



RUSLAND & SATTERTHWAITE NEWSLETTER

NOVEMBER 2025

326TH EDITION

This issue is sponsored by Tracy & Tony Brooks, 'Sawrey Dykes', Ickenthorpe

FALL INTO AUTUMN

A CELEBRATION OF AUTUMN

The first ever Oxen Park and Bandrake Head 'Jar Fest' was held on Sunday 19th October. More than 30 folk, from Coniston to Lancaster, submitted over 130 entries, displayed in the beautifully decorated local Reading Room, resplendent in red and white gingham and gorgeous autumnal decorations. There were jams, other things in jars, things to go with jams, and photos and limericks. The other essential ingredient was plenty of interested visitors but heavy rainfall, the first in weeks, played its part in keeping numbers low. Nevertheless, formal judging yielded over 25 prize-winners; bragging rights went jointly to Gay Jarvis and Helen Adams who both scored the most points although Pam Priestley should feel proud to have won the 18-strong Chutney class. Tea and cake (generously donated by local people and WI members) was available to visitors from the kitchen, efficiently run by Christine Jackson and helpers. Rick and Sarah Emslie promoted a raffle with top prizes from The Manor House and The Hawkshead Relish Company, as well as other generous contributors. The day had been organised as a fund-raiser for the Reading Room and, despite the modest turnout, about £500 was raised. Thanks are due to many people who made this first event a qualified success, none more so than to the four brolly-wielding gentlemen from Oxen Park who took charge of parking arrangements. Sadly, theirs was not the most enjoyable aspect of the day!

Copy date for December/January edition,
26th November

LAST CALL FOR AUTUMN SUPPER

Satterthwaite Parish Rooms

SATURDAY 22nd NOVEMBER 7.00pm.

Book by 15th November with Fran Townsend on 01229 860206

or pandftownsend@gmail.com, including any dietary requirements. Please remember to bring cash for the bar on the night.

On the night before, Friday 21st November, Darren Michaels is playing at the Eagle's Head, so whv not make a weekend of it!

KEEP FIT AND WEIGHT TRAINING

Satterthwaite Parish Room now has its own set of weights, 1kg - 10kg (in the cupboard of the hall), plus some new exercise mats (hanging up on the balcony), so if you would like to make use of them for your own personal weight training, or with friends, contact Kevin to book the room (860181). If you prefer to keep fit in a guided or group environment, Renell runs a Circuits group in the hall 8 - 9am on Tuesdays and a Pilates class 9.30 - 10.30am on Thursdays. Contact Ren if you are interested: 07866 261344/ren@southlakesfitness.co.uk
This year Ren was ETU European cross triathlon champion - congratulations!

FINSTHWAITE AND LAKESIDE VILLAGE HALL

"LIGHT IN THE DARKNESS"

a storytelling and music evening

Friday 7th November at 7pm

£18.00 per person, cash on the night

To book contact Victoria - 07185796289, Bernie - 07923543520 or Meg - 01539530092

Tea or coffee in the interval or you may prefer to bring your own drinks.

TENNIS BALLS! Does anyone have any old tennis balls? Satterthwaite Playground has racquets but no balls, so if you can spare some, please pop them in the box on the shed veranda down at the playground. Thank you!

COLTON PARISH COUNCIL NEWS

Tackling storm damage Storm Amy caused localised flooding, fallen trees and branches and surface damage on some lanes. We have reported the issues that we have been made aware of to the Westmorland & Furness Highways Team and hope that the repairs will be carried out soon.

Steps you can take:

- You can report problems, including flooding, potholes, fallen trees and damage to the road surface and by phoning the Council on 0300 373 3300 or using this link <https://www.westmorlandandfurness.gov.uk/parking-streets-and-transport/streets-roads-and-pavements>
- If a drain needs clearing or the verges require work, you can contact the Parish Council and we will assess if the job is something Archie, our Parish Lengthsman, can do. Colton Parish Council has supported new proposals to apply Public Space Protection Orders (PSPOs) to the East side of Coniston Water. Following increasing concerns about anti-social behaviour, we have added our voice to calls for increased powers for the Council and all those involved in visitor management to tackle this growing problem.

We're here for you! Contact the Parish Council to raise local issues, have your say about matters that affect our community, or to get involved. Email us clerk@coltonparishcouncil.org.uk or speak to your local Councillor. See our website <https://coltonparishcouncil.org.uk> for or follow us on Face Book. Why not come to one of our meetings? All Welcome! The next two are:

- 7pm Monday 17th November Oxen Park Reading Room
- 7pm Monday 15th Decembert Finsthwaite & Lakeside Village Hall.

DALE PARK WEATHER

The September total was 11.48" and only 8 dry days (2024 4.47" and 12 dry.) October started very wet with more than 3" in the first 3 days but the total to the 26th is 5.21" and 12 dry. (2024 6.20" and 12 dry.) The yearly total so far is 59.73" and 151 dry days (2024 74", 109 dry days.)

