



RUSLAND & SATTERTHWAITE NEWSLETTER

DECEMBER 2025 / JANUARY 2026

327TH EDITION

This issue is sponsored by Rusland with Bouth WI

With all good wishes for Christmas and the New Year from the Newsletter Team.
Thank you to all our contributors in 2025, our sponsors, advertisers, volunteers and of course our readers!

CAROLS IN SATTERTHWAITE

Come and sing at the traditional All Saints Church Carol Service at 4pm on Sunday 21 December, where there may also be some additional local musical input. Also on Christmas Eve at 6pm around the Christmas Tree on the Green, or if wet, in the Church. Organised by David Ham and Mhari, please wrap up warm, bring torches, your best voice, and plenty of change for the bucket collection in aid of the Children's Society. Repair to the Eagle's Head afterwards for warmth mulled wine and mince pies.

THE PARISH OF SATTERTHWAITE VOL 2
Suzanne Tiplady and Kevin Baverstock have just published "The Parish of Satterthwaite – A Landscape History, Vol 2" of their history of the area. Locals can order a copy of Vol 2 through kevin@kbaverstock.co.uk. Alternatively, copies of Vol 1 (2nd Edition) and Vol 2 can be purchased online at www.thegreatbritishbookshop.co.uk

HAPPENINGS IN THE FOREST

Saturday 6th December

The Grizedale Stages Rally. The East and West sides of the Forest will be closed, as well as all footpaths and bridleways through the Forest. The day is expected to be busy with rally cars and spectators.

Lakeland Paws – www.lakelandpaws.com

Sunday 7th December

An event where runners take part in a 10k or 5k route with their dog on the west side of Grizedale.

For more in call Visitor Information on 0300 067 4495

We are hoping to start a Parkrun event at Grizedale in the Spring next year and looking for a core of volunteers to get involved. If you or anyone you might know would be interested please contact Rachael on 07464 529770.

RUSLAND VALLEY HORTICULTURAL SOCIETY LTD.

POTATO DAY

Sunday 25th January 2026

10am -2pm GREENODD VILLAGE HALL

Admission £1 (children free)

HOMEMADE SOUP AND CAKES!

Sale of 120+ varieties of seed potatoes, fruit bushes & trees, seeds, onions, flower bulbs and tubers, and more! (supplied by Brighter Blooms Nursery, Preston) See Brighter Blooms website for lists of produce available: www.brighterblooms.co.uk

You can also pre order to collect on the day.
More information at www.ruslandshow.org

SATTERTHWAITE SOCIAL SUPPER

A very convivial evening was enjoyed by a near-capacity gathering recently in Satterthwaite Parish Rooms. Chef Simon Brock, catering the event single-handedly, excelled in both quality and quantity of the offering - several of the locals had "thirds" to take home. Thank you to everyone who so generously supported the event, and also thanks to the gang who pitched up on Sunday morning for the big clear up, a great team effort. Hope to see you all again at the next

CHRISTMAS COFFEE MORNING

In aid of St Peter's Church and Village Hall

Finsthwaite Village Hall

Saturday December 6th - 10.00 - 12.30

Hamper, Raffle, Crafts, Books, Odds and Ends,
Homemade Preserves and Cakes

Entrance £4 to include mince pie and a hot drink

RUSLAND COMMUNITY TRUST

We have a small pot of money and in the past we have helped local schools, organised courses such as computer, photography and upholstery and have started clubs such as writing, hand bell ringing, table tennis and orienteering. If you need help or have an idea. Contact: - Angus - anguslighthall@gmail.com or Anne - ruslandannie1@icloud.com

COLTON PARISH COUNCIL NEWS

Season's Greetings! Wishing you all a peaceful, restful and happy Christmas and New Year!

Colton Parish Food Bank Appeal

Once again Colton Parish Council is supporting the annual Christmas Foodbank Appeal running from 8th - 13th December. Donations to the foodbank have been dropping in recent months, so as well as seasonal treats, the basics would be greatly appreciated, e.g. long-life milk, dried goods, tinned fruit and vegetables, and toiletries. We have collection points in all the villages in Colton Parish so check out local noticeboards for details. For other ways to support the Foodbank see

<https://barrow.foodbank.org.uk/>

Working for nature in our parish

Councillor Kevin Wiley joined a group of enthusiastic and hard-working volunteers planting 600 primroses on Bethacar Moor last month as part of a project to boost biodiversity and provide essential habitat for the Duke of Burgundy butterfly; a species that is only found in a small number of locations across the country and that we are privileged to have on our doorstep in the Colton Parish Area.

