



RUSLAND & SATTERTHWAITE
NEWSLETTER

JUNE 2024

311th EDITION

This issue is sponsored by All Saints Satterthwaite P.C.C.

FLAMING JUNE?

NOT LONG UNTIL THE RUSLAND SHOW!

Please make sure you have Saturday 17th August in your diary – we would not want you to miss out on this year's show!

The schedules (with all the details you need) will be available later this month. Committee members will distribute as many as possible but if you do not get a copy, you can contact the Secretary (Maureen Boyren 01229 885300) or look online at ruslandshow.org.

Remember that we need more people to get together and organise Group Entries – a category that has not been well supported in recent years. This time, it is to be a display of items depicting the theme 'Off to Market'. Items can be bought or homemade. See the schedule for more details.

Finally, any help that you can offer during the week leading up to the event, especially on the showfield, will be gratefully accepted.

OXEN PARK CINEMA CLUB

Now our season is over we are hard at work (and watching) selecting films for next year starting in September as usual. It will be difficult to find as many great films as we did last season but we think we have a good selection to choose from. We plan to have the programmes ready for The Rusland Show on Saturday August 17th - we will be in the local activity tent like last year.

Our A.G.M is in the Carhouse Community Cinema, on 24th June at 7.30pm. Everyone is welcome but only members can vote. AGMs are a chance to have your say about how the cinema club should be run, whether you think our choice of films could change or if you have a bright idea for progress. Three trustees are due to retire so come to vote them back in or offer to join us.

Carol

CIRCUIT TRAINING

Tuesdays 8 am to 9 am

Satterthwaite Parish Room

Spring into action and set up to start your day.

June 4th, June 11th and June 25th.

July dates tbc.

Prepaid £36 for 6 or Drop in £7.50

Tel South Lakes Fitness 07866261344

for more details... or drop in.

RVHS SUMMER GARDEN COMPETITION 2024

Please finalise your garden ready for the Summer competition; judging takes place at the end of July.

Categories are: Large gardens; Small gardens; Hanging baskets/window boxes; Vegetable gardens; Children's container garden.

If you would like to enter this year's competition, please contact Sally Fisher by email (sally.fisher072@gmail.com) or phone (01229 861876). Please include your name and address.

DALE PARK RAINFALL

The total rainfall in April was 8.47" (2023 4.45") surprisingly 11 dry days both years. May to the 23rd is 5.48" (2023 1.63") and again surprisingly both years 14 dry.

EVIE AT THE EAGLES

Evie Plumb went down a storm at the Eagles Head on 18th May and around £180 was raised for the regeneration of the Parish Room fund. Thank you for your generosity.

A great village event and joint venture between the pub and Parish Room! Much fun was had by all including Evie who is keen to come back again in the future and we are keen to invite her. Watch this space ...

SATTERTHWAITE PARISH COUNCIL

After the Parish Election for which 3 Councillors were automatically in position, we have co-opted Mhari Elkington Crabtree on to the Parish Council.

We will be getting quotes for the fence and shed repair in the playground, hoping to get a grant for the work from Rawson Trust. We are also going to investigate activities for children in the school holidays.

Gary Thomason is going to contact the Highways, as our 20mph limit application was pushed back until next year, due to it not being in a priority area. We feel that we are in a priority area due to the amount of traffic coming through the village.

The white lines have been re-instated in the village on the junction beside the church which is good news.

The next meeting is on Monday 8th July at 7pm. In Satterthwaite Parish Rooms

RUSLAND WITH BOUTH W.I.

The sharper eyed among our readers will have noticed the change in name from Rusland and District W.I. In April, Bouth W.I merged with us and we are delighted to have the influx of their members.

The May meeting was at Satterthwaite Parish Room when Claire Keys from Cumbria Police gave a most interesting and informative talk on prevention of fraud. We learnt many tips on how to protect ourselves from being targeted by criminals.

The walking group met at Finsthwaite to walk part of the West Windermere Way to The Swan at Newby Bridge and the same evening several members and friends went to The Old Laundry Theatre in Bowness to see a performance of Alan Ayckbourn's "Things We Do for Love".

The off-shoot craft afternoons at Finsthwaite go from strength to strength.

The next meeting will be held at Oxen Park Reading Room on Tuesday, 18th June at 7.30 p.m. with a talk entitled "The Canary Girls." All welcome.

COLTON PARISH COUNCIL NEWS

Colton Parish Council urgently needs your support. Parish Councils are the bedrock of local democracy, but at the time of writing, we only have two Councillors; this means that we cannot be an effective voice for our community, cannot agree Community Grants, or take on new projects, such as our recent purchase of two new defibrillators for the parish.

If you are over 18 and live, work, or run a business in or near any of the places below and can volunteer or want more information, please contact

clerk@coltonparishcouncil.org.uk

Colton Parish is surprisingly large! It includes; East of Lake, to just beyond Dodgson Wood, Nibthwaite, Spark Bridge on the East side of the Crake, Colton, Oxen Park, Bandrake Head, Bethacar Moor, Ickenthaite, Tottlebank, Bouth, Rusland, Crosslands, Finsthwaite, Lakeside and Thwaite Head. Our borders include Coniston Water and the Crake on the West, The A590 and Windermere on the East, and Thwaite Head, Ickenthaite and the North edge of Bethacar Moor. There is a map on our website see:

<https://coltonparishcouncil.org.uk/our-community/colton-community-plan/>

We have put measures in place so that we can continue to employ the parish Lengthsman. Please contact the Clerk about highways issues so we can assess what steps we can take.

Other ways you can get involved: all our meetings are open to the public. Come along and share your views, or just to listen.