SATTERTHWAITE PARISH COUNCIL NEWS

Our October Parish Council meeting saw some of our community in attendance and we really appreciated your support and contributions. Some topics covered included village parking, highways issues such as potholes and road closures, budget setting and the decision on devolution amongst many other items. The new Parish Council website has been built but is still going through some adjustments before being accessible to the public, including registration with the Cabinet Office - we are hopeful this should be done by the next edition of the newsletter so we can share it. In the meantime, do contact me for the minutes if you would like a copy, and I will send them round the community emails in the meantime.

We would also like your support in the re-development of the Satterthwaite playground. If you have any ideas of what equipment you would like, we would love to hear from you prior to getting quotes. email clerk.satterthwaitepc@gmail.com

OXEN PARK CINEMA CLUB

November films coming up: Book all films online and do add yourself to the waiting list if the film is full. If we have a good number waiting then we will put on a second show

Tuesday 4th November - a Supper Special evening with supper at The Manor followed by the film THIS IS GOING TO BE BIG
Saturday 15th November AND Sunday 16th - THE MARCHING BAND
Then THE OUTFIT on 2nd December .

RUSLAND WITH BOUTH WI

Our October meeting was at Finsthwaite when 3 of the Dragon Boat Ladies came to tell us about the world wide charity Paddlers for Life, set up in 1996 to provide exercise, help and well being for breast cancer survivors. The Windermere group runs from the Low Wood water sports centre and is on the water from mid April to October each year. The craft group is working towards a Christmas Festive Tea on Tuesday, 25th November to raise money for the Barrow Foodbank. The walking group had a wonderful autumn walk at Cartmel and we have had a really useful self help technology day. We had a table at the Silver Sunday event at the Coronation Hall which was well worth while at this well attended event. Our Annual Meeting is on Tuesday, 18th November at 7.30 p.m. at the Rusland Reading Room. All welcome.

CHURCH NEWS

Dear Friends,

All Souls' Day on 2nd November and Remembrance Day on 11th November are almost with us. These are important occasions for many people.

On the battlefield there are those who die and are never identified and The Tomb of the Unknown Warrior helps to mark their loss. The background story of this is remarkable. In 1916 David Railton, an army chaplain serving on the Western Front in Europe, saw a grave marked by a rough cross on which was pencilled "An unknown British soldier". This prompted his suggestion that the body of an unidentified British soldier from the battlefields of France might be buried in Westminster Abbey "among the kings" to represent all those who lost their lives in the First World War fighting for the Empire. Four years later, on November 11 1920, amidst great ceremony and with King George V in attendance, exactly this took place.

In preparation, several bodies were exhumed from the battlefields, brought to a chapel near Arras in France and placed in unmarked coffins. Brigadier Wyatt, his eyes closed, placed his hand on one of the coffins and that was the body chosen. With great ceremony at every stage the coffin was then brought across the channel to Westminster Abbey where it was received by 100 recipients of the Victoria Cross and a group of mourners comprising women each of whom had lost their husbands and each of their sons in the war. The coffin was buried in soil brought from France and to this day the Tomb of the Unknown Warrior is the only one in Westminster Abbey on which no one is allowed to walk.

As we prepare to remember those who have died, whether in warfare or otherwise, let us remember too the words and the tears of Jesus when faced with the death of Lazarus. Embodied there were Christian hope and caring, things which today and every day it is the church's duty and privilege to share with others.

Nick Hallam

CHURCH SERVICES FOR NOVEMBER

Sunday	Colton	Rusland	Satterthwaite
November 2 nd 3pm	Remembering Service	5pm Celtic Evening Prayer	
9 th 10.30	Remembrance Sunday		6pm Remembrance Day Service
16 th	No Service	5pm Evensong	
23 rd 10.30	Green H.C. CW1		11.15 Holy Communion

Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey
November 2 nd 9.30	Morning Worship	10.30 Morning Service	11.15 All Souls Service
9 th 10.55	Remembrance Day Service	10.30 Morning Service	9.30 Remembrance Day Service
4pm	Lego Church		
16 th 9.30	Holy Communion	10.30 Morning Service	11.15 Holy Communion BCP
23 rd 9.30	Holy Communion	10.30 Morning Service	11.15 Morning Worship
30 th 10.30	Benefice Holy Communion		

Thursdays at 10am Hawkshead Methodist Church "Time At 10"

ROOK HOW NEWS

RELIEF CLEANER NEEDED AT ROOKHOW

If anyone would be interested in being on our list of available cleaners, please get in touch. Pay £14 per hour. Usual turnaround is 4-5 hours. Contact: Sue Nicholls, Development Manager. 07377 971783. Email: contactrookhow@gmail.com

QUIET DAY AT ROOKHOW

Monday 17th November 10am-4pm 'Craft and woodland meditation'

Enjoy a day's peace in the tranquility of Rookhow Quaker Meeting House and woodland.

To book a space, email Sue Nicholls contactrookhow@gmail.com

No charge. Donations welcome.

SOUND ECOLOGY DAY WITH PROPELLOR

Wednesday 19th November 10am-4pm. Sessions of sound exploration in Quakers' Wood. For more details email: contactrookhow@gmail.com

WINTER NOTES

Thursday 4th December. 6pm Soup and rolls. 7pm music. £18 to include soup & a roll.