Be vigilant to prevent crime

With the darker evenings and Christmas approaching, the Community Police Team are encouraging us all to be more vigilant to keep each other and our property safe. Make sure vehicles and outbuildings are locked and bikes, garden equipment and other portable items often left outside are secure. If you are concerned about suspicious activity you can report it here <https://www.cumbria.police.uk/tua/tell-us-about/soh/seen-or-heard/>. If there's a crime taking place and/or in an emergency call 999 <https://www.cumbria.police.uk/ro/report/ocr/af/how>

Colton Parish Noticeboards

If you spot Archie hard at work putting up the new community noticeboards or clearing the drains stop for a chat; he would be delighted to talk to you about the work of Colton Parish Council.

Our next meetings are

- 7pm Monday 15th December at Finsthwaite & Lakeside Village Hall
- 7pm Monday 19th January 2026 Rusland

DALE PARK RAINFALL

The wet autumn continues. October rainfall was 7.97" with 12 dry days (2024 8.89" and 13 dry days). November to 24th is 10.9" and 4 dry days (2024 3.36" and 14 dry days.) The rainfall this year for September, October and November is only 13" less than the total for the rest of the year.

SATTERTHWAITE PARISH COUNCIL NEWS

The Satterthwaite Parish Council are excited to finally be able to share with you the new website and Clerk email address, a mandatory change from the National Association of Local Councils. You will find the details below. Please do save the new email address, although we will run the old one while all our contacts catch up for a couple of months. The website will host meeting minutes, agendas, current survey links and pertinent information for the local community. Do bear with us as we will be still developing the site over the coming weeks to be a useful community source of information. We're more than happy to hear your feedback on what you think would be helpful to have on there.

The next Parish Council meetings are in the Satterthwaite Parish Room at 7:30pm on the 1st December and the 19th January.

<https://satterthwaiteparishcouncil.gov.uk>

RUSLAND WITH BOUTH WI

Our November meeting and AGM were at Rusland Reading Room. Our President Sally Lister thanked Alex and Jane for all their hard work finding interesting, varied speakers for this year and next. She also thanked Judy Shaw as treasurer and Chris Jackson for organising the walking/dining club and her sterling work as wellness visitor and Rachel Lumsden for all she does as secretary. Rachel thanked Sally as President. All members and the committee were thanked for helping in a huge number of ways.

The next walk will be on 28th November.

The next meeting will be a Jacobs Join lunch at Oxen Park at 12 noon on December 16.

This year the Glitter and Glue group have raised £700 for the Foodbank and it is hoped a Festive Tea held in November will bring it up to £1000. Meg Fletcher gave an inspirational talk about her educational work in Rwanda which has been much supported by our WI.

A trip is organised to see the new Victoria Wood musical at the newly renamed Victoria Wood Theatre at Bowness.

Thanks to all for another enjoyable sociable evening with glasses of wine and delicious food.

SATTERTHWAITE PARISH ROOMS AGM

Advance notice that this will be held on Thursday 12th March 11.00am at the Parish Room. All are welcome to attend.

DEADLINE FOR THE JANUARY/FEBRUARY 2026 EDITION IS 7TH JANUARY.

CHURCH NEWS

Dear Friends,

Within sight of the city of Bethlehem lie the ruins of Herodium, the palace of Herod the Great. It is an astonishing place, built in a desert, on top of an artificial hill, with its own water system channelled in. There are mosaics on the floors, a Roman bathhouse (with both heated and cold water), a theatre, and frescoes painted on the walls depicting exotic locations - scenes of Egypt and Italy identifiable amongst them. From what remains, and it continues to be excavated, it is clear that Herod's palace was a place of enormous opulence. It is no real wonder, then, that Magi from the East came to Herod looking for the newborn king - expecting him to be in that luxurious place of fluffy pillows and soft beds; and yet, when God Himself came to live amongst us, it was not in the comfortable palace. It was less than 4 miles away, in a dank, dark, smelly stable. No mosaics - only dirty straw. No beautiful bathhouse - only water for the animals. No theatre - only a visit from the shepherds. No frescoes - only a guttering oil lamp. I cannot really imagine that lying her new baby in a trough full of spiky hay was an easy decision for Mary - no matter how sweet 'Away in a Manger' makes it sound. But that's how and where God chose to come amongst us: quietly, in messiness and chaos. We so often want Christmas to be picture perfect - like the John Lewis ad says it should be. However, God comes among us, not loudly in luxury, but quietly in chaos. Whatever messiness December and January throw your way, may you know the peace of Emmanuel - the God who dwells with us.