Volunteer to look after one of our noticeboards by posting up to date information (we will supply this) and reporting any repair needs. Sign up for Colton Link, our email round up of what's going on in our patch; see the Keep In Touch section on the homepage of our website

<https://coltonparishcouncil.org.uk/>

Our next meeting is on Monday 24th June 7pm at Colton Church Hall. All welcome.

CHURCH NEWS

Dear Friends,

I love stories. For example, when I was at secondary school (a little while ago now) there was a boy called Mike who was very talented, especially at football, but had no apparent interest in Christian things. Several years passed and then, out of the blue apparently, there was a brief entry in the old boys' section of the school magazine. In it, Mike said that he and his family had recently attended a Billy Graham crusade (I did say that this story was set in the past), they had made a commitment and now lived their lives by a different set of principles.

Another true story is told by David Adam who was once the vicar of the Holy Island of Lindisfarne. At noon one August day a group of about 20 young people arrived, went to the front of church and knelt except for one young woman who stood with her arms raised in prayer. Within moments the church became silent with an air of expectancy. After a while they rose, bowed and left. David as vicar was curious and followed quickly to greet them. Only one of the group spoke English and said "We're from Slovakia. To celebrate our new freedom as Christians we sought out one of the holiest places we had heard of and came to give thanks to God. I hope we did not disturb anyone." "Thank you," David replied "I believe that you have disturbed us all by revealing the presence of God who is ever with us. God bless you all on your journey." May God's presence touch and bring Christian hope to our lives and to the lives of any in particular need.

Rev Nick Hallam

CHURCH SERVICES FOR JUNE

Sunday	Colton	Rusland	Satterthwaite		
June 2 nd		6pm	Songs of Praise		
9 th			11.15 Holy Communion		
16 th		6pm	Evensong		
23 rd			11.15 Holy Communion		
Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey		
June 2 nd	9.30	Songs of Praise	10.30 Morning Service	11.15	Holy Communion C.W.
9 th	9.30	Holy Communion	10.30 Morning Service	11.15	Matins
16 th	9.30	Holy Communion	10.30 Morning Service	11.15	Holy Communion B.C.P.
23 rd	9.30	Holy Communion	10.30 Morning Service	11.15	Morning Worship
30 th	10.30	Joint Benefice Holy Communion			
Thursdays at 10am Hawkshead Methodist Church 'Time at 10'					

ROOKHOW NEWS

Lanequest Cycle Event Tuesday 18th June

Rookhow will again be hosting one of the local charitable cycle orienteering evenings on Tuesday 18th June, starting from 5pm at Rookhow. Last time over 100 cyclists took part and helped raise money for local charities, including Rookhow's Retreat Away Fund. A local caterer, KatVandu, will be providing some yummy food! If you would like to take part, just turn up (bring cash). More info on Facebook: Lakeland Lanequests Riders Forum.

Quiet Day at Rookhow- Monday 8th July 10am-4pm

There will be a Quiet Day at Rookhow on Monday 8th July 10am-4pm on 'Experiment with Light' a Quaker way of meditation. You do not have to be a Quaker to join! All are welcome. The event is free but people are invited to make a donation to Rookhow.

For more details, or to book a place, email: Sue Nicholls, Rookhow Development Manager. Email: contactrookhow@gmail.com Tel. 07377 971783

Quaker Meetings in the Rusland Valley

Join us for some peace and silence reflection in the beautiful Grade II* listed historic Meeting House. Quaker Meetings are held at Rookhow on the 1st Wednesday of every month 7.30-8pm and on the 1st and 3rd Fridays 12.30-1pm when it is Open Days. All welcome, especially local people. Just turn up.

Website: rookhow.org.uk

MUSIC FOR A SUMMER EVENING

A Programme of Concerts to be held in the Parish Church Hawkshead 2024

Tuesday 4th June 7:30 pm: Duncan Glenday, piano. Continuing last year's theme of travel, his programme this year includes Schumann's joyous 'Carnival Jest of Vienna', selections from Liszt's 'Years of Pilgrimage' and Albeniz's evocative 'Songs of Spain'.

Tuesday 11th June 7:30 pm : South Lakes Acappella This choir, based at Carver Church, Windermere, will sing a programme of unaccompanied music under their Director, Jeffry Borradaile. This will be their second performance in Hawkshead.

Tuesday 18th June 7:30 pm: Burnside Brass Band This nationally graded 4th section brass band plays at various indoor and outdoor events and will provide a varied programme to suit all tastes.

Tuesday 25th June 7:30 pm: Encore Opera makes a welcome return to our concert series. The group of 9 musicians will perform operatic music sung and acted with skill and enthusiasm *Entry to the concerts is free but there will be a voluntary collection in aid of the Church, local and national charities.*

Copy date for July edition, 26th June 2024. Please send to: - Liz Cringle - 01229 860274
liggerc@hotmail.com ; Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206,
pandftownsend@gmail.com. Carol McNeill - crimcneill@gmail.com



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2x2
52 Market St
Ulverston
LAINY'S ADDRESS



Yoga is known to have many benefits to health & well-being. The sessions I offer are tailored to the various needs of groups & individuals.
If you're interested in finding out more about classes, 1-1 or bespoke sessions please contact Jenny on:- 07866545760
All proceeds go to the 'Revival of Satterthwaite Parish Rooms' Project



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NEED SOMEONE TO TALK TO?
Life can be tough at times. As a fully qualified BACP registered counsellor / psychotherapist, I can offer you a caring, compassionate and confidential space to explore your worries.
Please contact me for a free, no obligation, 20 minute consultation. I offer face to face, 'walk and talk' and online sessions.
Call or text Mary Fletcher on 07779 154480 or email: lakebankcounselling@gmail.com

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