A seasonal concert in the beautiful acoustic of Rookhow Quaker Meeting House with Jack McNeill and friends. Come and take a seat at the fireside of this ensemble, with their voices, clarinet, bass clarinet, harmonium, piano and percussion. Expect the slightly unexpected as they weave musical creatures from the air and earth, sing of rivers, moons, and local legends. A new set of carols to accompany the old - carrying homelessness and ambition, songs of love and of time, the crack and spin of winter leaves and rain, dry-stone-walls of poems, words of grief and hope, lullabies, and tunes - well known and brand new - but mostly an invitation to be taken on a journey. To book a seat, email: contactrookhow@gmail.com

WINTER EVENING TALKS

Oxen Park Reading Room fund raisers has been working with Green Sparks to organise this year's Winter Presentations in The Carthouse Cinema. We have arranged an exciting range of topics and speakers based on the themes of sustainability, nature recovery, tackling climate change, introducing & re-establishing 'allsorts' that we hope will entertain, inspire and challenge you!

All talks take place at the Carthouse Cinema in Oxen Park. Tickets are £5 on the door.

7.30 pm Sunday 2nd November – An Update on the Rusland Rainforest Restoration project. A great opportunity to hear our local project lead Marion Brown bring us up to date with the project's progress and tell us what's next for this precious and rare temperate rainforest that is right on our doorstep.

7.30 pm Friday 28th November – Cumbria Climate Assembly and Charter – Find out how Zero Carbon Cumbria brought a randomly selected group of Cumbria residents together to hear expert evidence and produce a Climate Charter mapping the way towards being a net zero county by 2037.

GRIZEDALE WINTER MARKET

Saturday & Sunday 29th & 30th November, 10am - 4pm

There will be a wide variety of stalls where local artists and craftspeople are showcasing their wares. Further information from Education.Grizedale@forestryengland.uk

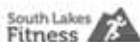


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CONTACT: KIRSTY
07766090106

bookings.ruslandreadingroom@gmail.com



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SATTERTHWAITE

Slow Vinyasa Flow to:

- Build strength & resilience
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Contact Jenny
07866545760

SATTERTHWAITE PARISH ROOM



Book this welcoming space for gatherings, parties, meetings, activities, work-outs, table tennis, children's play days, or as a work space (wi-fi provided)
www.satterthwaiteparishroom.org.uk

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Yoga for All Beings

Monday Satterthwaite Parish Room 5:30 pm - 6:45 pm
Evenings:
Thursday Rusland Reading Room 6:00pm - 7:15pm
Evenings:
Individual Request more info
Yoga:

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CWT RUSLAND LOCAL SUPPORT GROUP: UPCOMING EVENTS

Feel like getting out and about with some physical conservation work over the winter? Please come and join us at one of our local events. And if you want to learn more about the role and work of the Rusland Group, including the Rainforest Project then do come to our talk. Details as follows:

- Saturday 8th November, Black Beck Woods – Rhododendron Bashing
- Tuesday 18th November, 7.30 pm, Ulverston Methodist Church. Talk on the work of the Rusland Group and the Rainforest Project.
- Saturday 17th January, Black Beck Woods – Coppicing for conservation
- Also a 'Save the date' - 6th December - for a **RUSLAND CHURCH TOWER**
- Rainforest Project volunteer planting day. Details will follow.

To attend any of these events, just email us at: ruslandLSG@cumbriawildlifetrust.org.uk

As always, you can also keep in touch with us by:

- Joining the Wild about Rusland Facebook group
- Going to: <https://www.cumbriawildlifetrust.org.uk/rusland>
- Signing up for the CWT Newsletter.

RUSLAND CHURCH TOWER

The Reverend John Dixon, chair of Rusland PCC, opened the meeting in Rusland Reading Room by outlining the history of the tower problem and the steps taken so far.

An excellent, informative and at times amusing talk given by David Wiggins of Clach Conservation left us in no doubt of the state of the tower. He described abseiling down the side of the tower removing quite a lot of sizeable stones which came away in his hands like books from a shelf.

Basically the tower is a stocky stable form. The parapet needs taking down and rebuilding. The next section down, the bell tower, requires work on the wall and louvers. The section below is in relatively good condition. The bottom section including buttresses, which is a poorly built Victorian addition, is the main problem. The major cause of damage is 167 years of weather in an exposed position. To quote David 'we have a big problem on our hands'.

David then took questions from the floor and many people had the opportunity to speak to him later.

There was a board showing photos of the tower, a timeline of actions to date and money spent so far.

We are looking at various options following a survey by John Coward Architects. As yet, we do not have sufficient information to make a decision which route to take. Clearly any tower repair is likely to be very expensive so we would be dependent on sufficient funds being available via grants, donations and fundraising.

Rusland PCC thank all those (over 50) who attended the meeting and all those who couldn't but expressed their support. Thank you to John for chairing and all those who helped clearing and washing up after the cheese and wine.

Meanwhile the church is still holding services and all welcome via the vestry entrance.