Emily

CHURCH SERVICES FOR DECEMBER AND JANUARY

Sunday	Colton	Rusland	Satterthwaite
Dec 7 th	No service	5pm Celtic Evening Prayer	
14 th	No Service		11.15 Holy Communion
21 st	3pm Carol Service		4pm Carol Service
25 th	10.30 Christmas Day	9.30 Holy Communion	11.00 Holy Communion
Jan 4 th	No Service	5pm Celtic Evening Prayer	
11 th	White MW		11.15 Holy Communion
Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey
Dec 7 th	9.30 Morning Worship	10.30 Morning Service	11.15 Holy Communion
14 th	9.30 Holy Communion	10.30 Morning Service	11.15 Matins
	4pm Lego Church		
21 st	9.30 Holy Communion	10.30 Morning Service	11.15 Holy Communion BCP
	6pm Christingle		
24 th	11pm Midnight Mass		6pm Carol Service
25 th	9.30 All Ages Service		11.00 Holy Communion
28 th	10.30 Holy Communion		
Jan 4 th	9.30 Morning Worship	10.30 Morning Service	11.15 Holy Communion
11 th	9.30 Holy Communion		11.15 Holy Communion
	4pm Lego Church		

Thursdays at 10am Hawkshead Methodist Church 'Time at 10'

ROOK HOW NEWS

Winter Notes concert at Rookhow- Thursday 4th December- 6pm Soup and rolls. 7pm music. £18 to include soup & a roll. A seasonal concert in the beautiful acoustic of Rookhow Quaker Meeting House with Jack McNeill and friends. Come and take a seat at the fireside of this ensemble, with their voices, clarinet, bass clarinet, harmonium, piano and percussion. Expect the slightly unexpected as they weave musical creatures from the air and earth, sing of rivers, moons, and local legends. A new set of carols to accompany the old - carrying homelessness and ambition, songs of love and of time, the crack and spin of winter leaves and rain, dry-stone-walls of poems, words of grief and hope, lullabies, and tunes - well known and brand new - but mostly an invitation to be taken on a journey. To book a seat, email: contactrookhow@gmail.com

Winter Social for locals in the Rusland Valley Thursday 15th January 6pm

'Let the light in'seasonal celebration of welcoming the light back after the dark Winter nights for local people. Bring and share supper. Donations to Rookhow's Retreat Away Fund welcome. Bring a decorated jam jar lantern. Anyone willing to offer some background music or 'take a turn', please get in touch. For more info contact Sue Nicholls, Rookhow Tel 07377 971783. Email: contactrookhow@gmail.com or talk to Elaine Fleming.

& New Year availability

We still have some availability in the Bunkbarn around Christmas and New Year so if anyone is planning a big family or friends get together, please get in touch. Sole use (includes woodland). Minimum 2 nights. £390 per night for the Bunkbarn. 7 nights for the price of 6. Up to 16 people. Website: rookhow.org.uk

OXEN PARK CINEMA CLUB

Do book in for the films you want to watch, as early as you can before they fill up. If waiting lists are seen to be filling then we will put on a 2nd showing on the Sunday after the advertised date.

December 2nd - THE OUTFRINT. **December 20th** - PENGUIN LESSONS.

December 27th 4.30pm - PADDINGTON IN PERU

2026 - January 6th - ALL YOUR FACES. **January 17th** - A REAL PAIN

ALSO - NEW - Sunday 28th December 7.30pm Look out on the website for a film based on the Native American heritage month

Why not celebrate the new year with a film show for your friends and family. Join as a member, choose your favourite film, contact Carol for more details about hiring the cinema with a date and time.

OXEN PARK PRESENTATIONS (in aid of the Reading Room.)

In the Carthouse Community Cinema at 7.30pm. £5 - pay on the door, booking advised.

Friday 12th December - The Bethcar Moor Project - Richard Dobson gives us an update of progress on the project. Book in with Carol -

CWT RUSLAND LOCAL SUPPORT GROUP

Come and join us at the following upcoming events:

• **Tuesday 2nd December:** Glass Knott wood - holly removal

• **Saturday 17th January:** Black Beck Woods - Coppicing for conservation

To attend these events, just email us at: ruslandLSG@cumbriawildlifetrust.org.uk

• **Saturday 6th December:** Rainforest Project volunteer planting day.

To book on this event, go to: <https://www.friendsofthelakedistrict.org.uk/Event/saturday-6-december-2025-woodland-management-at-rusland-woods>

As always, you can also keep in touch with us by: • Joining the Wild about Rusland Facebook group • Going to: <https://www.cumbriawildlifetrust.org.uk/rusland> or Signing up for the CWT Newsletter.

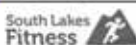


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- Build strength & resilience
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- Contact Jenny
07866545760

SATTERTHWAITE PARISH ROOM



Book this welcoming space for gatherings, parties, meetings, activities, work-outs, table tennis, children's play days, or as a work space (wi-fi provided)

www.satterthwaiteparishroom.org.uk

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Yoga for All Beings

Monday: Satterthwaite Parish Room 5:30 pm - 6:45 pm
Thursday: Rusland Reading Room 6:00pm - 7:15pm
Evenings:
Individual Yoga: Request more info

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