue Nicholls, Rookhow Development Manager explained how guests had been finding it hard to find Rookhow and suggesting to us that we had a sign made. Colton Parish Council kindly granted the money for Kez (Samara Henderson) to craft a sign based on a logo design by Toby Travis, from the local Quaker families' weekends. Jack Holden from Mountain Oak woodcraft provided a beautiful piece of seasoned oak, of which he said "This must be the finest piece of oak in Cumbria!"

As David unveiled the sign he said, "Rookhow is one of the most important buildings in the parish and it's something we should really make more of."



£4,000 FROM DULVERTON TRUST

We have just heard that we have been awarded £4,00 from the Dulverton Trust (through the Cumbria Community Foundation) towards the Friends Community Room & Kitchen. This means that with the £3,000 from the Hadfield Trust, we can start to put in the new woodburner and repair the stone floor.

LISTED BUILDING CONSENT from LDNP

We have been granted Listed Building Consent from the Lake District National Park for initial repairs to window, roof, the Meeting House bench, woodburner installation, floor repair and the creation of a French Drain around the Meeting House & cottage. Stephen Grindrod, conservation builder will be leading this work and we'll need some extra volunteer help with some of it so please get in touch if you're interested.

FRIENDS OF ROOKHOW scheme

We now have 7 Friends of Rookhow, all helping to support our ongoing work. We could do with a few more! You choose how much to give each month. One-off donations also welcome :)

CHARITY STATUS UPDATE

Our application is being considered so we hope to have some good news soon.

RVHS GARDEN COMPETITIONS

You may not be surprised to hear that the Spring Garden Competition has been cancelled. However, ever optimistic, we will continue to plan for a Summer Competition and, with all this time to spend in your garden, we are expecting a bumper entry later in the year (judging usually takes place towards the end of July). Please remember that there is also a Children's Summer garden competition for a hanging basket or planted container (same as in last year's schedule, which is still on the website : - <http://www.ruslandshow.org.uk/> .)

This is a great time to introduce our younger members of the community to the joys of gardening!

Looking forward to more normal times!

RUSLAND VALLEY HORTICULTURAL SOCIETY LTD.

are pleased to be welcoming back to the marquee on Rusland Show Field

the Ricky Aron Rock & Roll Show

"A Tribute to Elvis Presley & the Legends of Rock & Roll"

SUNDAY AUGUST 16th 2020 at 8pm

Tickets £10 available nearer the time.

We hope the show will be able to go ahead but at present this is an unknown.

Be optimistic and put the date in your diary!

Copy date for May edition, 24th April. Please send to: -Liz Cringle -01229 860274 liggerc@hotmail.com Colin Barr -Tel: 01229 861408, cjbarr50@gmail.com (please note change of email address); Gordon Wilkinson - Crosslands Tel: 01229 860253; or Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, pandftownsend@gmail.com.

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